The Wilson Center for Well-Being LLC

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# THE NO SURPRISES ACT

# STANDARD NOTICE AND CONSENT DOCUMENTS

(OMB Control Number: 0938-1401)

# SURPRISE BILLING PROTECTION FORM

# The purpose of this document is to let you know about your protections from unexpected medical bills. It also asks whether you would like to give up those protections and pay more for out-of-network care.

**IMPORTANT: You aren’t required to sign this form and shouldn’t sign it if you didn’t have a choice of health care provider when you received care. You can choose to get care from a provider or facility in your health plan’s network, which may cost you less.**

**If you’d like assistance with this document, ask your provider or a patient advocate. Take a picture and/or keep a copy of this form for your records. This form also appears on this provider’s website.**

You’re getting this notice because this provider or facility isn’t in your health plan’s network, This means the provider or facility doesn’t have an agreement with your plan. You may also receive this notice if you do not have health insurance or you are choosing not to use it for this provider.

**Getting care from this provider or facility could cost you more.**

If your plan covers the item or service you’re getting, federal law protects you from higher bills:

* When you get emergency care from out-of-network providers and facilities, or
* When an out-of-network provider treats you at an in-network hospital or ambulatory surgical center without your knowledge or consent.

Ask your health care provider or patient advocate if you need help knowing if these protections apply to you.

If you sign this form, you may pay more because:

* You are giving up your protections under the law.
* You may owe the full costs billed for items and services received.
* Your health plan might not count any of the amount you pay towards your deductible and out- of-pocket limit. Contact your health plan for more information.

You **shouldn’t** sign this form if you **didn’t** have a choice of providers when receiving care. For example, if a doctor was assigned to you with no opportunity to make a change.

Before deciding whether to sign this form, you can contact your health plan to find an in-network provider or facility. If there isn’t one, your health plan might work out an agreement with this provider or facility, or another one.

# Estimate of what you could pay

**Out-of-network provider(s) or facility name: The Wilson Center for Well-Being LLC**

**Total cost estimate of what you may be asked to pay:** It is your ethical right to determine your goals for treatment and how long you would like to remain in therapy unless you are pursuing mandatory treatment. Please see the breakdown of possible fees on page four.

* **Review your detailed estimate.** See page four for a cost estimate for each item or service.
* **Call your health plan.** Your plan may have better information about how much of these services are reimbursable.
* **Questions about this notice and estimate?** Call Ann Wilson Billian at 678-504-6512
* **Questions about your rights?** Contact: Georgia Secretary of State Professional Licensing Boards Division 404-424-9966.

**Prior authorization or other care management limitations**

Except in an emergency, your health plan may require prior authorization (or other limitations) for certain items and services. This means you may need your plan’s approval that it will cover an item or service before you get them. If prior authorization is required, ask your health plan about what information is necessary to get coverage.

**More information about your rights and protections**

Visit <https://www.cms.gov/files/document/model-disclosure-notice-patient-protections-against-surprise-billing-providers-facilities-health.pdf> for more information about your rights under federal law.

# By signing, I give up my federal consumer protections and agree I might pay more for out-of-network care.

With my signature, I am saying that I agree to get the items or services from (select all that apply):

* + Ann Wilson Billian, Licensed Professional Counselor

With my signature, I acknowledge that I am consenting of my own free will and am not being coerced or pressured. I also understand that:

* I’m giving up some consumer billing protections under Federal law.
* I may get a bill for the full charges for these items and services or have to pay out-of-network cost-sharing under my health plan.
* I was given a written notice on date shown on portal consent explaining that my provider or facility isn’t in my health plan’s network or that I choose not to use my insurance for services, the estimated cost of services, and what I may owe if I agree to be treated by this provider or facility.
* I got the notice either on paper or electronically, consistent with my choice.
* I fully and completely understand that some or all amounts I pay might not count toward my health plan’s deductible or out-of-pocket limit.
* I can end this agreement by notifying the provider or facility in writing before getting services.

**IMPORTANT:** You **don’t** have to sign this form. But if you don’t sign, this provider or facility might not treat you.

The Wilson Center for Well-Being LLC will provide the opportunity to sign this consent form through the portal. Please check your email for a link.

**The Wilson Center for Well-Being, LLC**

**TABLE OF SERVICES AND FEES**

**Effective 1-1-2022**

|  |  |  |
| --- | --- | --- |
| **Service code**  **(CPT Code)** | **Description** | **Fee for Service (Number of Sessions Will Be Determined as We Progress & )** |
| 90791 | Initial Diagnostic Evaluation | 140.00 |
| 90832 | Psychotherapy, 16-37 minutes | 90.00 |
| 90834 | Psychotherapy, 38-52 minutes (Includes EAP and standard United Healthcare sessions.) | 125.00 |
| 90837 | Psychotherapy ≥ 53 minutes (This is my standard session length.) | 140.00 |
| 90839 | Psychotherapy for a Crisis (30-74 minutes) | 200.00 |
| +90840 | Psychotherapy for a Crisis  (add on code for each additional 30 mins) | 100.00 |
| 90846 | Family Psychotherapy without Patient Present, 55 minutes | 140.00 |
| 90847 | Family Psychotherapy with Patient Present, 55 minutes | 140.00 |
| 90853 | Group Psychotherapy | 40.00 (60 min)  60.00(90 min) |
| 98966-98968 | Telephone Assessment & Management beyond 15 minutes | $2.00 per minute |
| 98970-98972 | Online Digital Evaluation & Mgt beyond 15 minutes  (Responding to Email & Text Messages) | $2.00 per minute |
| Session Package | 6 55 minute sessions purchased in advance | $756.00 |
| Late Cancellation/No Show Fee |  | $85.00 |
| Production of Records/Completion of Forms |  | $25-$100 depending on time needed |
| Legal Fees |  | $1200 per day due 7 days prior |

Please note that Place of Service (in office vs. telemental health) is not delineated above since the charges are identical.