



Class Schedule

01/20/20

*Sparring Class
(No Trial Students)

Day 3

Friday

Any

	Day 1		Day 2	
	Monday	Tuesday	Wednesday	Thursday
TKD Attire:	Dobok Only	Dobok Only	Any	Any



4:00 PM - 4:30 PM	<u>INTRO CLASS</u>	<i><u>Tiny Tiger</u></i> (Ages 3-6)	<u>INTRO CLASS</u>	<i><u>Tiny Tiger</u></i> (Ages 3-6)
4:30 PM - 5:15 PM	White - Yellow Stripe	ALL BELTS	White - Yellow Stripe	ALL BELTS
5:15 PM - 6:00 PM	Green - Sr. Blue	Red - Black Belt	Green - Sr. Blue	Red - Black Belt
6:00 PM - 6:45 PM	Family Class	<i><u>Tiny Tiger</u></i> (Ages 3-6) 6.00PM-6.30PM	Family Class	<i><u>Tiny Tiger</u></i> (Ages 3-6) 6.00PM-6.30PM

Tiny Tiger (Ages 3-5)

ALL BELTS

(Ages 6-12)

COLOR BELTS

(Age 13+)

& ALL BLACK BELTS

COMPETITION TEAM TRAINING 6.00PM – 7.30PM

6:45 PM - 7:30 PM	(Ages 12+) ALL BELTS	Adult Class 6.30PM-7.15PM	(Ages 12+) ALL BELTS	Adult Class 6.30PM-7.15PM
-------------------	-----------------------------	-------------------------------------	-----------------------------	-------------------------------------

*** You may participate in sparring classes starting White Belt.**

***Sparring is Mandatory during testing starting Green Belt.**

HIGH FIVE TAEKWONDO
8601 Auburn Folsom Rd. Granite Bay, CA 95746
(916)936-1484, www.hi5taekwondo.com