

Director: Frances Harrelson



Early Learning Programs

APLC DAY SCHOOL NEWS

May 2022

Calendar Dates:

May 11—Parent Appreciation Brunch

May 16 & 17—Last days of chapel

May 18 & 19 —Pizza lunch provided to children

May 19 —Last day of school

June 19-30—First Summer Camp

July 10-21—Second Summer Camp

July 27—Parent letters mailed



Wall of Memories

You may have noticed our “Wall of Memories” in the lobby outside the Day School office. The children decorate a tile with special markers and then they are baked in the oven. Through the rest of the month, we will be hanging the completed tiles produced by the children on the wall in the lobby of the Day School. Especially for those departing 4 & 5 year olds—what a great memory it will be for them when they come back to visit! The cost is only \$10.00. Contact the office if you are interested.



To all the wonderful parents who have volunteered their time and talents this year at Abiding Presence—we, the staff at APLC would like to do something for you! On Thursday May 11th, we will host a brunch for you from 9:00 to 11:00 a.m. The teachers will be cooking!! We hope you will take some time to enjoy a tasty brunch as our way of saying thank you for all that you do! Every parent has done something to contribute— from being Secret Reader, helping with the Silent Auction, Trail Riders breakfast, Fiesta, or just arriving everyday with a smile of support! Come and let us show you **OUR** appreciation!

Pizza Lunch



A pizza lunch will be provided to your child on their last day of school either — Thursday or Friday, May 18 or 19th! (PreK-2 will have pizza both days). You will be asked by each class to send in fruit to have in addition to the pizza. If your child does not eat pizza—please send a lunch with them. You will need to send their snack and water bottle as usual.



Community Events, Parenting Tips and Resources

Use Thinking Words, Not Fighting Words

—Love and Logic tip

Parents often call us just after they have had an intense argument with their child. They are usually very upset and feel guilty about getting angry and shouting, but don't know how to turn things around with their kids.

These arguments follow a similar pattern. The child has done something inappropriate or not done something that should have been done, such as a chore. This causes frustration for the parent and their frustration bursts out in commands delivered in an angry tone of voice. This triggers a defensive response from the child, and the argument escalates into a power struggle between the adult and the child.

Love and Logic parents understand that the key to avoiding this pattern is to avoid commands, lectures, threats, and an angry tone of voice. Instead, they try to neutralize the arguing by using thinking words delivered with genuine empathy. What are thinking words? Here are some examples of situations with fighting words and their corresponding thinking words.

A child has said something unkind and in an inappropriate tone of voice to the parent:

Fighting Words: "Don't talk to me in that tone of voice!"

Thinking Words: "You sound upset. I'll be glad to listen when your voice is as calm and respectful as mine."

A child didn't do a chore on time:

Fighting Words: "I want that car washed now!"

Thinking Words: "I'll take you to your soccer practice as soon as the car is washed."

A child is procrastinating about homework:

Fighting Words: "Go do your homework now!"

Thinking Words: "Feel free to go play with your friend when your homework is done."

Two kids are arguing and fighting:

Fighting Words: "Stop that fighting! Be nice to each other!"

Thinking Words: "You guys are welcome to come back as soon as you work that out together."

There are two key elements to effective thinking words. First, they must be based on enforceable limits. If the parent uses unenforceable limits, the child still has control and can refuse to cooperate. With enforceable limits, the adult has the control, which opens the door for the child to learn from the consequences of not cooperating.

The second element is empathy. Without empathy, even the right thinking words can result in an argument. Empathy helps the child remain calm so that thinking about the situation is possible, rather than responding defensively.

Using thinking words with genuine empathy helps parents avoid ending up in another argument that goes nowhere, and allows kids the chance to think and solve their own problems. This is the ultimate goal of Love and Logic, to help kids learn how to make responsible decisions on their own, so that they can grow up into responsible adults who make good decisions throughout their lives.

If you find yourself at your wits end in endless arguments with your kids, listen to my audio, [Nobody Wins a Power Struggle](#). This audio can help you avoid resentment and rebellion in your relationship with your child, while continuing to provide the limits and discipline young people need.



4th Saturday Nature Walk at Phil Hardberger Park

- **When:** Saturday, May 28, 2022, 9:00 am - 11:30 am
- **Location:** 8400 NW Military Hwy, San Antonio, TX 78231
- **Cost:** Free

Join us to learn from Master Naturalists from the Native Plant Society, as they lead us around the trails in the park identifying and discussing plants and nature that can be found.

This talk is part of our monthly 4th Saturday Nature Walk series provided by our Alamo Area Master Naturalists and the Alamo Group of the Sierra Club.

Website: www.facebook.com

- **Contact Phone:** (210) 492-7472

Contact Email: admin@philhardbergerpark.org



Story Time at Hemisfair

- **When:** Tuesday, May 24, 2022, 10:00 am - 11:00 am
- **Location:** 434 S. Alamo St. San Antonio Texas
- **Cost:** Free

Story Time is back in the park! Hemisfair's free, weekly Story Time takes place outdoors in Yanaguana Garden.* Join us on the Reading Rug in Goliad Plaza (near the gondolas) for our Book of the Week and STEAM-related activity. Convenient, covered parking is available nearby in the Hemisfair Garage, 623 Hemisfair Blvd.

Story Time is made possible by Alamo Kiwanis Club Charities, The RK Group, Texas Cavaliers Charitable Foundation and individual donations to the Hemisfair Conservancy. It's all free to attend and participate!

*During cold or inclement weather, Story Time takes place indoors at the Schultze House, 615 E. Nueva.



APLC Church Activities

Vacation Bible School

June 12 - June 16
9:00 am - 12:00 pm

The Healing Tree - June 12-16th from
9am-noon – there is no cost

- We have 30 spots for the pre-k program for 3/4yr. olds that are potty-trained.
- All children kinder through 5th grade are eligible to register

The theme this summer looks at how we connect with God through our mind, body, and soul. We will have Music, Crafts, Science Simulation Station, Games, Story time, and Snacks everyday.

Registration will open on www.aplc.org this Sunday. If you have a child that you would like to register to participate in VBS or to volunteer please check out the website. Youth 6th grade and older are eligible to be volunteers. Friends are welcome we would love to see your family at VBS!!!



Chapel Notes

I have truly been blessed with my experience of leading Chapel for your children. The joy in each face as they have listened to a Bible story, watched a puppet show, or sang and signed a song will be with me always. Our last puppet shows for this year are May 9 and 10th. Julie and Sandy will share some ways that we can talk to God. Please plan to join us for Chapel on May 16, as we honor and celebrate our PreK5 class. May God bless them and their families as they move forward next year! Mrs. Kleinert



Program Evaluation Results

Many thanks to the parents who took the time to return the Program Evaluations. Your kind comments are very much appreciated. We had 31 out of 32 provide positive feedback about their experience at APLC Day School. Thirty-two out of forty-nine surveys were returned.

Comments:

We love APLC Day School! What an amazing school! Such a caring environment that promotes love and growth! We are so thankful for APLC and only wish we could have been here more than one year! Wish start dates aligned with NEISD, The daily updates are so detailed, and very appreciated! School has a great reputation. Love the program staff and teachers. It is a wonderful program. Wish it was thru K-5th. No feedback on child's progress until we had a meeting with the teacher. Would love to have more opportunities to help in the day to day room. For working parents, it would be great to have a five day program. Finding childcare for one day is extremely difficult. Only wish the hours were longer—until 3:00—but understand the shortened day. Great Newsletter! Best school ever!

Honoring our PreK-4 & PreK-5 classes



Our last chapel days will be Tuesday & Wednesday May 16 & 17 at 9:15 am. We will be honoring our departing 4 & 5 year old's moving on to kindergarten - on Tuesday, May 16th. We will be sending out more information next week. Please mark your calendars for this very important event!



Abiding Presence Lutheran Day School

14700 San Pedro

San Antonio, Texas 78232

(210) 491-9565 FAX (210) 490-7587

Website: Aplcdayschool.org Email: dayschool@aplc.org