

## Living Water Christian Center 21 Day Fast 2018



### DAY 14

Prayer and fasting is about creating space for God, clearing a runway in our lives for God to land. When you want something new and exciting to happen in your life, then you have to create some space. An expectant mom goes to great lengths to create the perfect nursery space for her new little one.

Think about that new thing that you want God to do in your life. Think about that problem that is blocking your path that you need God to remove. As much as God wants to do something amazing in your life, He is a filler, not a forcer.

Too often we spend so much time and energy trying to figure out and anticipate every scenario. We want God to do this; we want God to do that. But all the while God is saying, "Just create a little space for Me, and I'll come in and fill it." By seeking God and by following Him fully, you are creating space for God to move. As you fast and as you pray, you are making room for God to do what only He can do. He is a filler, not a forcer.

Maybe you have tried to participate in this fast but have found yourself stumbling along the way. I want to encourage you to keep going. Don't be discouraged by looking at the times you gave in to hunger or messed up. Be encouraged by this: when we draw near to God, He draws near to us.

Excerpts taken from *Awakening: A New Approach to Faith, Fasting, and Spiritual Freedom* by Stovall Weems (pp. 37-38)

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