

ROCKLAND SCHOOL OF BALLET CLASSES BEGIN: MONDAY, SEPTEMBER 9, 2019 Each Box Connotes a Class *SCHEDULE SUBJECT TO CHANGE *

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Strong Body, Strong Mind 9:15 – 10:15	Adult Ballet <u>Ballet Fit! Program</u> Seniors & All Others 10:00 – 11:00		Swing & Sway 10:00 – 3:30	Swing & Sway 10:00 – 3:45	Junior Ballet, Tap & Contemporary/Jazz Dance age 8 - 15 9:30 – 12:00 4th Saturday of Month*
	<u>Leap 'N Learn</u> Little Leapers Tiny Dancers** Age 3 - 4 3:45 – 4:15 TAP till 4:30	<u>Leap 'N Learn</u> Enchanting Primary Ballet Age 7 (age 6 with previous pre-ballet 2 prerequisite) 3:45 – 5:30 Includes Tap and Contemporary/Jazz	Youth Ballet Age 16+ 4:30 – 6:00	Int./Adv Junior Ballet Age 10 - 15 3:45 – 5:00	Junior Ballet Age 8 - 15 4:00 – 5:15 Not 1st Friday of Month	
	Youth TAP Age 16+ 4:30 – 5:00		Youth Contemporary Dance Age 16+ 6:00 – 6:45		Junior Tap Age 8 - 15 5:15 – 5:45 Not 1st Friday of Month	
	Junior, Youth & Adult Ballet Age 10+ Pre-Barre Conditioning 5:00 – 5:30 Ballet 5:30 – 7:00	Strong Body, Strong Mind 5:45 – 6:45	Youth Pointe 16+ 6:45 – 7:15	Youth Pointe Age 16+ 6:15 - 7:30 Till 8:15 prior to performances as necessary	Junior Contemporary/Jazz Dance Age 8 - 15 5:45 – 6:30 Not 1st Friday of Month	AS NEEDED: Choreography Rehearsal Private Lessons
Salsa 2 nd Sunday 6:00 – 7:30	Youth Pointe 7:00 – 7:30 Choreography Till 8:15 prior to performances as necessary		Youth Ballet Choreography Age 16+ 7:15 – 7:45 Till 8:15 prior to performances as necessary			Fourth Saturday Monthly Movie/Dance Night

*4th Saturday Class makes up for 1st Friday Class Omission **Tiny Dancers classes must have a minimum of 4 dancers.

