



# Dora's Bread Cups

*Dora has created an easy bread cup. Pick your favorite whole wheat bread, without the nuts and seeds. You really need bread without seeds & nuts due to having to pinch the bread and force it into a cup cake pan. A square piece or something close to it would be ideal. When these are baked they can hold a salad, maybe even a fruit salad.*

Note to Gluten-Free persons. You are welcome to try this recipe with Gluten-Free Bread. However, we have not tested it yet with gluten-free bread. Please contact us if you are successful with a particular brand of bread.

## Ingredients

You will need slices of whole wheat bread that is flexible to work with.

Cooking Spray – to lightly spray in the cupcake tray .

An Oven and hot pads.

## Directions

Preheat the oven to 350-375 degrees. After you have sprayed the pan with cooking spray. Then place the bread and form it in the cupcake pan.

You will bake the bread for about 15 minutes, but check it at 10 minutes and again at 15 minutes. Oven temperatures may vary.

Take your bread cups out and allow them to cool for at least 15 minutes.



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