



12.1.7. Good-health day (symbol: **Octopus**)

C-G Kalender Celebration

Good-health Day celebrations are a joint effort of public, Shire and Universe Custodian Guardians. Health and Fitness in parks... Shire presents carnival type activities and entertainment underlining health and fitness. Health services show exhibits. **A day to eat and drink healthy (No Alcohol! No GM food! No manufactured meats! No Lemonades! No mind-altering substances! No smoking! No sweets!), do some fitness activity. Visit the sick!**

Good-health day at the Gathering: The Gathering is sizzling with health food. It is open from 1hour after Sunrise go there. Have food and drink (non-alcoholic); listen, sing, dance to music, enjoy laughter, have a happy heart and a positive mind. **Happy Good-health Day!**



Note ! Good health for a useful long life.

S o c i a l i z e Support Your Community C e l e b r a t e

Good-Health Day starts' with a Good-Health Day Prayer.

Good Health Day Prayer

Dear **1 GOD**, Creator of the most beautiful Universe
Your most humble faithful custodian-guardian(1st
name)
Apologize for my unhealthy lifestyle
I endeavor to make amends
Please support my efforts to make amends
I support 'Free treatment when sick'
For the Glory of **1 GOD** and the Good of Humankind



This prayer is used on Good Health day ! Or as needed.



You only have 1 body look after it!
Don't become a pharmaceutical
Junkie or spare body-parts
Anti 1 GOD monster !!!

