Good morning! It is Winter Sports Play Date EVE!!!!!

So yesterday's clip......the point was the 'raking on the rebound' action.....the positioning and mechanics of the official were not the reason for the clip, but did have room for improvement!

Today.....one of this year's points of emphasis is screening......<u>here</u> is a pretty nice summary of the different types of screens and a simplified explanation of what the screener needs to keep in mind. This clip was forwarded to me, so thanks Greg!

In my opinion, screening is the area of the game that we have the greatest room for improvement in both the application of the rule and consistency. There are more screening clips coming!

In addition with tomorrow being opening night, Megan Post put together a list as reminders for us so that we don't get to January and a coach says 'nobody ever said anything about that all year....'. She has allowed me to share it with you. Please add to it with your own reminders also! Thanks Megan!

Click <u>here</u> to open the pdf and be able to download and print.

Have a great day, sleep well and be ready for tomorrow!

Tim