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CLIENT INFORMATION FORM

\*This Form is Confidential\*

Today's date: \_\_\_\_\_

Your child's name: \_\_\_\_\_  
Last First Middle Initial

Parent or Guardian's name: \_\_\_\_\_  
Last First Middle Initial

Child's Date of birth: \_\_\_\_\_ Gender: \_\_\_\_\_

Parent or Guardian's Social Security #: \_\_\_\_\_

Home street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent or Guardian's Name of Employer: \_\_\_\_\_

Address of Employer: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Calls will be discreet, but please indicate any restrictions: \_\_\_\_\_

Referred by: \_\_\_\_\_

May I have your permission to thank this person for the referral? Yes No

If referred by another clinician, would you like for us to communicate with one another? Yes No

Person(s) to notify in case of any emergency:

Name	Phone
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I will only contact this person if I believe it is a life or death emergency. Please provide your signature to indicate that I may do so:

(Your Signature): \_\_\_\_\_

Please briefly describe your child's presenting concern(s): \_\_\_\_\_

\_\_\_\_\_

What are your/your child's goals for therapy? \_\_\_\_\_

How long do you expect to be in therapy in order to accomplish these goals (or at least feel like you have the tools to accomplish them on your own)? \_\_\_\_\_

\*The following information on this form will help guide your treatment. Please try to fill out as much as you are comfortable disclosing.\*

MEDICAL HISTORY:

Please explain any significant medical problems, symptoms, or illnesses your child has had:

\_\_\_\_\_  
\_\_\_\_\_

Current Medications:

Medication	Dosage	Purpose	Prescribing Doctor

Previous medical hospitalizations (Approximate dates and reasons): \_\_\_\_\_

\_\_\_\_\_

Previous psychiatric hospitalizations (Approximate dates and reasons): \_\_\_\_\_

\_\_\_\_\_

Has your child ever talked with a psychiatrist, psychologist, or other mental health professional? YES NO

(Please list approximate dates and reasons): \_\_\_\_\_

\_\_\_\_\_

Sexual & Gender Identity: \_\_\_\_\_

FAMILY:

How would you describe your child's relationship with his/her mother? \_\_\_\_\_

How would you describe your child's relationship with her/his father? \_\_\_\_\_

Are the child's parents still married? \_\_\_\_\_ If they divorced, how old was the child when they separated or divorced, and how did this impact him/her? \_\_\_\_\_

\_\_\_\_\_

Were there any other primary care givers who your child had a significant relationship with? If so, please describe how this person may have impacted her/his life: \_\_\_\_\_

\_\_\_\_\_

How many sisters does your child have? \_\_\_\_\_ Ages? \_\_\_\_\_

How many brothers does your child have? \_\_\_\_\_ Ages? \_\_\_\_\_

How would you describe his/her relationships with siblings? \_\_\_\_\_

RELATIONSHIPS & SOCIAL SUPPORT & SELF-CARE:

Child's Current Relationship Satisfaction with friends: POOR 1 2 3 4 5 6 7 EXCELLENT

How would you describe your child's relationship with peers? \_\_\_\_\_

\_\_\_\_\_

Please briefly describe any history of abuse, neglect and/or trauma: \_\_\_\_\_

\_\_\_\_\_

Please briefly describe your child's self-care and coping skills: \_\_\_\_\_

What are your child’s diet, weight, and exercise/activity patterns? \_\_\_\_\_

Please briefly describe your child’s school performance and experience: \_\_\_\_\_

What are your child’s hobbies, talents, and strengths? \_\_\_\_\_

**PLEASE CHECK ALL THAT APPLY & CIRCLE THE MAIN PROBLEM:**

Difficulty with...	N o w	P a s t	Difficulty with...	N o w	P a s t	Difficulty with...	N o w	P a s t
Anxiety			Tantrums			Nausea		
Depression			Parents divorced			Stomach aches		
Mood changes			Seizures			Fainting		
Anger or temper			Cries easily			Dizziness		
Panic			Problems with friends			Diarrhea		
Fears			Problems in school			Shortness of breath		
Irritability			Fear of strangers			Chest pain		
Concentration			Fighting with siblings			Lump in throat		
Headaches			Issues re: divorce			Sweating		
Loss of memory			Sexually acting out			Heart problems		
Excessive worry			History of child abuse			Muscle tension		
Wetting the bed			History of sexual abuse			Bruises easily		
Trusting others			Domestic violence			Allergies		
Communicating			Thoughts of harming others			Makes careless mistakes		
Separation anxiety			Hurting self			Fidget frequently		
Alcohol/drugs			Thoughts of suicide			Impulsive		
Drinks caffeine			Sleeping too much			Waiting turn		
Frequent vomiting			Sleeping too little			Completing tasks		
Eating problems			Getting to sleep			Paying attention		
Weight gain			Waking too early			Easily distracted		
Weight loss			Nightmares			Hyperactivity		
Head injury			Sleeping alone			Chills or hot flashes		
Family History of:								
Drug/alcohol problems			Physical abuse			Depression		
Legal trouble			Sexual abuse			Anxiety		
Domestic violence			Hyperactivity			Psychiatric hospitalization		
Suicide			Learning disabilities			“nervous breakdown”		

Any additional information you would like to include: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_