## Weight Loss that Works BY JONNALYN R. BELOCURA, M.D. for Nomen & Men

The weight management program at The Hormone Center uses a scientifically-proven prescription hormone-based protocol to increase metabolism, remove toxic build up and optimize insulin, cortisol and thyroid.

Typically, the patient begins with a detoxification regimen. Environmental and food-related toxins are increasingly being recognized as a cause of poor organ function and a likely contributor to a number of health conditions.

Through a detailed medical history, and advanced laboratory diagnostic testing, we are able to identify toxicity and create a gentle yet powerful personalized detoxification program.

The medical weight loss program uses prescription hCG cream, allowing a person to lose 20-30 pounds in just 30 days, with

no injections.

One theory that explains the effectiveness of the HCG diet is that hCG manipulates the hypothalamus in the brain to stimulate the mobilization of displaced, excessive fat deposits.

Combined with a customized, high protein, low fat, low carb, low calorie diet, many people have experienced fat loss without loss of lean muscle.

The Hormone Center provides a personalized assessment, biometric measurements, vitamin and mineral testing, nutritional counseling, and detailed follow-up to help patients preserve their "after" results.

Weight loss benefits are numerous, and included increased energy, reduced blood pressure, lower cholesterol, relief from sleep apnea and cancer and diabetes prevention.

## HORMONE TREATMENT OF AND MEDICAL WEIGHT LOSS Dr. Jonnalyn Belocura, M.D. Dr. Jonnalyn Belocura, M.D. HEALING TO THE CORE 6955 N. Mesa St., Suite 303 El Paso, Texas 79912 www.drbhormonecenter.com

## **PATIENT TESTIMONIALS**

"Dear Dr. Belocura,
This letter is to write you
expressing my deep gratitude
for the great HCG Weight Loss
Program... A list below is what
I have experienced since 2004
until the recent treatment of bioidentical hormones and the HCG
Weight Loss Program:

- Anxiety
- Fatique
- Headaches
- Joint Pain
- Mood Swings (extreme)
- · Thyroid Deficiency
- Hot Flashes (for 7 years)
- Depression
- Hair Loss
- Insomnia
- · Low Sex Drive
- Unexplained Weight Gain
- Low Energy Levels

I went on the HCG diet at the end of May 2015 and I lost 27 lbs and several inches all over my body. This is the best and most effective weight loss program I have ever experienced..."

—Terry B.

"Followed the diet, already can sleep through the night, my husband says my sense of humor is back, my energy is back, my optimism is back. It feels like I am so much younger."

—V.K.

"I feel more energetic, my clothes fit looser...this has been the one treatment that truly helped me lose weight."

—R.G.

"Dr. Belocura not only helped me lose the weight, the program changed my life forever."

—Ana

## Real People, Real Results

















**ACTUAL PATIENTS OF DR. BELOCURA** 

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