

# LGBT INTERPERSONAL PSYCHOTHERAPY GROUP

From the moment we're born, we attempt to navigate the world around us, looking for how we best fit in. For many, it's a constant battle between who we're expected to be and who we deep down know that we are.

Members struggling with gender identity and same sex attraction bring with them a set of unique experiences that are not encountered and rarely understood by a heterosexual population, however Kaci is a strong exception and is known for how she lovingly embraces clients from all walks of life. Whether it's family of origin issues, relationship concerns, self-acceptance, or struggles with negative religious experiences, this group is designed specifically to explore, navigate and bring healing to wounds that are often re-opened by those we love most.

This group is closed and ongoing, only accepting new members when space permits. An initial consult with the group leader is required to ensure proper group placement. All of our groups are confidential, and since we support members who have not yet made their orientation known to the public, we stress confidentiality in this group more frequently. For a confidential consultation about participation, please email [kaci@catch23performance.com](mailto:kaci@catch23performance.com).



Kaci Allen, MSCMHC

With a Master of Science in Clinical Mental Health Counseling, Kaci brings a wide variety of clinical knowledge and experience to the group setting, including personally studying with Dr. Gerald Corey, Professor Emeritus of Human Services at California State University at Fullerton.

Kaci operates a private practice in Nashville, TN, is an Adjunct Professor at Cumberland University and is an active member of the American Counseling Association (ACA), Association for Specialists in Group Work (ASGW), and the Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC) as well as pursuing becoming a consultant with the Association for Applied Sport Psychology (AASP).

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