EAST SIDE BLAZE VOLLEYBALL 2017-2018 EVENTS AND COST

TEAM	# of practices/ week	Strength & Conditioning	POSITION TRAINING	Fiesta Classic	CACTUS	Festival Fiesta	AZ Qualifier	JNQ #1 PNQ Spokane Wash.	JNQ 18s Nashville or Columbus Feb 2.4	SOCAL 18s Reno March 2-4	JNQ #2 SOCAL Las Vegas NV 4/27-	JNQ #3 Reno, NV 4/27-4/29	VEGAS SHOWCASE feb 17-19	DEPOSIT	Monthly Payment	Team Total	Festival or USAV GJN
18N	2	1	1	1			1	1	1	1				\$650	\$770	\$4,500	1
17N	2	1	1	1			1	1			2	1	1	\$650	\$730	\$4,300	1
16N	2	1	1	1			1	1				1	1	\$650	\$730	\$4,300	1
16R	2							-						\$400	\$300	\$1,600	
15N	2	1	1	1		1	1	1				1		\$625	\$635	\$3,800	1
15R	2													\$400	\$300	\$1,600	
14N	2	1	1		1	1	1				1		12	\$500	\$440	\$2,700	1
14R	2										5		6	\$400	\$300	\$1,600	
13N	2	1	1		1	1	1				1			\$500	\$440	\$2,700	1
13R	2	1010				1.20	1.0							\$400	\$300	\$1,600	
12N	2	1	1		1	1	1				~			\$500	\$440	\$2,700	1
12R	2													\$400	\$300	\$1,600	
11R	2													\$400	\$300	\$1,600	

Speed/Agility Training: Blaze has made significant investments in the latest training equipment to provide 45 minute intense training sessions twice per week for 20 weeks (December – April). These training sessions include focus on speed, agility and vertical jump training. This training is included in the fees for the <u>12N, 13N, 14N, 15N, 16N, 17N, and 18N teams</u>. The Blaze training package can be purchased by Blaze players who are not on teams where the training is included for an additional Fee for the season.

Team Fees Also Include: USA Volleyball Team Registration and background checks for coaches, education and training fees, administration and equipment fees, coaches' salaries, AZ Region tournament entry fees, mandatory ref/scorekeeping clinics for all teams, and uniform packages (see below)

Travel: In order to help keep the cost down for our families, parents are responsible for their daughter's transportation and food at the event. For all Tournaments that require flights, hotels are included for all players and coaches.

Position Training: Is every Friday for National Teams will be 90 minute sessions.

Uniform Packages:

Regional teams: 2 Jersey, 1 pair spandex, 2 practice shirts, Long sleeve warm-up shirt, backpack, Kneepads **National teams:** 3 Jerseys, 1 pair spandex, 2 practice shirts, long sleeve warm-up shirt, backpack, knee pads, socks, warm-up jacket, warm-up pants