



Alden Bungalows

AED Group



What is the program?

We have 2 AED's (Automatic External Defibrillators) and they are strategically positioned within our neighborhood to provide the quickest possible response to anyone in cardiac arrest. We also subscribe to ReadyAlert™ which is the system used to contact our volunteers and became part of the Neighbors Saving Neighbors AED Program. Our goal is to maintain our AED's to better serve our neighborhood and increase cardiac arrest survival. We still need your help to keep this life saving program financially sound.

Why do we need an AED Group?

Our neighborhood is just 4-6 minutes from the nearest fire station but we cannot be sure that paramedics will be in the station when the need arises, and may have to respond from a greater distance. ***For every 1 minute delay in starting CPR and using an AED, the chance of survival decreases by 10%.*** AEDs, combined with immediate CPR, have saved numerous lives in The Villages. **We can make a difference!**

How does an AED work?

When sudden cardiac arrest occurs, the heart starts to fibrillate or "quiver" but does not pump blood. CPR (chest compressions) makes the heart pump and keeps oxygen flowing to the body, but will not "start" the heart. The AED is a battery operated device that determines whether a heart needs to be defibrillated (shocked) into resuming a normal rhythm. It gives audible commands and is so simple anyone can be taught its use in a few minutes.

How does the program work?

There are 180 homes in our response area. We have several residents trained as neighborhood responders and are always looking for new ones. The Villages Public Safety provides training free of charge. Each responder is connected to the ReadyAlert™ service. When a cardiac arrest occurs and a call is made to 911, the 911 operator, in addition to determining the nature of the emergency and dispatching paramedics, also sends a message via ReadyAlert™ who alerts our group. Responders nearest the home will go start CPR while others bring the AED.



NSN
Neighbors **SAVING** Neighbors
powered by ReadyAlert™



What is the cost?

We are asking for a household contribution of \$135.00

Your contribution will cover the following costs:

- ReadyAlert™ annual service fee.
- AED replacement batteries and pads
- Any maintenance costs that might arise

Checks payable to:

Alden Bungalows AED Program Unit 969

Mail or drop off checks:

Jennifer Mathisen
2866 Charlevoix Street

Quite a bargain for a life saved and that life may be yours!

Frequently Asked Questions

Why should I participate?

The program needs your participation. It lowers the costs for all of us and increases your chance of survival if you experience cardiac arrest.

Do I have to be a volunteer?

Only if you want to. The more we have the better we can help our neighborhood.

Is the AED difficult to use?

It is virtually foolproof and easy to use.

How long is the CPR/AED training?

New responder training is 3 hours long and free of charge. Mouth-to-mouth is no longer recommended when performing adult CPR.

Do I have any legal liability?

Florida's Good Samaritan Law protects any lay person who goes to the aid of a person in distress. The AED only "shocks" people who are clinically dead so there is no risk of hurting someone. **FL Statute 368.13**

Would we respond to all emergencies?

ONLY cardiac arrests and **ONLY** in our neighborhood.

To contribute, become a responder or just have a question contact:

AED Coordinators

Dennis Mathisen: 916-508-0118

aldenaed@gmail.com

Jennifer Mathisen: Co-Coordinator

George Yates: Co-Coordinator



Scan the code to find out how simple it is to save a life with CPR and an AED.

Location of our current AED's

