

# ROLLS-ROYCE HARRIERS

## 800, 400, 200 AND 100 METRE TRACK RACE RESULTS WEDNESDAY 28 AUGUST 2019

### 800m RACE

<u>POS</u>	<u>NAME</u>	<u>TIME</u>
1	JON KINDER	2-43
2	HAZEL LE CORNU	2-48
3	SIMON COOK	2-48
4	DEAN SMITH	2-59
5	KAROLINA KUCHARREK	3-04
6	JULIAN SMITH	3-05
7	NEAL FELLOWS	3-24
8	ELOM ADZAHO	3-34
9	GILLIAN WHITESIDE	4-01
10	DEBBIE WATKINS	4-14

---

### 400m RACE 1

<u>POS</u>	<u>NAME</u>	<u>TIME</u>
1	HAZEL LE CORNU	1-11
2	JON KINDER	1-14
3	SIMON COOK	1-19
4	KAROLINA KUCHARREK	1-23
5	DEAN SMITH	1-24

### 400m RACE 2

<u>POS</u>	<u>NAME</u>	<u>TIME</u>
1	NEAL FELLOWS	1-21
2	JULIAN SMITH	1-22
3	ELOM ADZAHO	1-30
4	DEBBIE WATKINS	1-44
5	GILLIAN WHITESIDE	1-46

---

# ROLLS-ROYCE HARRIERS

## 800, 400, 200 AND 100 METRE TRACK RACE RESULTS WEDNESDAY 28 AUGUST 2019

### 200m RACE 1

<u>POS</u>	<u>NAME</u>	<u>TIME</u>
1	HAZEL LE CORNU	32.5
2	SIMON COOK	33.4
3	JON KINDER	34.8
4	DEAN SMITH	36.4
5	KAROLINA KUCHARREK	39.1

### 200m RACE 2

<u>POS</u>	<u>NAME</u>	<u>TIME</u>
1	NEAL FELLOWS	34.5
2	JULIAN SMITH	38.8
3	ELOM ADZAHO	40.1
4	DEBBIE WATKINS	43.4
5	GILLIAN WHITESIDE	48.2

### 100m RACE 1

<u>POS</u>	<u>NAME</u>	<u>TIME</u>
1	HAZEL LE CORNU	15.6
2	SIMON COOK	16.0
3	DEAN SMITH	16.5
4	JON KINDER	16.9
5	KAROLINA KUCHARREK	18.6

### 100m RACE 2

<u>POS</u>	<u>NAME</u>	<u>TIME</u>
1	NEAL FELLOWS	15.5
2	ELOM ADZAHO	16.4
3	JULIAN SMITH	17.2
4	DEBBIE WATKINS	19.8
5	GILLIAN WHITESIDE	21.4

TIMEKEEPER BILL SOUTHGATE, RECORDERS GILLIAN WHITESIDE, DEAN SMITH  
STARTERS FOR 100 AND 200 METRES NEAL FELLOWS, JON KINDER

REMAINING FIXTURE (5PM AT MOORWAYS)

WEDNESDAY 04 SEPTEMBER 100, 200, 400 AND 800 METRES