



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1062

93rd YEAR OF "SERVICE ABOVE SELF"

Web Site: <http://www.lexingtonvarotary.org>

September 02, 2015

Volume LXX, Number 09

President Derek presided. Guests: Craig Carlock was the guest of Michelle Jones; Denny Jarvis was the guest of Emily Higgins; Joe Willians was the guest of Nick Cuzzimano; and Helen Presnell, one of our speakers, was the guest of Julie Goyette. Visiting Rotarians: None. Attendance: 31 members and 4 guests for a total of 35, by far our best for a long time. Meeting held at Lexington Golf and Country Club.

Announcements and Business:

1. President Derek reported: "The Rockbridge Community Festival (RCF) was a resounding success!! The weather was great; the streets were packed; and the hot dogs were yummy!! This was the first year the festival was organized by two civic clubs, instead of three. Due to the hard work put in by members of the Lexington Rotary Club and the Lexington-Rockbridge Jaycees, we successfully completed what I'm sure will be the best festival yet in terms of fundraising dollars. Thank you to each of you for your time, effort, and selfless dedication to make the RCF a wonderful community event!!"
2. Derek gave a special thank you to Max Ivankov who chaired the RCF Planning Committee this year -- way to go, Max!! He also gave a shout out to Mary Sayre who served as Space Assignments Chair, Joe Pagnam who served as Operations Chair, and Jim Slack who served as Sponsors Chair. Each of you represented Rotary well with your fine work!
3. Our club's Board of Directors will have its next Board meeting following the program on Wednesday, September 9. Board members, please email President Derek updates and/or action items regarding your area of responsibility so that he might share these comments with the Board in advance of the meeting. As a reminder to all club members, the Board meetings are open for anyone to attend. It also counts as a make-up for a missed meeting!
4. PP Jim Slack announced that the 2015 Rockbridge County People's Choice Awards program was underway. He distributed a few ballots but did not have enough to go around. Ballots must be received on or before October 30. You may vote by going to the web site www.lexrockchamber.com. Several members commented that they did not know many of the nominees – maybe we can have some discussion at a future meeting.
5. As part of her European tour, PP Mary Sayre attended the meeting of the Rotary Club of Dorchester, in Ireland. About 16 members were present. She presented them one of our club flags; they don't exchange flags, instead Mary was presented a very nice greeting card signed by Club President, Ian Dominy. Mary said she felt very welcome.
6. Michelle Jones announced the 19th Annual Hospice Hustle 5K Glow Run/Walk on September 19th at the Lexington Golf and Country Club. Families should come, run/walk together to support Rockbridge Area Hospice. Each participant gets cool glow items and a BBQ dinner with each registration. We encourage you to dress up in your best glow outfit...you could win prizes! It's the brightest night time race in town! Registration and more information: www.hospicehustle.org.
7. As our September service project, our club will assist Hospice with the Hustle on September 19th. We will be directors/facilitators to keep participants on course. Our presence will be required from 5:00 to about 9:00 pm. More information will be forthcoming.
8. AG Emily Higgins reminded us that September is Youth Services Month. She called our attention to the Rotaract Club at VMI and its Bolivian Water Project and the Interact Club at RCHS and its Blue Barrel project.
9. Don't forget that you may consult our club constitution and by-laws at any time on our web site whose address is given in the heading above.

Minute for Rotary:

Dick Minnix brought us up to date on the Elizabeth River Tunnel Project. His son, Jeff, is a VP in the Virginia Beach office of Johnson, Mirmiran & Thompson, Inc, where he currently serves as Quality Assurance Manager for the Elizabeth River Tunnels Project in the cities of Norfolk and Portsmouth, Virginia.

The \$1.4 billion project is public and privately funded and due to be completed by April 2018. It encompasses the building of a new tunnel connecting Norfolk and Portsmouth alongside an existing tunnel and refurbishing three existing tunnels. The connecting highways will be expanded to allow for better transit between the tunnels and to handle the increase in traffic volume.

The new tunnel, only the second immersed tube tunnel built in the United States (the first being the Fort McHenry tunnel outside Baltimore), is about 3,700 feet long and will consist of 11 sections, each roughly 340 feet long and weighing in excess of 16,000 tons each. Amazingly the sections of the new tunnel are fitted together by a rubber gasket and must fit together with less than 1/4" tolerance to avoid river water leakage.

The placement and locking in of element 11 was completed on July 13th. Crews continue to work inside the placed tunnel elements, installing the secondary joint seals and then placing concrete to close up those joints completely. Installation of the fire protection boards on the ceiling and walls of the tunnel has begun along with installing conduit and pipe racks, for conduit and cables and piping for all of the various fire and life safety and traffic control systems. By his son's estimate, they are at least 6 months ahead of schedule, and he would expect the new tunnel to open to traffic by June/July of next year.

As an aside to this report, Dick was proud to announce that Jeff has been hired as COO of the Elizabeth River Crossings Operation Co., LLC. As COO he will be responsible for operations and maintenance of all organizational assets, including the new and existing Midtown Tunnel (US Route 58); the Eastbound and Westbound Downtown Tunnels (I-264); the MLK Freeway and all associated and incidental facilities, which includes 24/7/365 operation of the Operations Control Center, Safety Service Patrols and Vehicle Inspection Stations. He assumes his new position on Tuesday, September 8th. Jeff is a 1979 Civil Engineering graduate of VMI.

Program:

RoD Julie Goyette introduced Helen Presnell, Head of Extension Services for the Rockbridge Regional Library System. Julie, herself Library Director, and Helen then described operation of the new Bookmobile.

The Bookmobile serves the counties of Rockbridge and Bath, is open to the public, and serves patrons of all ages. The new model is a converted school bus that is an updated version of the former; it was converted in NC and is handicapped accessible.

The Bookmobile offers the following services: adult books, DVDs and magazines, children's books and DVDs, young adult books, early literacy kits for check out, puzzles and games for children, public computers, free Wi-Fi, and computer classes.

During the school year, the bookmobile provides children's materials and programming to area schools and preschools. The Bookmobile serves senior centers and patrons of all ages in rural communities. Anyone can use the Bookmobile!

After this introduction, club members toured the Bookmobile which was located in the front parking lot of the LGCC. Members were impressed with the exterior artwork as well as the interior layout and design. An important service to members of the Rockbridge and Bath communities!! Our hanks to Julie and Helen for bringing us this program.

Happy Bucks:

- Michelle Jones was happy she "had a blast" at the RCF and praised Max and Mary for their organization and Julia Van de Water for "making her laugh."

- Julia Van de Water was happy to thank Skip Ravenhorst for bringing her a copy of new publication *The Architecture of Rockbridge County*.
- Kent McMichael was happy to relate his experience with a cub scout selling for charity who wouldn't take no for an answer so he is in possession of an expensive can of peanuts; and was happy with the results of the 150th Anniversary celebration of Kappa Alpha Order with the exception of the flag pole fiasco (but it turned out OK).
- Julie Goyette was happy to commend Max for a great job on the RCF and his wonderful sense of humor.
- Emily Higgins was also happy to commend Max for "a fabulous job that made Rotary proud."
- Mary Sayre was happy to use the occasion to hustle the last 2 RCF shirts (at only \$5 each); and also to commend Max and his fabulous team; she was particularly thankful for all the young Jaycees helping set up so she didn't have to stoop to chalk the spaces at 5:00 am; thankful that the food vendor finally showed up; and we sold over 500 hot dogs in three varieties: regular, crispy, and jerk dogs; and was happy to recognize that new member Robert Sayre and her husband are 6th cousins.
- Jim Slack was happy to acknowledge that this was the best organized RCF in his experience and specifically singled out Max for praise.
- Chip Honsinger was happy to note that we had superior attendance including 3 prospective members; also that we are getting younger in average age with our new members; that we have about 33% women members; wife Mary has graduated from a wheel chair to a walker; and he enjoyed 5 days of camping and canoeing in the Adirondacks.
- Max Ivankov was happy for all the praise that came his way tonight but emphasized it was a team effort.
- Allan Somerville Brown was happy to acknowledge the cooperation of a "very energetic Jaycee" to assist him in setting up tents for vendors so all he did was follow him around.

Birthdays and Anniversaries in September:

Happy Birthday to: Chuck Barger on the 20th; Anne Tucker on the 23rd;, and Mary Ellena Ward on the 27th.

Happy Anniversary to: Sue and Joe Milo on the 8th; Betty and Kent McMichael on the 14th; Charlotte and Sam Sibold on the 16th; and Latha and William Dawson on the 26th.

POT:

Josie McElroy won the raffle but NOT the BIG pot that now totals \$470.00.

Future Programs & Activities:

Sep 09: "Relationship Between Personality and Entrepreneurship" by Bing Jiang of the VMI Business Faculty

Sep 16: Project Horizon by Judy Castelee, RoD Julie Goyette

Sep 19: Hospice Hustle Service Project, RoD Michelle Jones

Sep 23: My YSE Year in Japan by Deva Lillaheart, RoD Scott Risser

Sep 30: Tour of Stonebridge Center in Natural Bridge, RoD Mary Sayre

Nov 14: RF Annual Banquet, Hotel Roanoke

Nov 18: NO MEETING; see entry below.

Nov 19: Chamber After Hours at Visitor's Center; NOTE: Thursday 5:30–7:30 pm

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September 09, 2015

Volume LXX, Number 10

President Derek presided. Guests: Dot Fogo, was the guest of Partner Wally; Joe Willians was the guest of Nick Cuzzimano; and Bing Jiang, our speaker. Visiting Rotarians: David Johnson, 1968 graduate of W&L and a member of the Vero Beach, FL, Rotary Club. Attendance: 30 members and 4 guests for a total of 34. Meeting held at Lexington Golf and Country Club (LGCC).

Announcements and Business:

1. PP Jim Slack announced again that the 2015 Rockbridge County People's Choice Awards program was underway. He had a few paper ballots but pointed out that we could vote online at www.lexrockchamber.com. He also said he would place information online about each nominee since many of them are unknown to our members. Note that ballots must be received on or before October 30.
2. The 19th Annual Hospice Hustle 5K Glow Run/Walk is scheduled for Saturday, September 19th, at the LGCC. Families should come, run/walk together to support Rockbridge Area Hospice. Each participant gets cool glow items and a BBQ dinner with each registration. We encourage you to dress up in your best glow outfit...you could win prizes! It's the brightest night time race in town! Registration and more information: www.hospicehustle.org.
3. As our September service project, our club will assist Hospice with the Hustle on September 19th. We will be monitors to keep participants on course. 15-20 volunteers are needed. Each volunteer will be provided a meal beginning at 7:00 pm. Volunteers are requested to report to the Volunteer Check-In Site located outside the main entrance at the LGCC Clubhouse.

Monitors will populate the course about 30 minutes before the walk/run begins at approximately 7:30 pm. Monitors will walk/ride out on the course in 3 groups, one monitor dropping off at each designated spot as the group moves along the 3 arms of the course. Each monitor will have a flashlight or glow rod and a goody bag. Monitors are welcome to bring a lawn chair that can be folded and carried. It is estimated that the longest distance a monitor will have to walk is about a half mile. There will be a designated "last walker" who will bring up the rear of the pack and release each monitor after all have passed that point. Route monitors, upon release, will simply retrace their steps back to the clubhouse from where the walk/run began.

Sign-up sheets were distributed for members to sign up to assist. Either sign up at next week's meeting or contact Michelle Jones if you haven't volunteered yet.

4. There will be an optional dinner on site following the tour of the Stonebridge Center on September 30th. Please remember to sign up so the caterer will have an accurate count for the meal.
5. Our Board of Directors held their regular monthly meeting immediately following our regular meeting.

Minute for Rotary:

AG Emily Higgins offered the following: In 2005, Razia Jan came up with a dangerous idea: to start a free private school for girls in her native Afghanistan. The Taliban were using extreme violence to keep girls from learning. In 2008, the year she opened the school, terrorists in the country -- armed with bombs, poison gas, guns, grenades, and acid -- killed 149 teachers, students, and employees in Afghan schools.

" I had seen the conditions and how badly the girls were treated. I had to do something. I thought, "There are no schools for girls here. Why not build one?" At that time, I was the president of the Rotary Club of Duxbury (MA), and we decided to hold a fundraiser. We raised \$65,000 in one night. We are giving these girls something that nobody can steal from them--an education."

Program:

In the absence of former member Heather Branstetter, who arranged for this program, President Derek served as RoD.

Dr. Bing Jiang is Assistant Professor in the Department of Economics and Business at VMI. She joined the faculty after receiving her Ph.D. in Economics from Emory University in 2013. She also earned Master's Degrees in Economics from both Emory and the University of Mississippi, as well as a Bachelor's Degree in Finance from South-Central University for Nationalities in China.

Prior to pursuing her education in the United States, Bing was a financial advisor for several investment consulting firms and insurance companies in China. Her teaching and research interests are in Applied Microeconomics, with a primary focus on Behavioral and Experimental Economics. Drawing findings from interdisciplinary research, much of her recent work attempts to incorporate Economics, Psychology, and Neuroscience into the study of decision-making processes and relevant implications for policy and practice.

Dr. Jiang provided your editor with the following abstract; for this study, an entrepreneur is defined as a person who starts and operates a business.

"The entrepreneur has long been perceived as a special person whose qualities and characteristics need to be investigated. Recent qualitative studies and narrative reviews suggest that entrepreneurs are different from non-entrepreneurs, and that typical entrepreneurial characteristics include higher tolerance of risk, stronger motivation to excel, more patience, and greater need for achievement, independence and power.

"Utilizing validated psychological questionnaires, we measured personality traits including self-confidence, self-efficacy, and motivation. We also obtained demographic, attitudinal and behavioral data relevant to entrepreneurship or entrepreneurial process. We found that the traits of motivation, reward-driven, and self-confidence mostly characterize entrepreneurs. A more self-confident individual would be more likely to start and operate his/her own business; the more reward-driven an individual was, the longer his/her business could be in operation. Interestingly, measures of cognition were not correlated with entrepreneurship, suggesting that the personality profile of the individual may play an important role in mediating economically relevant behaviors, such as the willingness to start and operate a business and perseverance. Our findings provide useful implications for individual entrepreneurship training, career counseling, and occupational decision-making."

Wishing to increase the size of her database, Dr. Jiang invited members to go online and complete the survey on which this study is based. A modest stipend is offered to compensate for the time involved.

Approval of Prospective New Members:

Our Board of Directors has approved the following prospects for membership:

Dennis Jarvis. Professor of Business Administration at W&L; also an attorney. Sponsor: Emily Higgins.

Joe Williams. Retired; earlier involved in Research and Development in Networks and Communications; former Professor of Physics at Hollins University. Past President of the Buchanan Rotary Club. Sponsor: Nick Cuzzimano.

Any member who objects to offering membership to either of these gentlemen should submit their objection(s) in writing to Secretary Julie within seven days of receipt of this Bulletin.

Happy Bucks:

- Emily Higgins was sad to report that Carrie Wortham, a graduate of VMI and one of the movers and shakers in the Rotaract Club while there, was struck by a auto and killed while biking recently; Carrie reported to our club on the Bolivian Water Project several years ago; Emily also praised Carrie for her dedication to service of others and for her joy of life which made her “a light to all.”
- Visitor David Johnson (W&L, 1968) was happy to invite all to come to Vero Beach and suggested January–March; his club meets at noon on Thursday; his visit to Lexington has been special: Main Street runs only one way, you can buy a drink over a bar, and both W&L and VMI now have women students.
- Scott Risser was happy to thank everyone who had any part in the resounding success of the RCF; he thanked our speaker for a great program; and he feels this is “a great club to be in.”
- Bill Lowe was happy to be back with a new knee, hobbling and slow, but getting there.
- Joe Milo was happy to call our attention to the Rockbridge Old Time Music Festival in Glen Maury Park in BV this coming weekend; he emphasized it is a participatory event and a “good time” – there will be music and dancing and you don’t have to be good at either, after all, he is going over.
- Scott Risser (again) was happy to note that fellow Rotarian Andy Wolf is running for city council in BV.
- Derek Carter was surprised that Joe Milo did not mention his anniversary yesterday; Joe assured us that he did not forget!
- Dick Minnix was happy to announce that he and his bride, Marian, celebrated 60 years of marriage on August 27th; he also admitted he forgot to do so last week; someone offered they were married at age 5.

POT:

Chip Honsinger won the raffle but NOT the BIG pot that now totals \$499.50.

Future Programs & Activities:

- Sep 16: Project Horizon by Judy Castelee, RoD Julie Goyette**
- Sep 19: Hospice Hustle Service Project, RoD Michelle Jones**
- Sep 23: My YSE Year in Japan by Deva Lillaheart, RoD Scott Risser**
- Sep 30: Tour of Stonebridge Center in Natural Bridge, RoD Mary Sayre**
- Nov 14: RF Annual Banquet, Hotel Roanoke**
- Nov 18: NO MEETING; see entry below.**
- Nov 19: Chamber After Hours at Visitor’s Center; NOTE: Thursday 5:30–7:30 pm**

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September 16, 2015

Volume LXX, Number 11

President Derek presided. Guests: Dot Fogo was the guest of partner Wally, Joe Williams was the guest of Nick Cuzzimano, Lucy Jackson Hughes, a Pastor, was the guest of Lynda Krantz, and Judy Castele, our speaker. Visiting Rotarians: None. Attendance was 25 members and 4 guests for a total of 29. Meeting held at the Lexington Golf and Country Club.

Announcements and Business:

1. Bill Lowe and Julia Van De Water are helping organize the Christmas basket program again this year. Deliveries will be on December 19th, so please save the date and mark your calendars as the program needs all the support we can provide.
2. Dick Minnix's son has had the symptoms of or something similar to a stroke affecting a part of his brain. A Stent has been inserted in an artery to overcome the problem, so please keep Dick and his family in your thoughts and prayers
3. For the Rotary minute Emily talked about International literature month. It started with a large Durham NC Rotary club reading in schools. It has spread so that Reading Rangers now go to elementary schools across the whole nation. All because of the Durham Rotary club taking on the challenge.
4. The 19th Annual Hospice Hustle 5K Glow Run/Walk is scheduled for this Saturday, September 19th, at the LGCC. Families should come, run/walk together to support Rockbridge Area Hospice. Each participant gets cool glow items and a BBQ dinner with each registration. We encourage you to dress up in your best glow outfit...you could win prizes! It's the brightest nighttime race in town! Registration and more information: www.hospicehustle.org.

Confirming the involvement of our club, we will be monitors to keep participants on course. Additional volunteers are welcome. We need to check in with Tony Nix at the volunteer check-in station near the main entrance to the LGCC Clubhouse. Check-in should be completed before 7pm so there is time for a meal that will be provided. The monitors will then populate the course at 7:30pm, about 30 minutes before the walk/run begins. Monitors will walk/ride out on the course in 3 groups, one monitor dropping off at each designated spot as the group moves along the 3 arms of the course. Each monitor will have a flashlight or glow rod and a goody bag. Monitors are welcome to bring a lawn chair that can be folded and carried. It is estimated that the longest distance a monitor will have to walk is about a half mile. There will be a designated "last walker" who will bring up the rear of the pack and release each monitor after all have passed that point. Route monitors, upon release, will simply retrace their steps back to the clubhouse from where the walk/run began.

5. There will be an optional dinner on site following the tour of the Stonebridge Center on September 30th. Please remember to sign up so the caterer will have an accurate count for the meal.
6. New business. Kent gave early warning that in 7 weeks time he will need help to put out and then remove the flags from the cemeteries.

Program:

Julie Goyette introduced Judy Castele. Judy is the Executive Director of Project Horizon, a non-profit human services organization dedicated to reducing domestic, dating and sexual violence in Lexington. Judy has worked in the field of violence against women for over 25 years. She has been recognized for her outstanding work in the field of victim services by a number of Virginia and

International organizations. In 2014, she was named to Governor McAuliffe's task force on Combating Campus Sexual Assault.

What Project Horizon does is to get people together and then through that camaraderie help people serve the community's needs. Project Horizon has been doing that for 27 years to combat domestic violence. Project Horizon has been in Lexington for 13 years now, from a small start has grown from 2 people sitting round the kitchen table. People saw the benefit of what Project Horizon does and stepped up to help. The current shelter in Lexington can handle 16 people at one time. The range of times that victims spend depends on their particular problem and can range from a few days to several months. But the shelter is just one aspect of the support provided. It is not the largest part but is the most visible. Project Horizon actually provides a range of services from counseling for adults and children and work with over 300 people suffering violence in the home, to on-campus help, to preventative education in local colleges and schools. Judy spends a lot of time travelling back and forth to Richmond working with McAuliffe's task force. The current shelter on Randolph Street has been too small and is in the process of being expanded with an additional 3600 square feet of space and when it opens at the beginning of October the shelter will be able to offer many additional facilities and services. You are invited to stop by any time and you will be given a tour of the facility. Judy plans to have an open house to celebrate the opening of the new facility. It will be held on October 20th and you are invited.

Happy Bucks:

- Lynda Krantz took the opportunity to publicize a concert at her house featuring Al Tucker. Anyone can attend on Friday October 18th at 7:30pm. The cost is \$20.
- Scott told us about a film to be shown at the Stonebridge Center. RARA is showing the film "A Place at the Table" this Sunday, September 20th at 3:30 pm. People attending are asked to bring 3 cans of food; also another dollar for the Great Project Horizon program.
- Bill Lowe put in a dollar for the great program and to inform us that Project Horizon provides the names anonymously to the Christmas Basket program to ensure people in need get a basket.
- John Tucker spent a dollar to tell us that he has filed the Rotary income taxes for the year.
- Derek put in a dollar for some reason. Could have been his very casual dress and another for the great Project Horizon program.

POT:

Chip Honsinger won the raffle again this week and he threw a 7 to win the big pot worth over \$500.

Future Programs & Activities:

- Sep 19: Hospice Hustle Service Project, RoD Michelle Jones**
- Sep 23: My YSE Year in Japan by Deva Lillaheart, RoD Scott Risser**
- Sep 30: Tour of Stonebridge Center in Natural Bridge, RoD Mary Sayre**
- Oct 14: AHALA/CODENI Newsletter by Diane Strickland, RoD Mary Honsinger**
- Oct 17; Roadside cleanup**
- Oct 19: Joint meeting with the District Governor – Time and location forthcoming**
- Oct 21: NO MEETING; see entry above**
- Nov 14: RF Annual Banquet, Hotel Roanoke**
- Nov 18: NO MEETING; see entry below.**
- Nov 19: Chamber After Hours at Visitor's Center; NOTE: Thursday 5:30–7:30 pm**

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President Derek presided. Guests: Joe Williams was the guest of Nick Cuzzimano; and our speaker Deva and her mother, Trish Lillaheart, were guests of our club. Visiting Rotarians: None. Attendance was 26 members and 3 guests for a total of 29. Meeting held at the Lexington Golf and Country Club (LGCC).

Announcements and Business:

1. According to President Derek, last Saturday's Hospice Hustle 5K Glow Run/Walk at LGCC was a great success. Thanks to those members who came out to help monitor the course. A more complete report is expected from Michelle Jones at a later meeting.
2. President Derek announced that brochures from Project Horizon were available on each table.
3. Note that **WE DON'T MEET AT LGCC NEXT WEEK but gather at the old Natural Bridge High School, now known as the Stonebridge Center** for a tour led by our own PP Mary Sayre. After the tour, an optional dinner will be served on site by Effie Wallace. If you haven't signed up for dinner, please contact Mary or President Derek ASAP so the caterer may have an accurate count.
4. Denny Jarvis and Joe Williams will be inducted as new members of our Club at next week's meeting.
5. President Derek announced that DG Alex Wilkins will meet with clubs from Area 6 (Buchanan, Buena Vista, Covington-Hot Springs, Lexington, and Lexington Sunrise) on October 19th at Dabney S, Lancaster Community College in Low Moor, VA. More information later as it becomes available.
6. **Can't Buy Me Love:** "Kristine Howell admits there was wine involved the night she decided to hold her wedding at the annual Spring Zing fund-raiser for the Rotary Club of Mt. Clemens, MI. So she must have meant it when she threw up her hands in frustration during a meeting to pick the fund-raiser's theme and said, 'You guys could always throw me a wedding!' Brian, the groom and a past-president of the Rotary Club of Richmond, MI, wasn't there the night he was cast in 'Our Big Fat Rotary Wedding.' But he thought it was a great idea because 'we could help a lot of people that way.' The event raised just under \$50K for charity." See article on page 11 of the October issue of *the Rotarian* magazine.
7. Ian H. S. Riseley of the Rotary Club of Sandringham, Australia, is the selection of the Nominating Committee for President of RI in 2017-18. He will become the president-nominee on October 1st if no other candidates challenge him. See his comments on page 63 of the October issue of *the Rotarian* magazine.
8. Chip Honsnger won the \$520.50 BIG pot last week and donated \$100 to project Horizon and the remainder to the Rockbridge Symphony Orchestra.

Minute for Rotary:

Our own Bill Lowe reported that Partner Nancy's high school classmate sent her a note that the wild polio virus has been declared "officially eradicated." **On October 24th, Rotarians around the globe will observe World Polio Day, established by RI over a decade ago. The timing in late October honors the birthday of Dr. Jonas Salk, who led the first team to develop a polio vaccine.** For more about Rotary's efforts, go to www.endpolio.otg.

Program:

Ms. Deva Lillaheart recently returned from spending a school year in Japan. Our club sponsored her under Rotary's Youth Study Exchange program.

Deva was born in Rockbridge County. She's the daughter of Joe Reinhardt, the Rockbridge Habitat for Humanity construction supervisor, and Trish Lillaheart, a geometry teacher at the Rockbridge County High School and a former colleague of Emily Higgins and Julia Van de Water. Deva has three siblings: an older sister Sage, a sophomore at Smith College; a younger brother Jasper and a younger sister Thea, both middle school students in the Rockbridge County school system.

Deva is a senior at the Rockbridge County High School. Her favorite subjects are earth science and art. She enjoys nature, hiking, animals and learning personality type theories.

Deva showed a power point presentation with many photographs. She broke down her remarks into five categories: first weeks; first experiences at school; first couple of months; difficult things; and living with host families. Her first weeks were spent trying to adapt to a dramatically different culture, including the food.

She attended a large high school populated with the best students in the area. Her classes were somewhat more advanced than her local experience. And all the classes were taught in Japanese. She had studied the language with a tutor for a year before departing and continued language lessons twice a week during the year. But she still did not comprehend the spoken word well.

Deva's greatest difficulty was examining her own beliefs that were challenged by the new culture, made more difficult because of the absence of any support system such as family, church, and/or community. She actually became a little emotional while speaking about these issues.

She lived with three host families during the year: the Nakamuras, the Uedas, and the Nakamuras (same name as first but different family). Each of the family mothers allowed/encouraged her to help with meal preparation. All families had young children but apparently none were of Deva's age.

When asked, Deva declined to say that she had a 'great' year, but she said she would 'do it over again if given the chance.'

Thanks for an interesting program by an outstanding young lady.

Happy Bucks:

- Ed Jeffries was happy to commend our speaker for 'an excellent job' and said he takes his hat off to anyone who 'spends more than two weeks where they don't speak English and have foreign food.'
- Scott Risser was happy to congratulate Deva for being a wonderful ambassador for our country to the people of Japan – she did something most of the rest of us would never have done at her age; and he was delighted that Dick's son was doing better after his strokes but noted that the son's symptoms - unable to speak and/or write coherently - were all symptoms he exhibited earlier in Dick's Rat physics class (at VMI).
- Skip Ravenhorst was happy to mention that Dick's comment that his son's groin was sore from the incision was ripe for a comment but he wasn't about to touch it.
- Dick Minnix was happy to report on his son's progress: MRIs showed his son, Todd, suffered two slight strokes the week of September 6-12; a stent was placed in an artery with 70% blockage in his brain; his only complaint is a sore groin where the incision was made to insert the tubes in an artery that went into his brain; Todd went home the next day and has had no problems since except trying to break a 30-year smoking habit; he had none of the usual stroke symptoms, only an inability to speak and/or write coherently at times; he is off work this week (Section Chief for Fairfax DOT) but plans to return on Monday and work about 6 hours per day; his only caution is not to do any heavy lifting; and, oh yes, the surgeon said he could have a beer the night he went home, but only one. A miracle of modern medicine.

- Derek Carter was happy to commend our speaker for having the courage to stand up in front of our members and report on her year abroad.

Linda Does It Again:

After nearly 40 years of marriage, Charlie and his wife were lying in bed. Suddenly the wife felt Charlie begin to massage her in ways he hadn't done in quite some time.

It almost tickled as his fingers started at her neck, and then began moving down past the small of her back. He then caressed her shoulders and neck, slowly worked his hand down, stopping just over her stomach. He then proceeded to place his hand on her left inner arm, working down her side, passing gently over her buttock and down her leg to her calf. Then, he proceeded up her thigh, stopping just at the uppermost portion of her leg. He continued in the same manner on her right sidethen suddenly stopped, rolled over and became silent. As she had become quite aroused by this caressing, she asked in a loving voice, "Honey, that was wonderfulWhy did you stop?"

To which he responded, "I found the remote!"

POT:

Chuck Barger won the raffle and threw a 5 to win the big (?) pot of \$22.00 and donated it to our club.

Future Programs & Activities:

- Sep 30: Tour of Stonebridge Center in Natural Bridge, RoD Mary Sayre
- Oct 07: Club Assembly, RoD Derek Carter
- Oct 14: AHALA/CODENI Newsletter by Diane Strickland, RoD Mary Honsinger
- Oct 17; Roadside cleanup
- Oct 19: Area 6 Joint Meeting with DG Alex Wilkins at DSLCC in Low Moor
- Oct 21: NO MEETING; see entry above
- Oct 28: Logistics of the Christmas Basket Program, RoD Bill Lowe
- Nov 04: "Rockbridge Area Hospice: We Honor Veterans Program"; RoD Michelle Jones
- Nov 06: Place Flags on Veteran's Graves for Veteran's Day; start at 3:00 pm; RoD Kent McMichael
- Nov 11: NO MEETING; see service project above and below
- Nov 12: Remove Flags from Veteran's Graves; start at 4:00 pm; RoD Kent McMichael
- Nov 14: RF Annual Banquet, Hotel Roanoke
- Nov 18: NO MEETING; see entry below.
- Nov 19: Chamber After Hours at Visitor's Center; NOTE: Thursday 5:30–7:30 pm
- Nov 25: NO MEETING; Thanksgiving Eve

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1062

93rd YEAR OF "SERVICE ABOVE SELF"

Web Site: <http://www.lexingtonvarotary.org>

September 30, 2015

Volume LXX, Number 13

President Derek presided. Guests: Joe Williams was the guest of Nick Cuzzimano; Nancy Lowe was the guest of Partner Bill; Anne Plante was the guest of Partner Jerry; and Mary Ellena Ward was the guest of Jim Slack. Visiting Rotarians: None. Attendance was 22 members and 4 guests for a total of 26. Meeting held at the Stonebridge Center in Natural Bridge Station, VA.

Announcements and Business:

1. Joe Williams will be inducted as a new member of our Club at next week's meeting; Denny Jarvis has asked to hold off his induction until November.
2. DG Alex Wilkins will meet with clubs from Area 6 (Buchanan, Buena Vista, Covington-Hot Springs, Lexington, and Lexington Sunrise) on Monday, October 19, at Dabney S, Lancaster Community College in Low Moor, VA. Make your plans now to attend. More info later.
3. Ian H. S. Riseley of the Rotary Club of Sandringham, Australia, is the selection of the Nominating Committee for President of RI in 2017-18. He will become the president-nominee on October 1st if no other candidates challenge him. See his comments on page 63 of the October issue of *the Rotarian* magazine.

Program:

For our off-site meeting, our own PP Mary Sayre graciously hosted our club at the Stonebridge Center. Sayre Enterprises has purchased and is in the process of renovating the former Natural Bridge High School.

The Stonebridge Center has a banquet room, auditorium, and many meeting rooms on the first floor which are available for rental. Activities hosted in the past include weddings, reunions, political meetings, indoor concerts, and baby showers. The second floor is devoted exclusively to company offices for the time being. Another building, built only two years before the high school closed, houses a modern gymnasium that hosts roller skating on Friday and Saturday nights during cooler weather. Mary hopes to host more outdoor events such as weddings and concerts on the 18-acre tract. And the magnificent view of the mountains is a real attraction.

Our group was split and Mary and our own Joe Pagnam (IT Director for Sayre Enterprises) led us on a delightful tour of the facility. We concluded in husband Scott's "Man Cave." All agreed that they have done an amazing job of renovating and upgrading the facility.

Many local folks are probably unaware of what is available here, so tell your friends and neighbors to consider the Stonebridge Center when making their social arrangements in the future.

Most of our members remained after the tour for a wonderful buffet dinner catered by Effie Wallace. She served her usual delicious fried chicken, mac and cheese, mixed veggies, fresh spinach salad, homemade rolls and strawberry shortcake, tea, and lemonade. We all left weighing considerably more than when we arrived.

The evolution in teaching math since the 1950's:

1. Teaching Math in 1950s: A logger sells a truckload of lumber for \$100. His cost of production is $\frac{4}{5}$ of the price. What is his profit?
2. Teaching Math in 1960s: A logger sells a truckload of lumber for \$100. His cost of production is $\frac{4}{5}$ of the price, or \$80. What is his profit?
3. Teaching Math in 1970s: A logger sells a truckload of lumber for \$100. His cost of production is \$80. Did he make a profit?

4. Teaching Math in 1980s; A logger sells a truckload of lumber for \$100. His cost of production is \$80 and his profit is \$20. Your assignment: Underline the number 20.
5. Teaching Math in 1990s: A logger cuts down a beautiful forest because he is selfish and inconsiderate and cares nothing for the habitat of animals or the preservation of our woodlands. He does this so he can make a profit of \$20. What do you think of this way of making a living? Topic for class participation after answering the question: How did the birds and squirrels feel as the logger cut down their homes? (There are no wrong answers, and if you feel like crying, it's ok.)
6. Teaching Math in 2000s: If you have special needs or just feel you need assistance because of race, color, religion, sex, age, childhood memories, criminal background, then don't answer and the correct answer will be provided for you. There are no wrong answers.
7. Teaching Math in 2020s: Un hachero vende una carrtada de maderapara 100 pesos. El costo de la producciones es 80 pesos. Cuanto dinero ha hecho?

Source unknown.

The Senility Prayer :

Grant me the senility to forget the people
I never liked anyway,
the good fortune to run into the ones I do, and
the eyesight to tell the difference.

Happy Bucks and POT:

No Happy Bucks or raffle this week because meeting was held off-site.

Future Programs & Activities:

- Oct 07: Club Assembly, RoD Derek Carter**
- Oct 14: AHALA/CODENI Newsletter by Diane Strickland, RoD Mary Honsinger**
- Oct 17; Roadside cleanup**
- Oct 19: Area 6 Joint Meeting with DG Alex Wilkins at DSLCC in Low Moor**
- Oct 21: NO MEETING; see entry above**
- Oct 28: Logistics of the Christmas Basket Program, RoD Bill Lowe**
- Nov 04: "Rockbridge Area Hospice: We Honor Veterans Program"; RoD Michelle Jones**
- Nov 06: Place Flags on Veteran's Graves for Veteran's Day; start at 3:00 pm; RoD Kent McMichael**
- Nov 11: NO MEETING; see service project above and below**
- Nov 12: Remove Flags from Veteran's Graves; start at 4:00 pm; RoD Kent McMichael**
- Nov 14: RF Annual Banquet, Hotel Roanoke**
- Nov 18: NO MEETING; see entry below.**
- Nov 19: Chamber After Hours at Visitor's Center; NOTE: Thursday 5:30–7:30 pm**
- Nov 25: NO MEETING; Thanksgiving Eve**

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CHARTERED FEBRUARY 1, 1922

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93rd YEAR OF "SERVICE ABOVE SELF"

Web Site: <http://www.lexingtonvarotary.org>

October 7, 2015

Volume LXX, Number 14

President Derek presided. Guest: Dot Fogo was the guest of Partner Wally. Visiting Rotarians: None. Attendance was 26 members and 1 guest for a total of 27. Meeting held at the Lexington Golf and Country Club.

Announcements and Business:

1. DG Alex Wilkins will meet with clubs from Area 6 (Buchanan, Buena Vista, Covington-Hot Springs, Lexington, and Lexington Sunrise) at 6:00 pm on Monday, October 19, at Dabney S, Lancaster Community College in Low Moor, VA (Low Moor is off I-64 toward Covington). AG Emily has been involved in programming and arranging the menu which she assures us will be yummy. All members are urged to attend. Directions will be transmitted later. It would be a good idea to car pool to the site. Please sign up at our next meeting if you didn't at our last meeting. Notify AG Emily or President Derek of your intention to attend if you will not be present at our next meeting.
2. Our next service project will be **Roadside Clean-Up** on Saturday, October 17. As usual, there will be two teams and they will start work at 9:00 am.
PAG Betty McMichael will lead Team North. They will pick up trash on all 4 ramps at the intersection of Route 11N and I-81 at Timber Ridge.
PN Skip Ravenhorst will lead Team South. They will pick up trash along Route 11S from the intersection of Route 11S and Possum Hollow Road back towards Lexington to a point about 1 mile from the end of the Lexington Bypass.
The event will be rescheduled if it is raining hard enough that you need to activate your windshield wipers. Remember to wear sturdy shoes and bring gloves. Skip reminds us that our club policy is "Finders, Keepers." **Sign-up sheets will be circulated at our next meeting.**
3. Secretary Julie asks that members send her copies of any photos made at the Rockbridge Community Festival.
4. Don't forget to place your pocket change in the CART bucket on each table at our meetings. Remember, CART stands for Coins for Alzheimers Research Trust.
5. President Derek again thanked Michelle Jones and Mary Sayre for their hard work on the very successful Hospice Hustle held on September 19, and Mary Sayre (again) and Joe Pagnam for their hospitality and expertise on our tour of the Stonebridge Center last week.
6. Our Board of Directors will hold its monthly meeting immediately following our regular meeting next week.

Minute for Rotary:

(David DeHart was a very active young member of our club whose classification was banking. He was club president in 1988-89 and then transferred by his employer in 1993. Betty McMichael reminisced about an incident involving Dave.) "One of my colleagues went to see David on business and later mentioned to me that she was greatly impressed by the creed he had behind his desk. Later, when in his office, Betty noticed that he had his Paul Harris Fellowship certificate and a copy of the Four-Way Test posted on the wall behind his desk. That was the first time I realized what Rotary is, she said."

Induction of New Member:

Membership Chair Emily inducted our newest member.

Joe S. Williams. Classification: Scientific Research. Joe and his Partner Lynn make their home in Glasgow as a neighbor of Nick but receive their mail at P. O. Box 1388 in Lexington. He is a retired science educator and researcher with a Ph.D. in Physics (yes, another one of those). Joe was a member of the Buchanan Club from 1981 to 1987 and served as their president. He may be contacted at 540-258-1136(HP) or 540-422-1357(CP). Sponsor: Nick Cuzzimano.

Welcome, Joe and Lynn. We look forward to many years of service and fellowship together.

Program:

President Derek led a Club Assembly. The following briefly summarizes the topics discussed:

Feedback on policy of having a service project and/or business tour in lieu of a dinner meeting each month: No criticism; some members feel it has brought energy to our club and made us more visible in the community. May be responsible for sudden interest in membership. Other clubs wish they had thought of it first – some have asked for info on how we did it. Program chair finding it difficult to maintain schedule with so many upcoming holidays.

Membership: More people are expressing interest, possibly because of our enhanced public image. AG says our club is a “beacon” in the district regarding membership growth.

Wednesday Messages: President praised for practice of sending a message each week to remind members of meeting and program. May be partly responsible for increased attendance recently.

Wounded Warrior: Nick proposed that we contribute to the Wounded Warrior Project in honor of our own Wally Fogo, a marine veteran of three wars. Nick will investigate whether it should be with a local, state, or national portion of the organization.

Fundraiser: Joe Milo proposed holding a women’s “Roller Derby” event as a fund raiser. Publicity is seen as the challenge. Joe will research the activity and report to the Board of Directors.

Rotary Attire: Already have ball caps but question is whether to purchase T-shirts, vests, or aprons to wear during service projects. Mary Sayre will bring a proposal to our Board of Directors.

Birthdays and Anniversaries in October (Some a Little Late – Sorry):

Happy Birthday to: Mary Sayre and George Piegari on the 1st; Joe Milo on the 4th; David Krantz on the 7th; Marian Minnix on the 11th; Derek Carter on the 17th; Donna Pagnam and Joshua Jones on the 20th; Connie Carter on the 27th; and Jim Slack on the 28th.

Happy Anniversary to: Debbie and Paul Barron on the 8th; and Margaret and Robert Sayre on the 27th.

Top Ten Reasons to Attend the Area 6 Meeting With Our DG:

10. Well, you’ll just have to make it up ‘cause it’s a regular meeting for us.
9. You get to eat a fancy meal with Orange Pork Tips and Twice Baked Potatoes and Green Beans!
8. Semper Fidelis—you’ll be Always Faithful to Rotary—Alex is a brother Marine.
7. You can carpool with such interesting people with such interesting conversations.
6. You’ll get to Mingle with a College President. And he has a charming Down East accent.
5. Fall Foliage!
4. Get a Chance to see the Bridge Construction on I-64.
3. You get to support Area 6 and show the District our true commitment to Rotary.
2. There will be cake.
1. Our District Governor is so looking forward to meeting all of you and celebrating all that we’ve done.

(Thanks to AG Emily.)

Happy Bucks:

- Joe Milo was happy to join Mr. Pagnam in welcoming our new member to the “Joe Committee” – he feels what our club needs is a few more Joes, in fact, what the world needs is more Joes.
- Scott Risser was happy to recognize four members: Nick for his attention to recruiting; Mary Sayre for our tour last week but mostly for what she and Scott are doing to benefit the south part of the county; Donna Pagnam, recently appointed the Assistant Director of the VMI Little Theater; and a question for Pastor John: “Why did God see fit to have Noah put two stink bugs on the Ark?”
- Mary Sayre was happy to welcome our third Joe.
- Dick Minnix was happy to report that his oldest son, engineer Jeff (not the one who had a recent stroke), was married in Suffolk last Saturday despite the weather forecasts – in fact, it didn’t rain a drop there on Saturday and the sun even appeared for about an hour at midday.
- Derek Carter was happy on multiple counts: for our new member, Joe; for Skip, his sharp appearance tonight and his putting up with his phone calls; and for hero Betty who agreed to do the Minute tonight at 4:00 pm earlier today.
- Skip Ravenhorst was happy to acknowledge attendance by Dick and Rae and Robert at his Architecture of Rockbridge County presentation at Kendal last week; and recognize another application of Murphy’s Law: he installed a geothermal system during remodeling of his home and purchased a hybrid vehicle recently and, of course, oil prices are now at their lowest in many years.
- Joe Milo was happy to apologize to Skip for driving a 1998 Lincoln Town car and loving these gas prices.
- John Tucker was happy to report that his Partner’s oldest son, who lives in Columbia, SC, moved from a house (now flooded) onto higher ground this year; they are dry although drinking boiled water from their bath tub but do have power; their daughter, husband, and 2 children were evacuated from their home and are living with them.

POT:

Joe Milo won the raffle but not the BIG pot that now totals \$37.00.

Future Programs & Activities:

- Oct 14: AHALA/CODENI Newsletter by Diane Strickland, RoD Mary Honsinger**
- Oct 17: Roadside cleanup**
- Oct 19: Area 6 Joint Meeting with DG Alex Wilkins at DSLCC in Low Moor**
- Oct 21: NO MEETING; see entry above**
- Oct 28: Logistics of the Christmas Basket Program, RoD Bill Lowe**
- Nov 04: “Rockbridge Area Hospice: We Honor Veterans Program”; RoD Michelle Jones**
- Nov 06: Place Flags on Veteran’s Graves for Veteran’s Day; start at 3:00 pm; RoD Kent McMichael**
- Nov 11: NO MEETING; see service project above and below**
- Nov 12: Remove Flags from Veteran’s Graves; start at 4:00 pm; RoD Kent McMichael**
- Nov 14: RF Annual Banquet, Hotel Roanoke**
- Nov 18: NO MEETING; see entry below.**
- Nov 19: Chamber After Hours at Visitor’s Center; NOTE: Thursday 5:30–7:30 pm**
- Nov 25: NO MEETING; Thanksgiving Eve**

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93rd YEAR OF "SERVICE ABOVE SELF"

Web Site: <http://www.lexingtonvarotary.org>

October 14, 2015

Volume LXX, Number 15

President Derek presided. Guest: only our speaker, Diane Strickland. Visiting Rotarians: None. Attendance was 22 members and 1 guest for a total of 23. Meeting held at the Lexington Golf and Country Club.

Announcements and Business:

1. DG Alex Wilkins will meet with clubs from Area 6 (Buchanan, Buena Vista, Covington-Hot Springs, Lexington, and Lexington Sunrise) at 6:00 pm on Monday, October 19, at Dabney S, Lancaster Community College in Low Moor, VA (Low Moor is off I-64 toward Covington). AG Emily has been involved in programming and arranging the menu which she assures us will be yummy. All members are urged to attend. To car-pool to the meeting, meet in the parking lot of LGCC; vehicles will depart at 5:15 pm for the ~25 minute trip to Low Moor.
2. Our next service project will be **Roadside Clean-Up** this Saturday, October 17. As usual, there will be two teams and they will start work at 9:00 am. More help is sorely needed – just show up on Saturday even if you didn't sign up.
PAG Betty McMichael will lead Team North. They will pick up trash on all 4 ramps at the intersection of Route 11N and I-81 at Timber Ridge.
PN Skip Ravenhorst will lead Team South. They will pick up trash along Route 11S from the intersection of Route 11S and Possum Hollow Road back towards Lexington to a point about 1 mile from the end of the Lexington Bypass.
The event will be rescheduled if it is raining hard enough that you need to activate your windshield wipers. Remember to wear sturdy shoes and bring gloves. Skip reminds us that our club policy is "Finders, Keepers."
3. PAG Mary Honsinger pointed out that the WHO certified that Nigeria has not had any cases of the wild polio virus for a year and has been removed from the list of polio endemic countries, leaving only Afghanistan and Pakistan.
4. Secretary Julie asks that members send her copies of any photos made at the Rockbridge Community Festival.
5. Don't forget to place your pocket change in the CART bucket on each table at our meetings. Remember, CART stands for Coins for Alzheimers Research Trust.
6. Our Board of Directors held its monthly meeting immediately following our regular meeting.

Program:

RoD Mary Honsinger introduced Diane Strickland who spoke to us about CODENI/AHALA. Ms. Strickland is a retired chief judge of the 23rd Judicial Circuit in Roanoke. After 15 years on the bench, she joined The McCammon Group in 2002, where she serves as a certified mediator. She chaired the Task Forces to establish the first Drug Court and Youth Court in VA. She has been very active serving on the boards of many non-profits in the Roanoke area. She spoke to us regarding AHALA Children's Rights Foundation, a non-profit organization established to support the work of her middle child, Danielle, to educate the street children of Guadalajara, Mexico.

The objective of street outreach is to contact and develop relationships of confidence with children and families who work on the streets of downtown Guadalajara, to diagnose their needs and accompany them in psychological, social, and pedagogical processes to improve their quality of life.

In recent years, with the help of three grants from The Rotary Foundation, they bought a home to use as a base (Casa CODENI), set up a computer lab, and began a photo workshop. They now have 140+ active participants.

Some of their recent accomplishments: purchase of a van for home visits, field trips, donation pick-ups, etc.; new gym in Casa CODENI; 25 psychological therapy processes were successfully completed; 16 moms graduated from CODENI's empowerment workshops; over 100 children and teens participated in workshops; 90% of their children were in school or in life projects related to formal employment; a full range of students are involved, from college down to elementary school; the numbers increase as the age level decreases. Ms. Strickland showed a video that summarized CODENI's progress over the past 10 years.

Primary goals: 100% of children in school or with life projects related to formal employment; publish CODENI's methodology for project evaluation and the development of impact indicators; and sell artisan products made by participants online to generate income for CODENI. Other cities have contacted CODENI to study their operation to see if it would work similarly for them. Theirs is a real success story and it is being recognized by authorities but without much financial support forthcoming. Their budget last year was about \$240K – they have only 9 employees. Meanwhile, Danielle has written several books on the project, earned a Ph.D. degree, and is teaching part-time at the local University.

In CODENI every dollar counts. They are grateful for all donations, whether for specific projects or for general operating costs to continue helping the families who survive off the streets of Guadalajara

Our club has provided continuing financial support for a number of years. Currently, \$325 will support a student for one year, providing school uniforms and books and gifts on their birthdays and Christmas. That sum reduces to \$250 if the gifts are eliminated.

You may contact them at www.ahala.org or www.codeni.org.mx.

Happy Bucks:

- Chip Honsinger was happy to note the progress of the CODENI program over the years and endorses our club support of it, he thanked our speaker for driving from Roanoke to update us; he is happy with Partner Mary's progress in mending her broken leg – she is able to drive now and walk longer distances; and they have just returned from a 10-day trip to Cuba where they found the people great and the country deserving of our nation's support.
- John Furgerson was happy that, after a complete exam today, his cardiologist said he'd see him again in 6 months.
- Dick Minnix was happy to report that our own Mary Huger is mentioned on page 3 in an article entitled "Two Drops – The World's Greatest Meal" in the October issue of our District Newsletter; she is commended for her role in a polio inoculation day in India several years ago; it is not mentioned that she paid her own way to go with 30 Rotarians from around the world to participate.
- Joe Milo was happy to commend the CODENI program for being well-tailored to local needs.
- Derek Carter was happy to contribute because his photo was in the local paper today.
- Skip Ravenhorst inquired what was the context for the photo and when Dick remarked "slow news day" he was REQUIRED to contribute another dollar.

A Few Lessons on Life:

Regina Brett, 90 years old, wrote 45 lessons life taught her. They appeared in the Plain Dealer in Cleveland, OH. Below are a select few:

- Your job won't take care of you when you are sick. Your friends and family will.
- Pay off your credit cards every month.
- Don't compare your life to others. You have no idea what their journey is all about.
- Take a deep breath. It calms the mind.
- It's never too late to be happy. But it's all up to you and no one else.

- Burn the candles, use the nice sheets, wear the fancy lingerie. Don't save it for a special occasion. Today is special.
- Forgive
- Don't take yourself so seriously. No one else does.
- **God loves you because of who God is, not because of anything you did or didn't do.**
- Don't audit life. Show up and make the most of it now.
- All that truly matters in the end is that you loved.
- If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.
- No matter how you feel, get up, dress up and show up.
- Life isn't tied with a bow, but it's still a gift."

POT:

Derek Carter won the raffle but not the BIG pot that now totals \$56.50.

Future Programs & Activities:

Oct 17; Roadside cleanup

Oct 19: Area 6 Joint Meeting with DG Alex Wilkins at DSLCC in Low Moor

Oct 21: NO MEETING; see entry above

Oct 28: Logistics of the Christmas Basket Program, RoD Bill Lowe

Nov 04: "Rockbridge Area Hospice: We Honor Veterans Program"; RoD Michelle Jones

Nov 06: Place Flags on Veteran's Graves for Veteran's Day; start at 3:00 pm; RoD Kent McMichael

Nov 11: NO MEETING; see service project above and below

Nov 12: Remove Flags from Veteran's Graves; start at 4:00 pm; RoD Kent McMichael

Nov 14: RF Annual Banquet, Hotel Roanoke

Nov 18: NO MEETING; see entry below.

Nov 19: Chamber After Hours at Visitor's Center; NOTE: Thursday 5:30–7:30 pm

Nov 25: NO MEETING; Thanksgiving Eve

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Web Site: <http://www.lexingtonvarotary.org>

October 19, 2015

Volume LXX, Number 16

All clubs in Area 6 (Buchanan, Buena Vista, Covington-Hot Springs, Lexington, and Lexington Sunrise) met with District Governor (DG) Alex Wilkins at Dabney S. Lancaster Community College (DSLCC) in Low Moor, VA, on Monday, October 19.

A very nice buffet meal was served: pork loin in orange sauce, potatoes, spiced apples, tossed salad, homemade rolls, a piece of sheet cake, ice tea and lemonade. Aren't you sorry you missed it?

Representing our club were 19 members, and Nancy Lowe, Partner of Bill. There was a good turnout from all area clubs – total estimated at 60.

Announcements and Business:

1. DG Alex Wilkins met with the Presidents of Area 6 Clubs at 5:00 pm prior to our meeting. Members of both the Lexington and Lexington Sunrise Clubs gathered at LGCC to facilitate car pooling to Low Moor.
2. Captain Skip of **Team South** reports a meager turnout for Roadside Clean-Up on the segment of **Route 11S** last Saturday: Roger Jarrell, Jerry Plante, Scott Risser, and himself. They collected 9 bags of debris and worked 8 person-hours. Captain Mary Sayre (subbing for Betty McMichael) of **Team North** reported even fewer volunteers: Laura Evans, Chip Honsinger, and herself. They collected 11 bags of debris at the **Timber Ridge Interchange between Route 11N and I-81** and had to work from 9:00 am to noon in order to finish the job – that's real dedication.

Area 6 Meeting with District Governor:

John Rainone, President of the Covington-Hot Springs Club, welcomed us and briefly discussed his club's latest project. With the help of a District Grant, they have constructed a playground at the area's facility for victims of domestic violence, housing both male and female victims and their children, if any. John is also President of DSLCC, our host for the evening.

AG Emily Higgins led the assemblage in the Pledge of Allegiance and singing God Bless America and invited DG Alex to do the invocation.

DG Alex lives in Stuart, VA. He received his B. A. In English from The Citadel, graduated from the USMC Command and Staff College, and holds an MBA from Averett University. He retired from the USMC in 2002 after serving 24 years and participating in two armed conflicts. During his Marine Corps career, he commanded a Fighter-Attack Squadron of F/A-18s, was assigned twice to billets at the Pentagon, and was present at that location on 9/11. Alex is currently employed by Federal Express as a commercial pilot. He was accompanied by Partner Janice, Area VP of Clinical Services for Golden Living Retirement Services, Inc., who is also a member and Past-President of the Stuart Club. Incidentally, Janice was Alex's sponsor when he joined Rotary.

DG Alex recognized two PDG in attendance: Robert Sayre of District 7530 in WV, and Woody Sadler from our own District 7570. He also urged our support of the CART Project to fund research in Alzheimers disease. (Treasurer John reported \$77.00 in donations from the group.)

He pointed out that we don't work for him, he works for us. In his opinion, the most important piece of any district is the individual club. In establishing Rotary, Paul Harris focused on networking – he didn't set out to build an international organization.

DG Alex emphasized three points in the remainder of his remarks:

1. We need to **increase the public image of Rotary**. He urged us to wear our Rotary pins, caps, shirts, vests, etc. and offered to pay the first \$10 of the cost for any district member to purchase

a personalized Rotary license plate. He stated that there are no levels of participation in Rotary – we are all on the same level with the president of RI. And have you realized that you were probably asked to join Rotary because of your future capability.

2. **Membership** is the key. Practice your Rotary recruitment speech – don't talk about polio or the RF or our 1.2M members but talk about our home community and what we do to improve it. Our good work at home is what draws new members into our club. You will always remember your sponsor but probably not the president of your club when you joined. Do you remember how you felt on the day you joined your club? Membership is more important than anything in Rotary.
3. **The Rotary Foundation (RF)**. Consider supporting the RF. Three clubs in Area 6 have District Grants. These are available because of what we contributed 3 years ago. Become a Sustainer for a donation of \$100 per year. An increase to only \$10 per month will make more money available to our clubs for District Grants and enable them to do more in their home communities.

The three topics above are basically the strategic plan for both RI and District 7570.

DG Alex concluded his remarks by urging us to voluntarily give of ourselves; i.e., "Be a Gift to the World."

He then presented a patch to the Buena Vista Club for their banner. They tied for the highest percentage attendance at last March's District Conference. This was Alex's first chance to present them with the award,

AG Emily closed the meeting by leading all in repeating the Four-Way Test.

Take a Hard Look at Yourself:

It doesn't hurt to take a hard look at yourself from time to time, and this should help get you started. During a visit to the mental asylum, a visitor asked the Director what the criterion was which defined whether or not a patient should be institutionalized. "Well," said the Director, "we fill up a bath tub, then we offer a teaspoon, a teacup and a bucket to the patient and ask him or her to empty the bathtub." "Oh, I understand," said the visitor.. "A normal person would use the bucket because it's bigger than the spoon or the teacup.

"No." said the Director, "A normal person would pull the plug. Do you want a bed near the window?"

Happy Bucks, Raffle and POT:

None of these held tonight because of meeting off-site.

Future Programs & Activities:

Oct 21: NO MEETING

Oct 28: Logistics of the Christmas Basket Program, RoD Bill Lowe

Nov 04: "Rockbridge Area Hospice: We Honor Veterans Program"; RoD Michelle Jones

Nov 06: Place Flags on Veteran's Graves for Veteran's Day; start at 3:00 pm; RoD Kent McMichael

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Nov 14: RF Annual Banquet, Hotel Roanoke

Nov 18: NO MEETING; see entry below.

Nov 19: Chamber After Hours at Visitor's Center; NOTE: Thursday 5:30–7:30 pm

Nov 25: NO MEETING; Thanksgiving Eve

Dec 09: Club Christmas Party; Site TBD

END



THE LEXINGTON ROTARY CLUB BULLETIN

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President-Elect Skip Ravenhorst presided in the absence of President Derek. Guests: Dot Fogo, Partner of Wally. Visiting Rotarians: None. Attendance: 26 members and 1 guest for a total of 27. Meeting held at the Lexington Golf and Country Club.

Announcements and Business:

1. President Derek sent his thanks to all members who journeyed to DSLCC in Low Moor last week for the Joint Meeting of Area 6 with DG Alex Wilkins. (President Derek is ill with a virus. Best wishes to him for a speedy recovery.)
2. Jim Slack cautioned all that today, Wednesday October 28th, was the last day to cast votes for The People's Choice Awards. A presentation ceremony for winners will be held at the Virginia Horse Center next Wednesday evening beginning at 6:00 pm.
3. Rotary Optional Event: An informal meeting with the Jaycees to hear a final summary of the Rockbridge Community Festival. Where: Blue Ridge Taps located at 11 East Nelson Street. When: 6:00 pm on Thursday, November 5.
4. Jim Slack has completed our Club application to the IRS for 501(c)(3) status for the "Lexington Rotary Club Foundation (LRCF)." Treasurer John Tucker is designated as our "Principal." Our Board will need to appoint a Board for the LRCF when approval is received from the IRS.
5. PDG Woody Sadler reminds us of a Rotary Leadership Institute (RLI) being offered in Harrisonburg on Friday 6 November. "It is a great opportunity for your members to learn more about Rotary. For you and your club it is an opportunity to train the future leadership of your club. Members can register by going to the District website calendar and clicking on the event. DG Alex believes so strongly in RLI that he will pay \$45 to any Rotarian who attends any level to help offset the \$95 tuition. The 6 November RLI Course levels 1, 2 & 3 will be the only courses taught in the northern part of the district this year. Please encourage your members to attend!"

Minute for Rotary:

Dick Minnix read an excerpt from his history of the first 50 years of the Rockbridge Christmas Basket Program (RCBP):

"On December 2, 1949, a group called together by the Lexington Women's and Junior Women's Clubs met to discuss plans for organizing Lexington's first "Santa Claus Truck." The two women's clubs got involved as part of their "Build a Better Community Project" and called upon other organizations in the community to lend a helping hand. The idea was to develop a community-wide, unified program wherein all the food, toys, and clothing would be collected in one place and delivered to the families to be remembered just before Christmas. In this way, each child would be remembered with a toy, a piece of clothing, and some special food as well as see and talk to Santa Claus who would be on every delivery truck.

"Prior to this time, various churches and clubs worked on their own to provide help for needy families at Christmas time, but with little or no coordination. This unified program was appealing for it promised to eliminate duplication of effort and the possibility of omitting some needy families. It also meant that all families would receive their baskets on the same day and not wonder if they were to be included this year or not.

"At the organizational meeting were representatives of the women's clubs, Junior Chamber of Commerce, Kiwanis Club, Lion's Club, Rotary Club, Children's Clinic, several local churches, and radio station WREL. Elected Co-Chairs for the first year of operation were Jim Dunlap, Town Manager, and Bill Stubbs, a local business man and member of our Club. The program was to be supported by contributions of food, both used and new toys, and money. Approximately 150 families were identified later as needing a special remembrance that year.

"That first year, merchandise was collected in baskets placed at various local grocery stores. Contributions of money amounted to between \$450 and \$500. The largest contributions came from the fraternities at W&L, who gave \$255, and the proceeds from the "Blood Bowl," a football game at VMI between the Battalions, which raised \$150. Ralph Daves, manager of The State Theatre, also collected food and toys as admission to a special morning movie."

Program:

Our own Bill Lowe spoke about "The Logistics of the Christmas Basket program." Bill has worked on the program as a Co-Chair since coming to this area about 25 years ago.

In early years the RCBP was a community effort, guided by a small group (5-8 persons) with a strong sense of community. The retirement of several long-time leaders in 1986 left a void that was filled when the Board of Directors of the Lexington Rotary Club voted to become official sponsors of the program. There is still a concerted effort to make it a community project, however, much of the key leadership has been provided by our Rotary Club since 1986.

Baskets include not only food but fruit, cookies, candy, and at least three toys for all children in the age range 2-16. During the 2014 holiday season, over 1800 persons benefitted from the baskets; approximately 950 of these were children.

Financial support for the program is provided through contributions by groups and individuals, but mostly by the latter. About 1200 letters soliciting contributions are mailed annually shortly after Thanksgiving. The program is held in such high regard by local people that this one request brings in more than we need to meet our budget. To maximize our impact, we make use of the Food Pantry, where possible, but we are restricted because we do not provide food for the needy year round. Bids are solicited on major purchases. Because we can purchase at reduced prices, we emphasize contributions rather than donations of food, toys, and the like. Other contributions, such as "Toys for Tots" are gratefully accepted, however.

Currently there are 4 Co-Chairs for the program. Dr. Ab Hammond (former club member) serves as President; Audrey Hawkins is primarily concerned with the finances and recruiting volunteers for the check-out line; John Smith (from Lexington Public Works) works with storage and setting up the assembly line and clean-up; and myself, with responsibility for working with the various areas to ensure deliveries are coordinated and made. Other major committee members are: Debbie Freidman and Ruth Candler for toy purchasing; Ruth Floyd for all computer documentation, Jerry Darrell for food purchasing, and Cynthia Hintz for care of donations and monitoring the mail box.

Incidentally, the RCHS Interact Club was disturbed that some teens were not receiving gifts so they took it upon themselves to raise the money and purchase gifts for those they thought were overlooked.

Many other persons and groups work together to make this program successful; for example, church youth groups stuff envelopes, 11 civic and service clubs, churches, fire departments, rescue squads, and other groups throughout the city and county assist in generating the list of recipients and in delivering the baskets, and middle schools and high schools release selected student groups to assist in packing and delivery. So although the Lexington Rotary Club sponsors the program and provides much of the key leadership, we have attempted to keep it a community effort, just as it began over 65 years ago.

Happy Bucks:

- Betty McMichael was happy to thank those few who helped with Roadside Clean-Up while she and Kent were on vacation; she also reminisced about donating an item of food for the RCBP as a kid in order to attend a Saturday matinee at the State Theater
- Dick Minnix was happy to give some examples of the heart-warming nature of the RCPB: a couple sent a check for the amount they would have spent on gifts for each other, saying they "had enough" and wished to help their less fortunate neighbors; in over 60 years contributions have been short of expenses only once (~\$200 – quite a few years ago, right), and that difference was made up with a raffle by a civic club; and noted that contributions in 2015 will be used to purchase supplies in 2016 because purchases must be made well before contributions begin to come in.
- MJ Jones was happy to thank members who helped stage the recent Hospice Hustle which proved very successful, she was "overjoyed" by our participation; and she encouraged family participation in the RCBP – she has been taking her 7-year-old child to help pack baskets for 4 years and he "gets it."
- Nick Cuzzimano told a joke, supposedly on Dick Minnix, in place of Linda: A "friend" told Dick he was going to arrange some super sex for him on his birthday. Accordingly, a voluptuous blonde soon arrived at Dick's door, knocked, and when he opened the door, said, "I'm here to give you super sex." Dick responded, "I'll take the soup." (Maybe we should get prior approval for jokes told at meetings? But who would approve?)

Birthdays and Anniversaries in November:

Happy Birthday to: Betty McMichael on the 2nd; Jacki Berkshire on the 6th; Mary Honsinger on the 15th; Allan Somerville Brown on the 22nd; Barbara Risser on the 25th; Nancy Cuzzimano on the 26th; and Maryann Fleming on the 27th.

There are no anniversaries in this month. Here is clear evidence that our ancestors were active in the month of March (think about it) but their offspring are not very active in November.

POT:

Josie McElroy won the raffle but not the BIG pot.

Future Programs & Activities:

- Nov 04:** "Rockbridge Area Hospice: We Honor Veterans Program"; RoD Michelle Jones
- Nov 05:** Meet with Jaycees for Final Results of RCF; 6:00 pm at Blue Ridge Taps
- Nov 06:** Place Flags on Veteran's Graves for Veteran's Day; start at 3:00 pm; RoD Kent McMichael
- Nov 11:** A Visit to Cuba by Mary and Chip Honsinger
- Nov 12:** Remove Flags from Veteran's Graves; start at 4:00 pm; RoD Kent McMichael
- Nov 14:** RF Annual Banquet, Hotel Roanoke
- Nov 18:** NO MEETING; see entry below.
- Nov 19:** Chamber After Hours at Visitor's Center; NOTE: Thursday 5:30–7:30 pm
- Nov 25:** NO MEETING; Thanksgiving Eve
- Dec 02:** The Rotary Foundation by Marc Hudson
- Dec 09:** Club Christmas Party; Site TBD
- Dec 16:** NO MEETING; See December 19 Below
- Dec 17:** Christmas Party – Natural Bridge Manor: 6:00 PM
- Dec 19:** Pack Christmas Baskets and Deliver
- Dec 23:** NO MEETING – HOLIDAY
- Dec 30:** NO MEETING – HOLIDAY

END