

OCTOBER 2021

Preston Hollow UMC Child Development Center

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast: Yoplait yogurt **4**
Lunch: Pimiento cheese on wheat bread, garden salad w/ranch dressing, pear cups
Snack: Cinnamon rice cakes

11
Closed

Breakfast: Yoplait yogurt **18**
Lunch: No nut butter & jelly sandwich, carrot sticks w/dip, pear cups
Snack: Goldfish crackers

Breakfast: Yoplait yogurt **25**
Lunch: Bean & cheese burritos, guacamole w/tortilla chips, pear cups
Snack: Cinnamon veggie chips

Breakfast: Pumpkin bread **5**
Lunch: Chicken meatball subs, sauteed veggie medley, fruit cocktail
Snack: Apple slices w/caramel dip

Breakfast: Raisin bread w/maple butter **12**
Lunch: Ground chicken sloppy joes, broccoli florets w/ranch dip fruit cocktail
Snack: Nilla Wafers

Breakfast: Pumpkin bread **19**
Lunch: Baked chicken nuggets, beans in tomato sauce, fruit cocktail
Snack: Apple slices w/caramel dip

Breakfast: Raisin bread w/cream cheese **26**
Lunch: Garlic chicken w pasta & veggies, fruit cocktail
Snack: Nilla Wafers

Breakfast: Chobani Greek yogurt **6**
Lunch: Egg salad on wheat rolls, carrot & broccoli sticks w/ranch, peaches
Snack: Yum-Yum organic fruit snacks

Breakfast: Mini pancakes w/ maple syrup **13**
Lunch: Turkey burgers w/ baked sweet potato fries, peaches
Snack: Blakes's rice crispy treats

Breakfast: Chobani Greek yogurt **20**
Lunch: Cauliflower stir fry w/chicken, peaches
Snack: Yum-Yum organic fruit snacks

Breakfast: Mini pancakes w/ maple syrup **27**
Lunch: Turkey w/Swiss cheese roll ups, cucumber & tomato salad, peaches
Snack: Blake's rice crispy treats

Breakfast: Bel Vita bars **7**
Lunch: Chicken soup w/Wheat Thin crackers, mandarin oranges
Snack: Trail Mix

Breakfast: Nutri Grain bars **14**
Lunch: Veggie pizza, spinach salad, mandarin oranges
Snack: Superhero organic whole wheat cookies

Breakfast: Bel Vita bars **21**
Lunch: Autumn Harvest pasta soup w/wheat rolls, mandarin oranges
Snack: Trail Mix

Breakfast: Nutri Grain bars **28**
Lunch: No nut butter w/jelly, veggie chips, mandarin oranges
Snack: Superhero organic whole wheat cookies

Breakfast: Raisin Bran cereal **1**
Lunch: Fish sticks, coleslaw, applesauce
Snack: Annie's Organic fruit snacks

Breakfast: Cheerios's cereal **8**
Lunch: Fish street tacos, broccoli slaw, mild salsa, applesauce
Snack: Fig Newton bars

Breakfast: Raisin Bran cereal **15**
Lunch: Tuna w/pasta in cheese sauce, peas, applesauce
Snack: Goldfish crackers

Breakfast: Cheerios's cereal **22**
Lunch: Fish Sticks w/Southwest salad, applesauce
Snack: Animal crackers

Breakfast: Raisin Bran cereal **29**
Lunch: Baked parmesan fish w/green beans, applesauce
Snack: Classroom Halloween parties

