



### CRAA Covid-19 Phase III Guidelines

CRAA will follow the Restore Illinois guidelines as set forth by Governor JB Pritzker. Please be advised that all guidelines are subject to change.

- Only drills, practices and lessons that do not involve contact between individuals are allowed and you **MUST** maintain a 6-foot social distance.
- A maximum of 10 individuals including managers/coaches are considered a group.
- Groups / teams must stay together at all times during practice, at no time will interchanging of individuals will be allowed. If you have multiple fields you **MUST** ensure that there is no overlap of individuals.
- Dugouts will not be used
- At any time any individual shows signs of illness they must immediately be removed
- No sharing of equipment
- No spitting, seeds or gum are allowed
- No sharing of water bottles
- No water fountains can be used
- If anyone that was at practice/drill becomes positive with Covid all activities for that team **MUST** stop, along with any individual that is associated with that team.
- No post practice handshakes or fist bumps
- Coaches and Managers must be responsible for monitoring social distancing and restrictions.