

# Red Yeast Rice



## Clinical Applications

- Support the Health of the Cardiovascular System\*
- Helps Maintain a Healthy Balance of Blood Lipids (LDL, HDL, & triglycerides\*)
- Supports a Healthy Inflammatory Response & Protects Against Damaging Oxidative Stress, Thereby Supporting the Overall Health of Arteries\*
- Promotes Healthy Blood Sugar Levels\*

Red yeast rice is the product of yeast (*Monascus purpureus*) containing several compounds collectively known as monacolins, substances that have been shown by clinical studies to support healthy blood lipids.

All Adaptogen Research Formulas Meet or Exceed cGMP Quality

## Discussion

This product contains 1200 mg of organic red yeast rice derived from US grown *Monascus purpureus*, a yeast that contains several compounds collectively known as monacolins. Research shows that monacolins can support overall cardiovascular health, and monacolins K in particular can help to maintain healthy blood lipids (such as cholesterol) through its role in the production of the HMG-CoA reductase enzyme. This enzyme is directly involved in determining how much cholesterol your body produces.

The red yeast rice in this product is USDA certified organic and is grown in the U.S. It has been thoroughly tested to assure that there are undetectable levels of the fungal contaminant known as citrinin, as well as substantial levels of naturally-occurring monacolin compounds, especially monacolin K.

**Recommended Use:** As a dietary supplement, take two capsules per day in the evening, preferably before bed, or as directed by your health care practitioner.

Supplement Facts		
Serving Size 2 capsules		
Servings Per Container 90		
Amount Per Serving	% Daily Value	
Organic Red Yeast Rice ( <i>Monascus purpureus</i> )	1.2 g	*
*Daily Value not established.		

**Other Ingredients:** Cellulose (capsule), L-leucine.

### Suggested Use

As a dietary supplement, take two capsules per day in the evening, preferably before bed, or as directed by your health care practitioner. •

Do not use if you are pregnant, may become pregnant, or are breastfeeding.



**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**