

Title: Sailing Away On Voyages To Wellness: Pediatrician, Edward A. Taub, M.D., Administers Painless Wellness Vaccinations With Only Positive Side Effects To Both Kids And Adults.

Thanks to a generous gift, hundreds of children from the Boys and Girls Club, including many from the Camp Pendleton Marine base whose mothers or fathers are away serving our country, are participating in afternoon "Voyages To Wellness For Kids" on board the historic, wooden schooner, Curlew, in Dana Point, California.

The experience of sunshine, wind and water, combined with sightings of dolphins and whales create an outstanding environment for kids to experience pure joy and happiness while ship doctor, Edward A. Taub, M.D., administers his Wellness Vaccination, without shots or pain to them.

Such feelings, once experienced by children can never be forgotten. Dr. Taub, a family doctor and board-certified pediatrician practiced in Orange County for over 50 years. After writing 8 books on Wellness, and treating thousands of patients, he's no longer practicing, but he is still reaching out to children and families, helping them to lead healthier and happier lives with his Wellness Vaccination.

Dr. Taub teaches kids about Wellness in ways they can understand by highlighting following the Golden Rule, making right choices, and aiming high, along with healthful nutrition and regular exercise. Children also learn his simple yet powerful stress management meditation technique. Kids are especially vulnerable to stress so they need to be taught coping skills that they can use throughout their lifetimes. The joyful faces of kids experiencing their Wellness Vaccination on board Curlew foretell the outcomes of their stress inoculation better than mere words: <https://www.wellnessmedicalinstitute.org/>

Dr. Taub's Wellness Vaccination is not just for kids. Individuals of all ages, especially stressed-out medical students and physicians have experienced feelings of radical amazement during their Voyages To Wellness on Curlew, as they became aware of how much their health and Wellness is determined by personal responsibility, self-value and reverence for life. Dr. Ralph V. Clayman, Dean of the U.C. Irvine Medical School, wrote, " Voyage To Wellness Works! It was just what the doctors needed. A gorgeous afternoon for a sail that turned magical by the appearance of the dolphins. It is moments like these that bring us all together as people."

Stress is equivalent to the major virus of our time, affecting virtually every man, woman and child in America. Physicians can administer Dr. Taub's painless inoculation against stress to kids as young as 3 or 4 years old and to adults of all ages, with absolute certainty that all side effects are positive. The healthful lifestyle ingredients of Dr. Taub's Wellness Vaccination, both for kids and for adults, are presented online at <https://www.wellnessmedicalinstitute.org/>