Come Swim with the Wave!

Father Lopez High School Swimming Presents..







A Volusia County Catholic-School swim league for all 6th – 8th grade students.

- The league will be coached by current Father Lopez Swim coaches, Coach Rob Klotzbach and Coach Roxanne Balducci.
- Practices will be held each Tuesday 6:15pm 7:15pm and Saturday from 10am-11am, between March 21st – May 12th (8 weeks).
- All levels of ability are welcomed and encouraged to participate.
- This is a tremendous opportunity for middle schoolers to:
 - 1. Become familiar with the Father Lopez coaching staff (all coaches are FHSAA and USA Swimming certified and insured).
 - 2. Learn swimming from some of the best coaches in the area.
 - 3. Improve on stroke technique and speed if already a swimmer.
 - 4. Make new friends and participate in <u>the</u> healthiest cardiovascular activity.
- The cost for the league is \$75 and includes:
 - 1. 8 weeks of training.
 - 2. Team t-shirt and swim cap.
 - 3. End of season swim meet and picnic.
- Practices are held at the Cypress Aquatic Center, 981 George Engram Blvd. @ Nova Rd, Daytona Beach, 32114.
- The league is limited to the first 50 that sign up.
- Questions? Please call or email Coach Rob @ 386-566-3404 or <u>rklotzbach@fatherlopez.org</u>.
- Informational meetings will be held at the Cypress Aquatic Center on: Saturday, January 20th @ 10 am.
 Saturday, February 3rd @ 10 am.
 Saturday, February 17th @ 10 am.
- Sign up link: http://assn.la/reg/?r=3:157091