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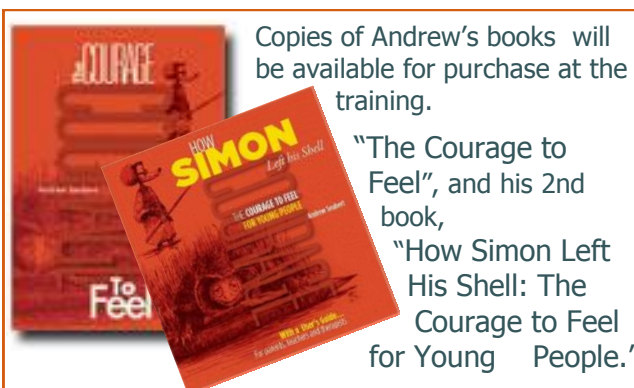
*R. Cassidy Seminars*

I am impressed by Andrew's wealth of knowledge and expertise regarding ego state therapy. His approach will expand your understanding of parts work and add creative interventions to your EMDR 'tool box'.

*Carol Forgash, LCSW, Co-Author: Healing the Heart of Trauma and Dissociation with EMDR and Ego State Therapy*

### Venue details

Rochester Brainery,  
F109, 176 Anderson Ave,  
Rochester, NY 14607



Copies of Andrew's books will be available for purchase at the training.

"The Courage to Feel", and his 2nd book,  
"How Simon Left His Shell: The Courage to Feel for Young People."

### PRESENTER - ANDREW SEUBERT, LMHC, NCC



Andrew is a nationally certified counselor, Licensed mental health counselor and an EMDRIA-approved consultant and trainer with extensive background in an Existential-Gestalt approach to

growth and therapy. Always drawn to forms of therapy that address the entire person—mind, body, emotions, creativity and spirit, Andrew has developed an extremely holistic approach in his work with individuals, couples, families and groups.

Formerly an educator, musician and Peace Corps Volunteer, Andrew has consulted with Corning Inc, small businesses and human service agencies, providing stress management and conflict resolution training, as well as workshops and coaching that facilitate personal growth and performance enhancement.

He has published peer-reviewed articles and book chapters, as well as his first book, "The Courage to Feel", and his recently released book and workbook - "How Simon Left His Shell: The Courage to Feel for Young People."

Andrew is a highly engaging, interactive therapist and retreat/workshop facilitator whose passion about his work is expressed in his use of music, creative imagination, experiential approaches and humor.

In addition to working with a broad spectrum of therapeutic issues, Andrew has a strong interest in healing from trauma and PTSD, particularly through the use of EMDR. This interest also informs his approach in working with eating disorders and helping couples create and renew their relationship. His passion for an integration of psychotherapy and spirituality is a driving force, whether in individual sessions, workshops or intensive Personal Therapeutic Retreats.

## Becoming Known: A Relational Model for Ego State/Parts Therapy in EMDR Practice

Formerly

'Parts'/Ego State Work in EMDR Practice

12 approved CEUs

for EMDRIA and

Professional Organizations

Friday & Saturday  
October 27-28, 2017  
Being held in Rochester, NY

Learn the basic strategies, plus  
advanced work with internal conflicts  
and negative introjects

Open to Clinicians both with  
and without EMDR training

ANDREW SEUBERT

LMHC, NCC

PRESENTER

## TAKE YOUR PSYCHOTHERAPY PRACTICE TO THE NEXT LEVEL

JOIN US FOR THIS GREAT OPPORTUNITY WITH ANDREW.

ClearPath Training Center, is pleased to offer "Becoming Known: A Relational Model for Ego State/Parts Therapy" with Andrew Seubert, LMHC, NCC. This two-day workshop covers the integration of "parts" or ego state practice with a trauma-informed phase model from a highly relational perspective.

The workshop has evolved from Andrew's work as an EMDR consultant and trainer, during which Andrew realized the crucial need for ego state competence when working with trauma and dissociation (this workshop will NOT address extreme forms of dissociation, viz., DDNOS and DID).

### WORKSHOP TOPICS & SCHEDULE.

#### DAY 1:

8:30am	Theories of Dissociation and Ego State Traditions Indicators of Dissociated States Scenarios of indicators
10:00am	Break—15 minutes
10:15am	Four Steps in parts work –RUG-C Conference Room Technique - Video & practice Understanding Parts - Video and Practice
12:00pm	Lunch 1 hour 15 minutes
1:15pm	Creating goals with parts—Practice
2:30pm	Break—15 minutes
2:45pm	Collaboration/Helper Parts Video
3:45pm	Q & A
4:15pm	End of Day One

### LEARNING OBJECTIVES—PARTICIPANTS WILL:

- ◇ name three major approaches to explaining ego state phenomena.
- ◇ use the acronym, RUG-C, to describe the major steps in working with parts.
- ◇ utilize the conference room technique to make contact with parts
- ◇ describe two scenarios that complicate and, potentially, interfere with parts work.
- ◇ describe where and when an ego state approach fits into a trauma-informed phase model.

Limited to 35 participants

#### DAY 2:

8:30am	Review/Q&A Video & Practicum: RUG-C
10:00am	Break—15 minutes
10:15am	Blame Game Live Demo: Becoming Known
12:00pm	Lunch 1 hour 15 minutes
1:15pm	Negative Introjects: introduction scenario practice
2:45pm	Break—15 minutes
3:00pm	Videos—RUG-C to trauma processing
3:45pm	Q&A
4:15pm	End of Day Two

I wanted to thank you for your time and for your sincere enthusiasm in teaching these methods. I also wanted to let you know that I have used the conference room script and the day two practicum script with every single client I've had so far this week. Interestingly, each of them has had a personally profound moment ....and all but one have been tearful/emotional--and these are all people who I've never seen even close to crying before. Not that my goal is to reduce my clients to tears; I just mean to convey that this has helped my clients to access heretofore unacknowledged/unknown parts:) I feel that this newfound connection with self/parts of self will greatly help them to move forward in EMDR therapy. *L.P., South Carolina*

## Registration - 'Becoming Know' Fall, 2017. NY

Name: \_\_\_\_\_

License Title (EG: LPC, Psy.D etc): \_\_\_\_\_

License Number: \_\_\_\_\_

Address: \_\_\_\_\_

Phone (most reachable) \_\_\_\_\_

E-mail: \_\_\_\_\_

Venue details  
Rochester Brainery,  
F109, 176 Anderson Ave,  
Rochester, NY 14607

**Online registration and payment, Links to Details (directions, hotels, etc.) and our Cancellation Policy can be found on our website at [www.clearpathtrainingcenter.com/Events](http://www.clearpathtrainingcenter.com/Events) and you can Register online here...**

Or complete the registration form, with check made out to ClearPath Healing Arts Center and mail to:

ClearPath Healing Arts Center

3835 North Falls Road

Burdett, NY 14818

Contact Andrew at (607) 703 0510 or [Seuberta@mac.com](mailto:Seuberta@mac.com) or

Rosemary at [info@clearpathhealingarts.com](mailto:info@clearpathhealingarts.com)

Go to our website to view Videos  
from Andrew's recent talks at the  
EMDR conference, 2016

### WHAT PARTICIPANTS ARE SAYING:

What a wonderful workshop! ....your videos and role plays were fantastic. .... But I still want to hear everything you have to say too!

*T.F., March 2017, South Carolina*

Andrew is the real deal as a trainer and a masterful clinician! When I signed up for my first training with Andrew (EMDR Basic Skills) I had no idea what a transformative experience it would be. I expected what I had experienced in trainings, ...someone who told all about the 'what' of the selected topic, ...Andrew was the first person who actually taught the 'how', as in how to actually use the technique presented!! Over the days of training I watched a clearly masterful clinician turn a concept into practice, and I was awed.

*Linda J. Nelson, Penn Yan NY, Summer 2014*

In March of this year I had the pleasure of hosting Andrew Seubert, author of The Courage to Feel. His workshop on Parts/Ego State Work in EMDR Practice was wonderful. I have had lots of feedback from the attendees and we all found his workshop exceptionally educational, inspirational, and enjoyable. He is a highly-skilled, sincere clinician who teaches concrete therapeutic skills in a relaxed atmosphere. Oh, and he has a great sense of humor as well. His live demonstrations and videos were particularly helpful to the attendees. *Roxann Hassett. LPC, NCC, Charleston SC. March 2017*

## Workshop Fees:

**\$385** for Private Practitioners

**\$365** for employees of  
Non-Profit Organizations with proof of  
employment.

**EARLY BIRD BONUS \$20 off fees prior  
to September 27th, 2017**

*Full payment due by first day of training*

*NYS Government has recently ruled that we must include the price of CEU's into the course pricing. Therefore the prices for NY state hosted events is higher than events in other states. You will not need to purchase CEU's separately, they are included in the price.*

Amount Enclosed: \$ \_\_\_\_\_

Check ☐ Paid Online ☐ By Arrangement ☐  
Using credit card? Add 3% transaction fee and  
*Register online now...*

♦ To be eligible for the Non-Profit Rate you  
must be employed for 20 hours or more per  
week in a Non-Profit Organization

Name or Organization: \_\_\_\_\_

Address: \_\_\_\_\_

*For further inquiries contact Rosemary at 607  
703 0510 or  
[Info@clearpathhealingarts.com](mailto:Info@clearpathhealingarts.com)*

To view an EMDRIA explanation of EMDR,  
visit the website at [EMDRIA.org](http://EMDRIA.org)