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CARE OF THE MOUTH AFTER EXTRACTION

<p>1. DO NOT RINSE MOUTH TODAY. Tomorrow rinse mouth <u>gently</u> every 3-4 hours (especially after meals) using ¼ teaspoons salt per glass of warm water. Continue rinses for 3-4 days.</p>	<p>5. FOOD. A light, soft diet is advisable during the first 24 hours.</p>
<p>2. BLEEDING. Following extractions some bleeding is to be expected. If persistent bleeding occurs, place gauze pads over bleeding area and bite down firmly for ½ hour. Repeat if necessary.</p>	<p>6. BONY EDGES. Small sharp bone fragments may work up through the gums during healing. These are not roots. If annoying, return to this office for their simple removal.</p>
<p>3. SWELLING. If you have some swelling, an ice bag or chopped ice wrapped in a towel should be applied to operated area- ½ hour on and ½ hour off for 4-5 hours.</p>	<p>7. If any unusual symptoms occur, call the office at once.</p>
<p>4. PAIN. For mild to average pain use any non aspirin-type of medication you like, such as Tylenol or Advil.</p>	<p>8. The proper care following oral surgical procedures will hasten recovery and prevent complications.</p>