



2020 VISION

NEWSLETTER, SEPTEMBER 2019

A NEW BEGINNING

Hello,

I hope you are well and had a good summer holidays. This week everything starts to return to routine and thoughts are starting to happen with regards to our biggest year in 2020.

Next year marks the 10th anniversary of Bethany's death, and in order to counter the darkness around that time, we are determined to shine a light on that darkness as Bethany would by doing something ambitious and amazing.

The aim of this newsletter is to keep you informed of coming events and the activities of the CIC which we aim to release monthly.

Warmest Regards,

Simon & Colleen Preston
Co-Founders

A TRIBUTE TO PAVOL MIKULCIK

Firstly, we would like to send our condolences to the family and friends of Pavol Mikulcik, who sadly took his own life on the 30th August. He was a much loved individual who loved to play ice hockey and will be hugely missed by all.

We have decided to do a few things to help channel our grief and remember Pavol for being the lovely guy he was and would love for anyone who knew Pav to get involved with the following projects:

- Supporting the Birmingham Rockets with setting up a memorial match.
- Renamed the checking challenge cup conference to the Mikulcik Conference.
- Setting up of an independent charity (to be named after Pav) charged with finding day to day methods of non-verbal communication for males in the hope to reduce the gender gap.

We will be sharing these activities at our Male Suicide Awareness Project Launch on the 28th September 2019 in Solihull (including voting on the name of the new charity), so please do make sure you book your free place via Eventbrite (link on the Bethany's Legacy CIC page).

We will be sending out a survey shortly for anyone who would like to put their ideas forward for the name of this new charity and also what symbol reminds those who knew Pav of him (This is to help for the logo of the memorial match).

EVENTS

- We will be supporting Gemma Albutt & the Birmingham Rockets in setting up the Pavol Mikulcik memorial match, date TBC.
- Male Suicide Awareness – Project Launch on Saturday 28th September 2019. RSVP via Eventbrite please as places are limited.
- In 2020, we are aiming to hold the following events:

- Bethany's Legacy Ice Hockey Challenge Cup (December to August)
- Bethany-Shannon Memorial Ice Hockey Festival 2020
- Dodgeball Tournament
- Tang Soo Do Tournament

COMMUNICATIONS

- We are just setting up a Bethany's Legacy CIC email address which will be shared soon.

FUTURE

- Due to the increased number of projects, we are now looking to expand our board of directors.
- If interested, please take a look at the role profiles on our website www.bethanyslegacy.co.uk and get in touch for more details.