

Dear Parents and Swimmers,
Welcome to the Winter 2019 Semester
From January 8th, 2019 to March 28th, 2019.



We're glad to have you and your child as a part of our program.

We just want to make sure that you are aware of a few things that are important to us:

1. Please be aware that swimming caps are mandatory in our pool. All parents must wear swim caps, babies starting in Level I for swimming must wear a cap whenever they are entering the pool.
2. We are strict on enforcing our class make-up policy. All miss class notification must be sent to us through text or phone call to 917-391-7660 or sent via e-mail to seahorsefitnessinc@yahoo.com by no later than 24 hours prior to your lesson. **You are allowed to have 2 make up classes during the semester.**
3. Please make sure that you shower **before getting in the pool.**
4. Strollers are not allowed on the deck or in the locker room. This is a health and fire department issue. Please keep all strollers in the hallway of the entrance of the pool.
5. Food and drinks are not allowed on deck. Please give snacks to children in the hallway of the entrance pool. Water is allowed on deck as long as it is in a plastic container.
6. There are scheduled classes on the following dates. Please make sure that they are in your calendars.

Tuesday:

1/8	1/15	1/22	1/29	2/12	2/26	3/5	3/12	3/19	3/26
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Wednesday:

1/9	1/16	1/23	1/30	2/13	2/27	3/6	3/13	3/20	3/27
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Thursday:

1/10	1/17	1/24	1/31	2/14	2/28	3/7	3/14	3/21	3/28
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NOTE: There will be no classes during the lunar New Year(2/5,2/6 and 2/7) and Midwinter Recess(2/19, 2/20 and 2/21).

Again, Welcome to the Winter 2019 semester. We hope it's a great one! If you have any questions, please feel free to call (917) 391-7660 or e-mail to seahorsefitnessinc@yahoo.com. Ask for me, Tommy.

**Swimmers must shower
before entering the pool.**

See you in the pool,
Tommy Ho
Aquatics Director
Seahorse Fitness, Inc
69 Columbia Street
New York, NY 10002

**All classes and dates are subjected to change due to emergency incidents (such as weather, strike or pool equipments malfunction)*

****All Payments for class, must be handed in before the 1st week. Thank you!***

Dear Parents and Swimmers,

**Welcome to the Winter 2019 Semester
From January 11th, 2019 to March 24th, 2019.**



We're glad to have you and your child as a part of our program.

We just want to make sure that you are aware of a few things that are important to us:

1. Please be aware that swimming caps are mandatory in our pool. All parents must wear swim caps and babies starting in the swim Level I must wear a cap whenever they are entering the pool.
2. We will be strictly enforcing our make-up policy. All missed classes notification must be sent via e-mail to seahorsefitnessinc@yahoo.com or by calling **917-391-7660** no later than 24 hours prior to your lesson. **You are allowed to have 2 make up classes during the swim semester.**
3. Showers are mandatory for everyone entering the pool. Please make sure that you rinse off before getting in the pool.
4. Strollers are not allowed on the deck or in the locker room. This is a health and fire department issue. Please keep all strollers in the hallway of the entrance of the pool.
5. Food and drinks are not allowed on deck. Please give snacks to children in the hallway of the entrance pool. Water is allowed on deck as long as it is in a plastic container.
6. There are scheduled classes on the following dates. Please make sure that they are in your calendars.

Fridays:

1/11	1/18	1/25	2/1	2/15	2/22	3/1	3/8	3/15	3/22
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Saturdays:

1/12	1/19	1/26	2/2	2/16	2/23	3/2	3/9	3/16	3/23
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Sundays:

1/13	1/20	1/27	2/3	2/17	2/24	3/3	3/10	3/17	3/24
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**NOTE: There will be NO classes during
the Chinese New Year weekend (2/8, 2/9 and 2/10)**

Again, welcome to the Winter 2019 semester. We hope it's a great one! If you have any questions, please feel free to call **917-391-7660** or e-mail to seahorsefitnessinc@yahoo.com. Ask for me, Tommy.

**See you in the pool,
Tommy Ho
Aquatics Director
Seahorse Fitness, Inc
69 Columbia Street
New York, NY 10002**

**All classes and dates are subjected to change due to the emergency incidents (such as weather, strike or pool equipments malfunction) <http://www.seahorseswimclub.com/>*

****All Payments for class, must be handed in before the first day of the semester.***

Thank you!