## Kids' Stuff Menu January 2020

	Rius Stu	in Menu Jan		
Monday	Tuesday	Wednesday	Thursday	Friday
JAN	NEW YEAR'S EVE	Happy New Year	2 Nutri Grain Bars Boxed Lunch With Drink Veggie Straws	3 Teddy Grahams Applesauce Boxed Lunch With Drink Rice Krispy Treats
6	7	8	9	10
Graham Crackers	Fig Newtons	Teddy Grahams Applesauce	Bagels w/ Cream Cheese	Biscuits w/ Butter & Jam
Boxed Lunch With Drink	Chicken Alfredo w/ Penne Pasta Fresh Cucumber Slices w/ Ranch Pineapple Low Fat Milk	Mama's Pasta w/ Meat Sauce Mixed Vegetables Peaches Low Fat Milk	Cheese Quesadillas Crinkle Cut Carrots Pears Low Fat Milk	Boxed Lunch With Drink
Cheez-its	Veggie Straws	Vanilla Creme Cookies	String Cheese Saltine Crackers	Goldfish
13 Fruit & Yogurt Parfait Grilled Cheese Baked Beans Fresh Cucumber Slices With Ranch Pineapple Low Fat Milk	14 Graham Crackers Applesauce Taco Bake Shredded Lettuce Mixed Fruit Low Fat Milk	15 Cheerios Bananas Baked Yellow Rice & Chicken Green Peas Mandarin Oranges Low Fat Milk	16 Fig Newtons Baked BBQ Chicken Mashed Potatoes Corn Tropical Fruit Low Fat Milk	17 Waffles w/ Syrup Boxed Lunch With Drink
Animal Crackers	Pretzels	Trail Mix	Frozen Yogurt Pops Saltine Crackers	Nilla Wafers
20 Chex Cereal Bananas	21 Ritz Crackers w/ Cheese	22 Graham Crackers Apple Sauce	23 Kix Cereal	24 Cinnamon Raisin Bagels w/ Cream Cheese
Boxed Lunch With Drink	Macaroni & Cheese Green Peas Fresh Orange Slices Low Fat Milk	Cowboy Stew w/ White Rice Steamed Broccoli Peaches Low Fat Milk	Hot Buttered Noodles w/ Parmesan Cheese Green Beans Tropical Fruit Low Fat Milk	Boxed Lunch With Drink
Smart Pop Popcorn	Veggie Straws	Goldfish	Animal Crackers	Chex Mix
27 Nutri Grain Bars Cheese Quesadillas Shredded Lettuce Apples Low Fat Milk	28 Cheerios Bananas Creamy Beef & Rice Corn Tropical Fruit Low Fat Milk	29 Ritz Crackers Fruit Hot Ham & Cheese Rolls Crinkle Cut Carrots Pears Low Fat Milk	30 Granola Bars Chicken Nuggets Mashed Potatoes w/ Gravy Green Beans Fresh Orange Slices Low Fat Milk	31 French Toast Sticks w/ Syrup Boxed Lunch With Drink
Frozen Yogurt Pops Saltine Crackers	Nilla Wafers	Fresh Cucumbers w/ Ranch	Goldfish	Chocolate Chip Cookies

Revised 12/30/2019