

“Living After Disappointment!”

Lamentations 5:1-22

I. The Reality of Suffering (Verses 1-6)

- A. Acknowledgment of Loss
- B. Acceptance of Life Ahead

II. The Consequences of Sin (Verses 7-10)

- A. Recognition of Historic Guilt
- B. Reflection on Current Grit

III. The Cry for Help (Verses 11-15)

- A. Desperation for Restoration
- B. Determination for Recompense

IV. Hope for Renewal (Verses 16-22)

- A. Longing for God's Presence
- B. Leading in God's Purpose
- C. Lauding in God's Power

V. Receive Restored Health

- A. From Grief to Greatness.
- B. From Struggle to Strength