A Man's Cookbook for "THE HERD" By Robert Sturm

Vera Cruz Sauce

## Ingredients:

1/2 each Sweet Onions, finely diced 1/4 each Red Bell Pepper, finely diced 1/4 each Green Bell Peppers, Finely diced <sup>1</sup>/<sub>4</sub> Cup Black Olives, sliced <sup>1</sup>/<sub>4</sub> Cup Green Olives, sliced 1 TB. Capers, small 1Cup Chicken Broth 4 each Tomato, diced TT. Sea Salt 3 ea. Bay Leaves 1 oz. Garlic, minced 2 oz. Olive Oil  $\frac{1}{2}$  tsp. Oregano, fresh chopped 2 tsp. Cilantro, fresh chopped 1Cup Dry White Wine <sup>1</sup>/<sub>4</sub> cup Parsley, fresh chopped

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Directions: Sauté onions, peppers, olives and capers in oil. Place in a saucepan. Add stock and tomatoes to saucepan. Season to taste with Salt. Simmer for 15 minutes. Add all other ingredients. Bring to a boil. Reduce heat and simmer 30 minutes.

