

## HEALTH ACTION INFORMATION NETWORK (HAIN)

Since its establishment in 1985, the mission of Health Action Information Network (HAIN) is to provide and advocate for the use of objective and timely information on health issues that would contribute to community transformation.

HAIN started as an information and research center of community-based health programs (CBHPs) in the Philippines. Through the years, HAIN's work has expanded to include training and education activities for a wide range of participants including health professionals, reproductive health advocates, health science students, women's groups, LGBTs, and media practitioners throughout the country.

With 25 years of conducting training-workshops, HAIN has developed the expertise and gained credibility to enhance the capabilities of its target participants through its Training Academy. Under this program, it aims to equip and harness knowledge and skills of participants for strategic communication and information approaches.

## HAIN TRAINING ACADEMY

The Training Academy was formed to serve as a learning hub for developing new methodologies and strategies, and in utilizing technology for simplified teaching of different health issues in the community. HAIN conducts training programs to enhance capacity development for advocacy, research and training that would hone leaders to become valuable health educators and advocates.

Training workshops for grassroots and communities are similarly conducted to impart to the people the knowledge, attitudes and skills that are necessary in improving the people's health. This provides the opportunity for HAIN to propagate its framework in health education which places emphasis on a holistic primary health care approach where socio-economic and political factors are regarded as highly important to attain quality state of health.

Contact information:

Health Action Information Network (HAIN)

Address: 26 Sampaguita Avenue, Mapayapa Village II,  
Brgy. Holy Spirit, Quezon City, Philippines 1127

Tel. No: (632) 952.6312

Telefax: (632) 952.6409

Email: [hain@hain.org](mailto:hain@hain.org)

Website: [www.hain.org](http://www.hain.org)



Health  
Action  
Information  
Network



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Brgy. Holy Spirit, Quezon City  
Philippines 1127

25 years  
of Serving Communities  
through Health Information

# UNDERSTANDING and STI and AIDS

A Basic Training Course



Health  
Action  
Information  
Network

\*A Securities and Exchange Commission (SEC) Registered  
and Philippine Center for NGO Certification (PCNC) Accredited  
Non-Government Organization

# UNDERSTANDING STI, HIV & AIDS

## Rationale

It has been almost three decades from the time HIV (Human Immunodeficiency Virus) infection and AIDS (Acquired Immune Deficiency Syndrome) have created great alarm in the Philippines. Despite great efforts to prevent its transmission through education, the number of cases continues to grow and this time, younger people are the ones most affected. This will significantly affect the workforce of the country, increase the number of orphans, infect and affect women, and the health care system will be greatly burdened.

Comprehensive education on STI (Sexually Transmitted Infection), HIV and AIDS particularly among young people is yet to be institutionalized. Great responsibility lies in each one of us. STI, HIV and AIDS are not just medical concerns. They play a complex and significant impact on sexuality, moral and ethical issues, stigma and discrimination, relationships and healthy lifestyles.

Understanding STI, HIV and AIDS rather than inculcating fear towards PLHIV (Person Living with HIV) is the only key to prevention. HAIN believes that each one of us should be equipped with objective, accurate and timely information to appropriately respond to STI, HIV and AIDS. Choose life, fight AIDS.

## Description

This training covers both biomedical and psychosocial dimensions of STI, HIV and AIDS. It also features socio-historical and economic implication of the current national and global situation, modes of transmission, how to prevent transmission, and how to access treatment, care and support.

## Learning Objective

By the end of the training course, participants will be able to:

- Understand the concept of STI, HIV and AIDS
- Distinguish modes of transmission
- Practice safe sex to prevent transmission
- Identify organizations that provide services on treatment, care and support
- Choose to submit for voluntary counseling and testing
- Provide Communication skills for effective counseling and information activities

## Learning Methods

This training course applies teaching learning strategies such as lectures, structured games, group exercises and film showing to stimulate participatory discussion by experts in the field of medicine, social sciences and gender.

## Who should attend

The course is intended for employees and employers in private corporations, individuals from academe, professional organizations, local government units, and non-government organizations.

## Course fees

Fees are modified according to the training needs of the participants. A minimum of 25 participants is required.

## How and when to apply

Application forms can be downloaded from HAIN website ([www.hain.org](http://www.hain.org)), and sent by fax or email. For further inquiries please contact:

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## PRE-REGISTRATION FORM

Name \_\_\_\_\_ Age \_\_\_\_\_

Contact No \_\_\_\_\_ Sex \_\_\_\_\_

Address: \_\_\_\_\_

Profession \_\_\_\_\_

Company Name \_\_\_\_\_

Company Address \_\_\_\_\_

Industry: \_\_\_\_\_

Civil Status

- Single  Married  
 Widow  Separated  
 Others: \_\_\_\_\_

Highest Education Attained

- Elementary  
 High School  
 Vocational  
 College  
 Masteral/Post Graduate

Interest in STI, HIV and AIDS Training

Describe your current work

\_\_\_\_\_

What is your objective in attending this training?

\_\_\_\_\_

What is your current need in the training?

\_\_\_\_\_

How will you apply this training in your work/community?

\_\_\_\_\_

Thank you for pre-registering.

Kindly fax, email or mail completed form to HAIN.