



RFA, Venaseal, and Sclerotherapy

Pre-Procedure Instructions

Please **arrive 10-15 minutes prior** to your procedure. You will be in the office for approximately 2 hours, with the procedure taking about 1 hour with the additional time required for checking in, prepping and post procedural care.

If shaving, please shave your legs the night before the procedure- not in the morning. For those who do not routinely shave their legs, you are not required to do so. You may shower the morning of your appointment. **Please do not apply any oils or lotions or creams to the leg.**

You should have a small meal prior to coming in for the procedure. You will receive local anesthetic, so there is no need to arrive with an empty stomach. **Please stay well hydrated up to your appointment time. Please do not fast.**

Please arrange for **someone to drive you home**. The pain will be minimal, however, a bulky dressing on the leg will make driving unsafe. In addition, you may be prescribed medications to take prior to the procedure which may affect your ability to drive.

For your comfort, please wear loose fitting clothing following your procedure. Slip-on shoes are also recommended.

Valium/Diazepam a relaxing medication is available upon request for RFA (radiofrequency ablation) only. Medication will be sent to your pharmacy one day prior to procedure. Please note you will need a driver. **Medication is not available in office.**