

Ballet Series Intensive

MONDAY, JULY 30

TIME	LEVEL ONE <small>AGE 8-10</small>	LEVEL TWO <small>AGE 11-13</small>	LEVEL THREE <small>AGE 14+</small>
10:00AM - 12:15PM	Ballet Technique: Barre Work Kristin Douthit Richards	Ballet Technique Cameron Basden	Ballet Technique Kenneth Easter
12:15PM - 12:45PM	LUNCH		
12:45PM - 2:00PM	Ballet Technique: Center Work Kenneth Easter	Pilates & Conditioning Kristin Douthit Richards	Pointe Cameron Basden
2:00PM - 3:00PM	Alignment & Stretch Kristin Douthit Richards	Variations Cameron Basden	Partnering Kenneth Easter

TUESDAY, JULY 31

TIME	LEVEL ONE <small>AGE 8-10</small>	LEVEL TWO <small>AGE 11-13</small>	LEVEL THREE <small>AGE 14+</small>
10:00AM - 12:15PM	Ballet Technique Kenneth Easter	Ballet Technique: Barre Work Kristin Douthit Richards	Ballet Technique Cameron Basden
12:15PM - 12:45PM	LUNCH		
12:45PM - 2:00PM	Variations Cameron Basden	Ballet Technique: Center Work Kenneth Easter	Pointe Kristin Douthit Richards
2:00PM - 3:00PM	Floor Barre Kristin Douthit Richards	Variations Cameron Basden	Partnering Kenneth Easter

WEDNESDAY, AUGUST 1

TIME	LEVEL ONE <small>AGE 8-10</small>	LEVEL TWO <small>AGE 11-13</small>	LEVEL THREE <small>AGE 14+</small>
10:00AM - 12:15PM	Ballet Technique: Barre Work (10:00AM - 11:15AM) Cameron Basden Ballet Technique: Center Work (11:15AM - 12:15AM) Eduardo Iglesias	Ballet Technique Kristin Douthit Richards	Ballet Technique Irene Balague
12:15PM - 12:45PM	LUNCH		
12:45PM - 2:00PM	Variations Irene Balague	Pre-Pointe Strengthening Kristin Douthit Richards	Partnering Eduardo Iglesias
2:00PM - 3:00PM	Ballet Through the Ages Kristin Douthit Richards	Variations Irene Balague	Variations & Repertoire Girls Only Cameron Basden Strength & Tone Boys Only Eduardo Iglesias

THURSDAY, AUGUST 2

TIME	LEVEL ONE AGE 8-10	LEVEL TWO AGE 11-13	LEVEL THREE AGE 14+
10:00AM - 12:15PM	Ballet Technique Irene Balague	Ballet Technique: Barre Work Cameron Basden	Dance Conditioning: Gyrokinesis / Pilates Fusion Loren Davidson
12:15PM - 12:45PM	LUNCH		
12:45PM - 2:00PM	Floor Barre Cameron Basden	Ballet Technique: Center Work Eduardo Iglesias	Ballet Technique Irene Balague
2:00PM - 3:00PM	Ballet Technique: Center Work Eduardo Iglesias	Pre-Pointe Strengthening Cameron Basden	Variations Irene Balague

FRIDAY, AUGUST 3

TIME	LEVEL ONE AGE 8-10	LEVEL TWO AGE 11-13	LEVEL THREE AGE 14+
10:00AM - 12:15PM	Ballet Technique: Barre Work Cameron Basden	Ballet Technique Irene Balague	Ballet Technique Eduardo Iglesias
12:15PM - 12:45PM	LUNCH		
12:45PM - 2:00PM	Ballet Technique: Center Work Eduardo Iglesias	Pre-Pointe Strengthening Cameron Basden	Pointe Irene Balague
2:00PM - 3:00PM	Variations Cameron Basden	Level 2 & 3 Girls Energy & Meditation Irene Balague	Strength & Tone Boys Only Eduardo Iglesias