



April 2021

1423 S Hastings Way
Eau Claire, WI
In Studio & Virtual
Purefitness4you.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
In Studio, Live Streaming and On Demand	Yoga Beyond is the new name for PiYo.			1 Sculpt 9am HIP HOP STEP 4:50pm POUND Express 5:30pm	2 HIIT 5:45am	3 Yoga Beyond 8am
4 Happy Easter	5 Yoga Beyond 9am Kettles 5:30pm	6 FIT Reboot 5:45am Iron Flow 9am Step 5:30pm	7 Yoga Beyond 9am Yoga Beyond 5:30pm	8 Kettles 9am Pound Express 4:50pm Hip Hop Step 5:30pm	9 Step Express 5:45am	10 Yoga Beyond 8am
11 Yoga Fusion Flow 8am	12 Yoga Beyond 9am Kettles 5:30pm	13 Strength 4 You 5:45am Iron Flow 9am Step Strength 5:30pm	14 Yoga Beyond 9am Strength Beyond Yoga 5:30pm	15 Fit Reboot 9am Hip Hop Step 4:50pm Pound Express 5:30pm	16 Kettles 5:45am	17 Yoga Beyond 8am
18 Yoga Fusion Flow 8am	19 Yoga Beyond 9am Kettles 5:30pm	20 Sculpt 5:45am Iron Flow 9am Step 5:30pm	21 Yoga Beyond 9am Yoga Beyond 5:30pm	22 Sculpt 9am Pound Express 4:50pm Hip Hop Step 5:30pm	23 Iron Flow 5:45am	24 Yoga Beyond 8am
25 Yoga Fusion Flow 8am	26 Yoga Beyond 9am Kettles 5:30pm	27 FIT ReBoot 5:45am Iron Flow 9am Step Strength 5:30pm	28 Yoga Beyond 9am Strength Beyond Yoga 5:30pm	29 Kettles 9am Hip Hop Step 4:50pm Pound Express 5:30pm	30 Barre Express 5:45am	

