

*Write your way to recovery from gambling, one step at a time...*



## **GA STEP WRITING ZOOM MEETING**

**SUNDAYS 5:30 - 7:15 PM**

Join us via Zoom  
<https://zoom.us/j/92789658245>  
Meeting ID: 927 8965 8245  
Passcode: 400631

Using GA literature, and with support from the meeting facilitator and your fellow members, you will uncover, examine and address the emotional and behavioral issues underlying your addiction.

Any member who is working the 12 Steps of Recovery for the first time (or returning after a gambling relapse) will use GA's "Writing the Steps" exercises as a guide.

Any member who has completed the 12 Steps of Recovery for gambling will be encouraged to use "Writing the Steps" to address any underlying issue that may be affecting her/his life today (such as a specific character defect) or to consider using GA's "Group Study of the Unity Steps" to write about the 12 Steps of Unity.

We encourage each member to write in the week between meetings. Do so at your own speed; you need not keep pace with anyone else.

When you join the meeting, the facilitator will invite you to share your step writing with the group. With your permission and time permitting, you also may receive feedback from the meeting facilitator and/or other members of the group.

*If you have any questions or need step writing literature, please call meeting facilitator Ann T (480-363-0781)*