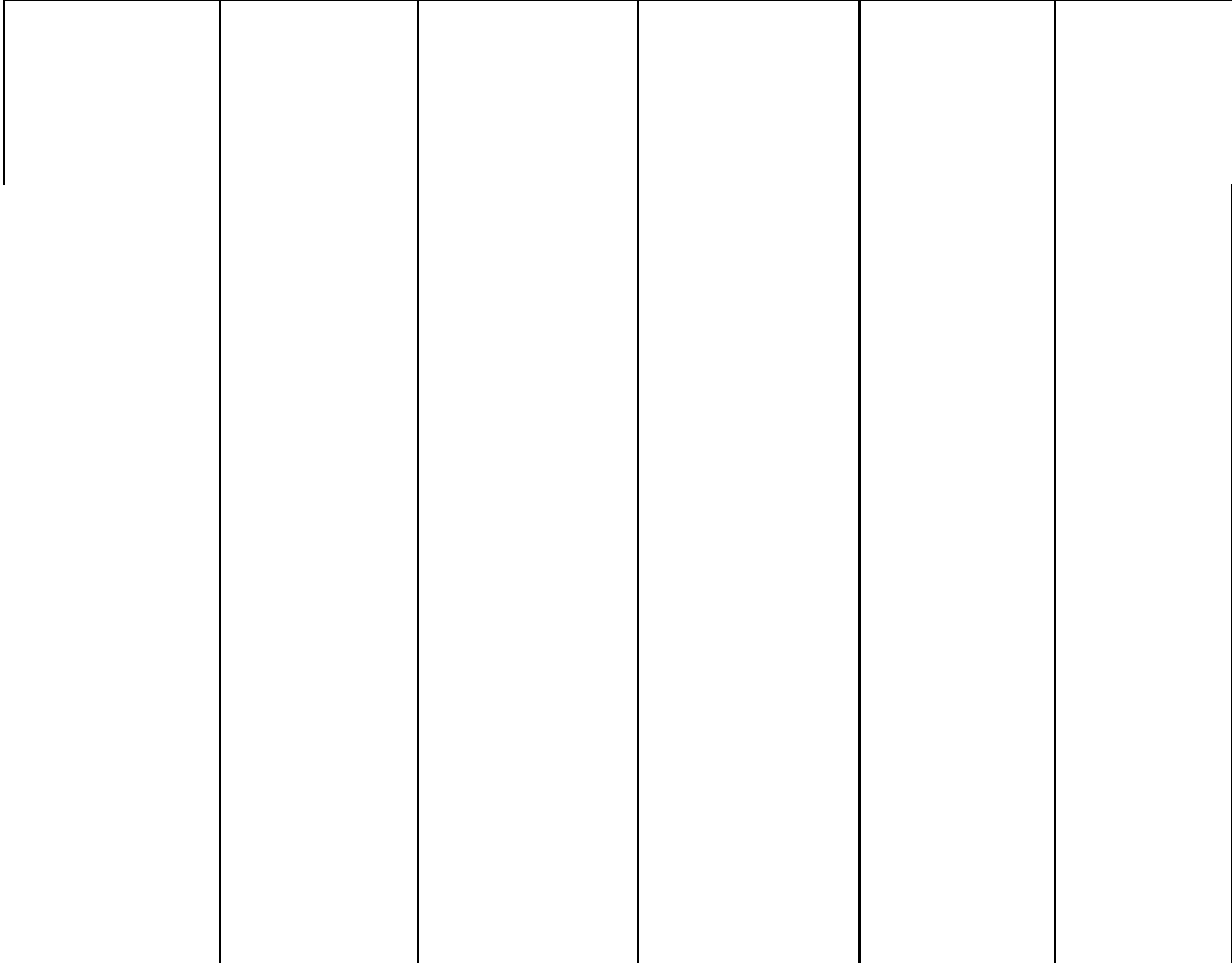
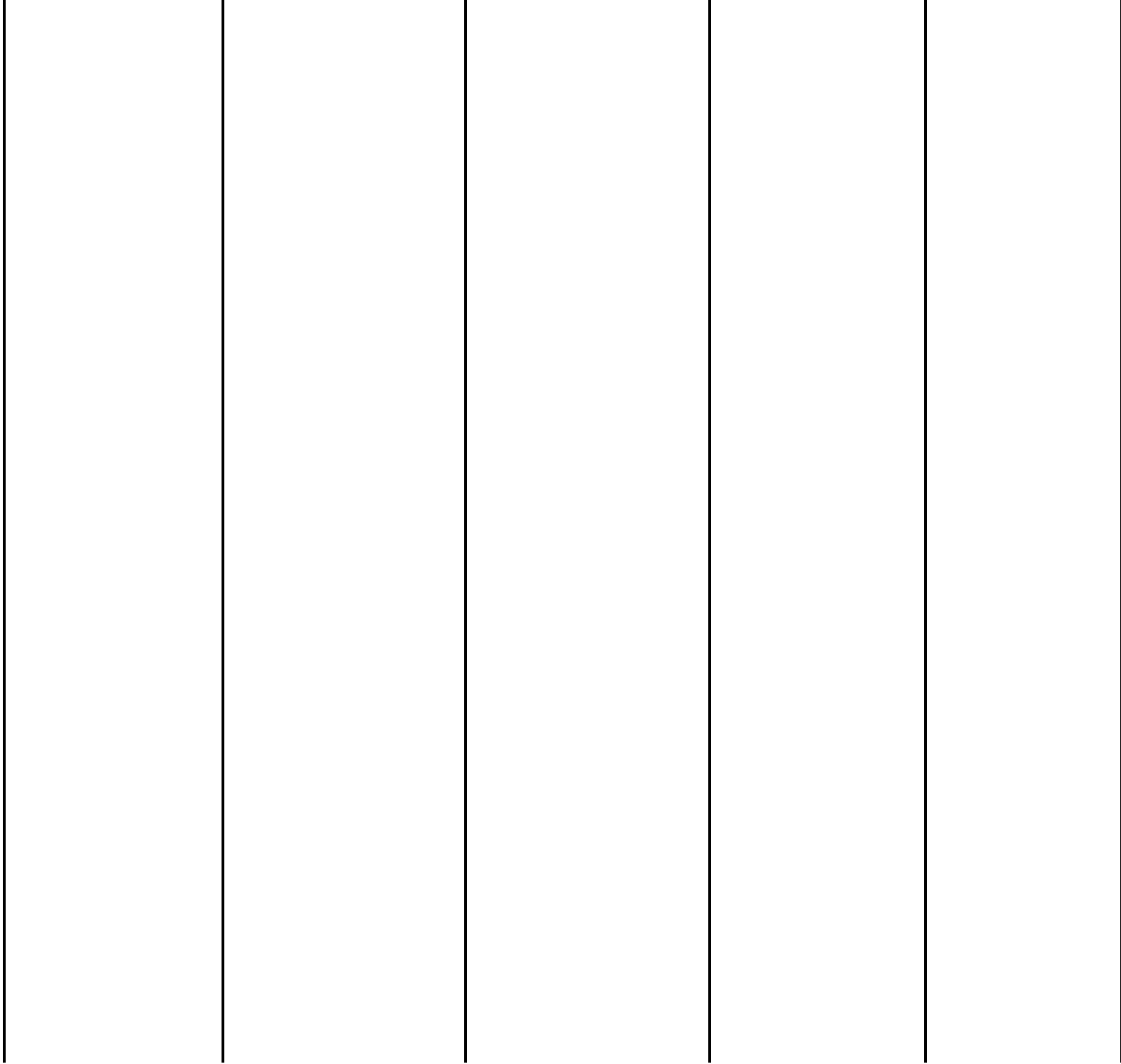
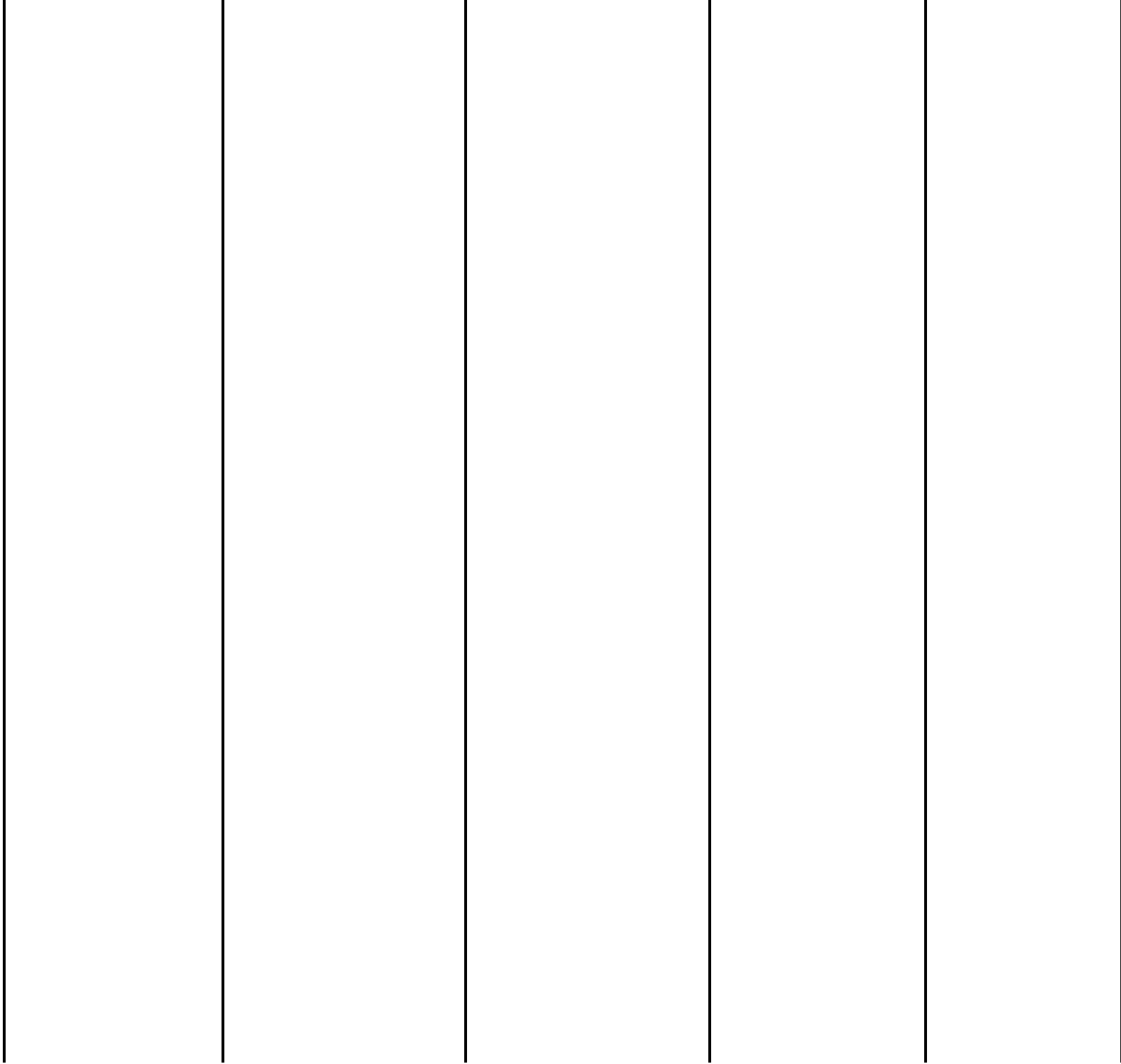
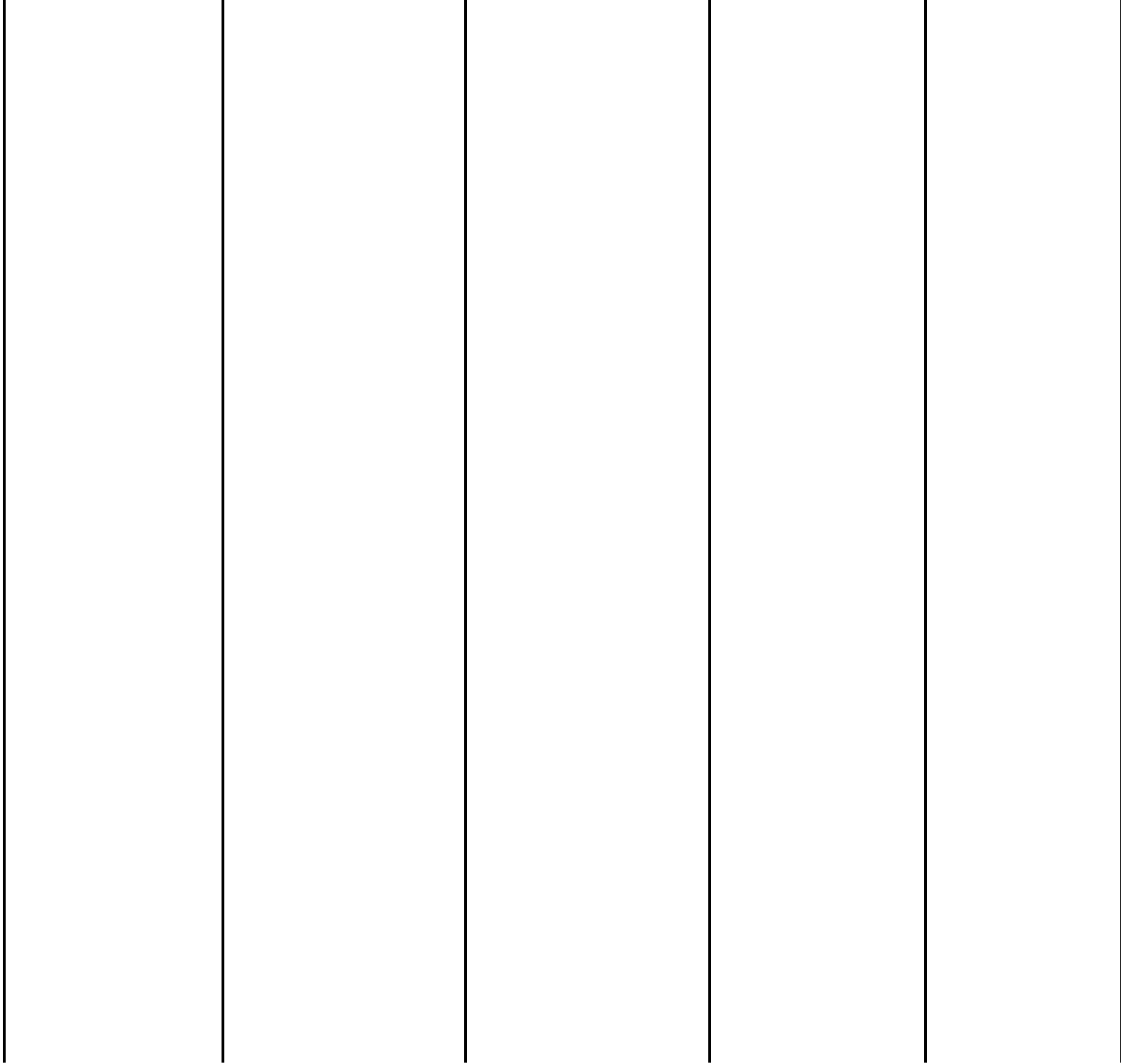


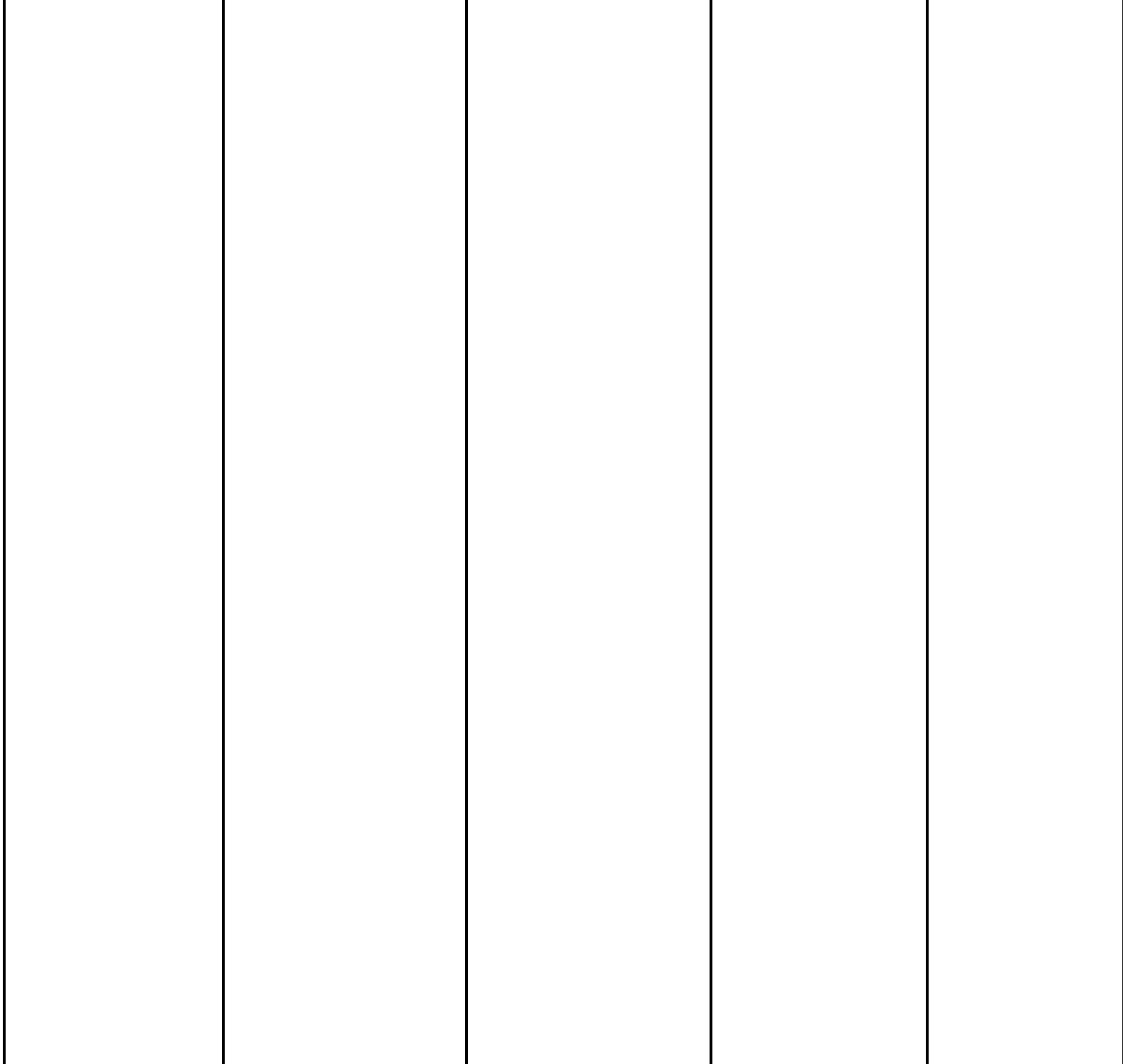
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>March 2018</h1> <p>www.physiquesfitness.com (337) 984-2226</p>		<p>Gym Hours Mon-Thurs: 5am-9pm Friday: 5am-7pm Saturday: 8am-4pm Sunday: 1pm-4pm</p> <p>Nursery Hours: Mon-Sat 8:30am-11:30am Mon-Thurs 4pm-7:30pm</p>	1 8:30AM TABATA YOGA-TH 9:30AM STEP INT-KT 12:15PM RIPPED-CG 4:30PM TABATA YOGA-TH 5:30PM SPIN-MC 5:30PM BOOTY BALLE-TH 6:30PM ZUMBA-BP	2 5:00AM CIRCUIT-BT 8:30AM FUNKIE/TONE-CL 9:30AM BC EXPLOSION-SP	3 8:30am POWER PUMP-BT
5	6	7	8	9	10
5:00AM SPIN-BT 8:30AM PILATES-KD 9:00AM SPIN-T 9:30AM CARDIO/TONE-SP 4:30PM BARBELLS&GLUTES-AD 5:30PM CARDIO & SCULPT-T 5:30PM SPIN-MC 6:30PM FUNKIE FUSION-TC	7:30AM FAT BURNER-C 8:30AM YOGA&STRETCH-TH 9:30AM RIPPED-CG 12:15PM FUNKIE FUSION-AL 4:30PM BOOTYBALLE-TH 5:30PM CARDIOKICK-BG 6:30PM RIPPED-EW	5:00AM POWER PILATES-BT 8:30AM PURPOSE PILATES-CL 9:30AM BOOTYBALLE-TH 12:15PM POUND-ST 4:30PM RIPPED-EW 5:30PM TONING-TC	8:30AM TABATA YOGA-TH 9:30AM STEP INT-KT 12:15PM TONING-AL 4:30PM YOGA&STRETCH-TH 5:30PM SPIN-MC 5:30PM BOOTY BALLE-TH 6:30PM ZUMBA-SS	5:00AM CIRCUIT-BT 8:30AM FUNKIE/TONE-CL 9:30AM BC EXPLOSION-AD	9:30AM BOOTYBALLE-TH
12	13	14	15	16	17
5:00AM RESISTANCE-BT 8:30AM PILATES-KD 9:00AM SPIN-T 9:30AM FUNKIE/TONE-SP 4:30PM GORGEOUS GLUTES-AD 5:30PM CARDIO & SCULPT-MC 5:30PM SPIN-T 6:30PM METABOLIC-TC	7:30AM STEP&TONE-C 8:30AM YOGA&STRETCH-TH 9:30AM RIPPED-CG 12:15PM FUNKIE FUSION-TC 4:30PM BOOTYBALLE-TH 5:30PM CARDIOKICK-BG 6:30PM RIPPED-CG2	5:00AM POWER PILATES-BT 8:30AM PURPOSE PILATES-CL 9:30AM BOOTYBALLE-TH 12:15PM POUND-ST 4:30PM RIPPED-EW 5:30PM FUNKIE FUSION-KG	8:30AM TABATA YOGA-TH 9:30AM STEP INT-KT 12:15PM RIPPED-CG 4:30PM TABATA YOGA-TH 5:30PM SPIN-MC 5:30PM BOOTY BALLE-TH 6:30PM ZUMBA-BP	5:00AM CIRCUIT-BT 8:30AM FUNKIE/TONE-CL 9:30AM BC EXPLOSION-SP	9:30:00 AM Toning-AL
19	20	21	22	23	24
5:00AM SPIN-BT 8:30AM PILATES-KD 9:00AM SPIN-T 9:30AM CARDIO/TONE-SP 4:30PM BARBELLS&GLUTES-AD 5:30PM CARDIO & SCULPT-T 5:30PM SPIN-MC 6:30PM FUNKIE FUSION-TC	7:30AM CARDIO/CIRCUIT-C 8:30AM YOGA&STRETCH-TH 9:30AM RIPPED-CG 12:15PM FUNKIE FUSION-AL 4:30PM BOOTYBALLE-TH 5:30PM CARDIOKICK-BG 6:30PM RIPPED-EW	5:00AM POWER PILATES-BT 8:30AM PURPOSE PILATES-CL 9:30AM BOOTYBALLE-TH 12:15PM POUND-ST 4:30PM RIPPED-EW 5:30PM TONING-TC	8:30AM TABATA YOGA-TH 9:30AM STEP INT-KT 12:15PM TONING-AL 4:30PM YOGA&STRETCH-TH 5:30PM SPIN-MC 5:30PM BOOTY BALLE-TH 6:30PM ZUMBA-BP	5:00AM CIRCUIT-BT 8:30AM FUNKIE/TONE-CL 9:30AM BC EXPLOSION-CG	9:30AM FUNKIE/TONE-TC
26	27	28	29	30	31
5:00AM RESISTANCE-BT 8:30AM PILATES-KD 9:00AM SPIN-T 9:30AM FUNKIE/TONE-CL 4:30PM GORGEOUSGLUTES-AD 5:30PM CARDIO & SCULPT-MC 5:30PM SPIN-T 6:30PM METABOLIC-TC	7:30AM FAT BURNER-C 8:30AM YOGA&STRETCH-TH 9:30AM RIPPED-CG 12:15PM FUNKIE FUSION-TC 4:30PM BOOTYBALLE-TH 5:30PM CARDIOKICK-BG 6:30PM RIPPED-CG2	5:00AM POWER PILATES-BT 8:30AM PURPOSE PILATES-CL 9:30AM BOOTYBALLE-TH 12:15PM POUND-ST 4:30PM RIPPED-EW 5:30PM FUNKIE FUSION-KG	8:30AM TABATA YOGA-TH 9:30AM STEP INT-KT 12:15PM TONING-AL 4:30PM YOGA&STRETCH-TH 5:30PM SPIN-MC 5:30PM BOOTY BALLE-TH 6:30PM ZUMBA-BP	5:00AM CIRCUIT-BT 8:30AM FUNKIE/TONE-CL 9:30AM BC EXPLOSION-SP	9:30 AM

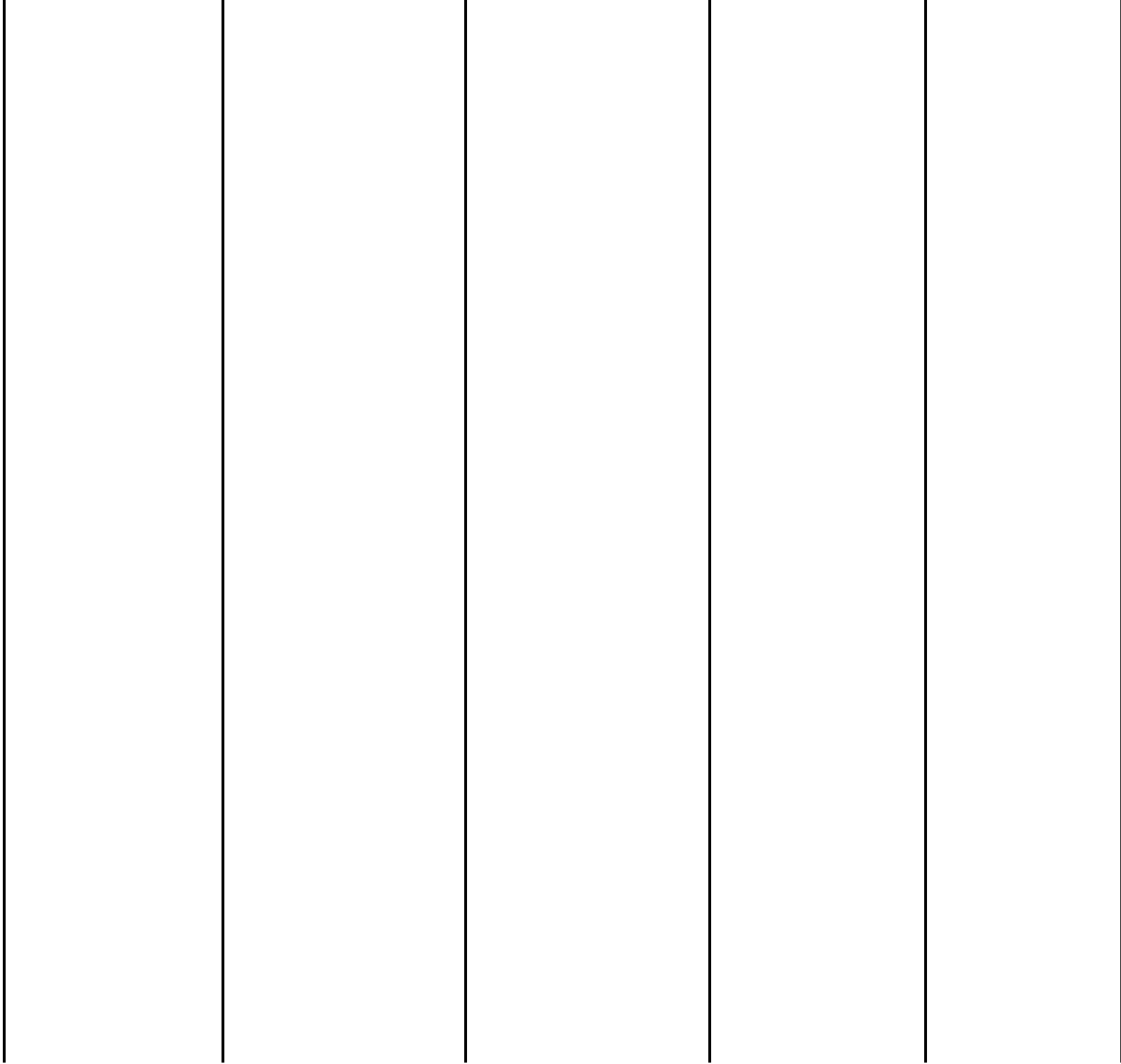


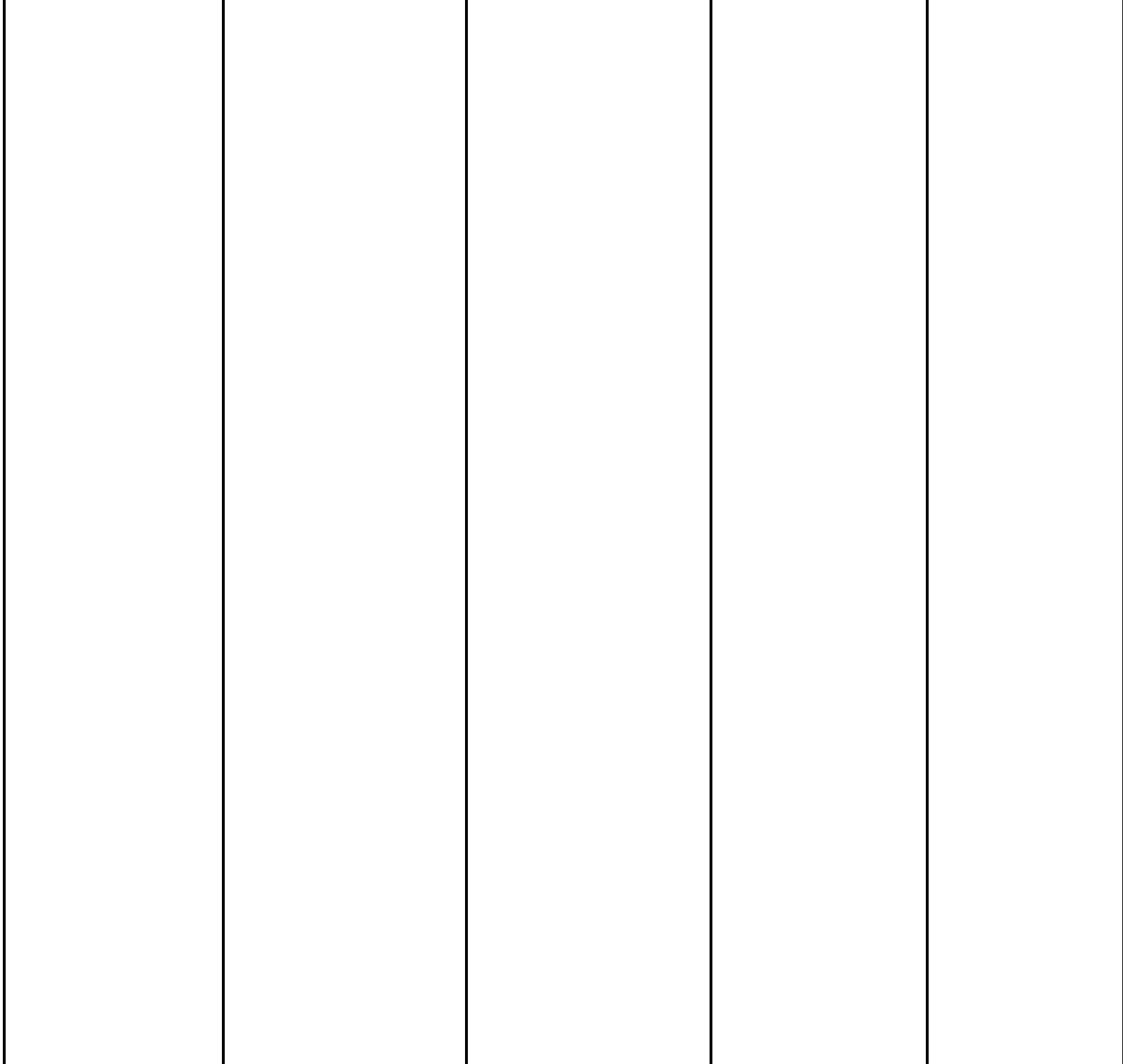


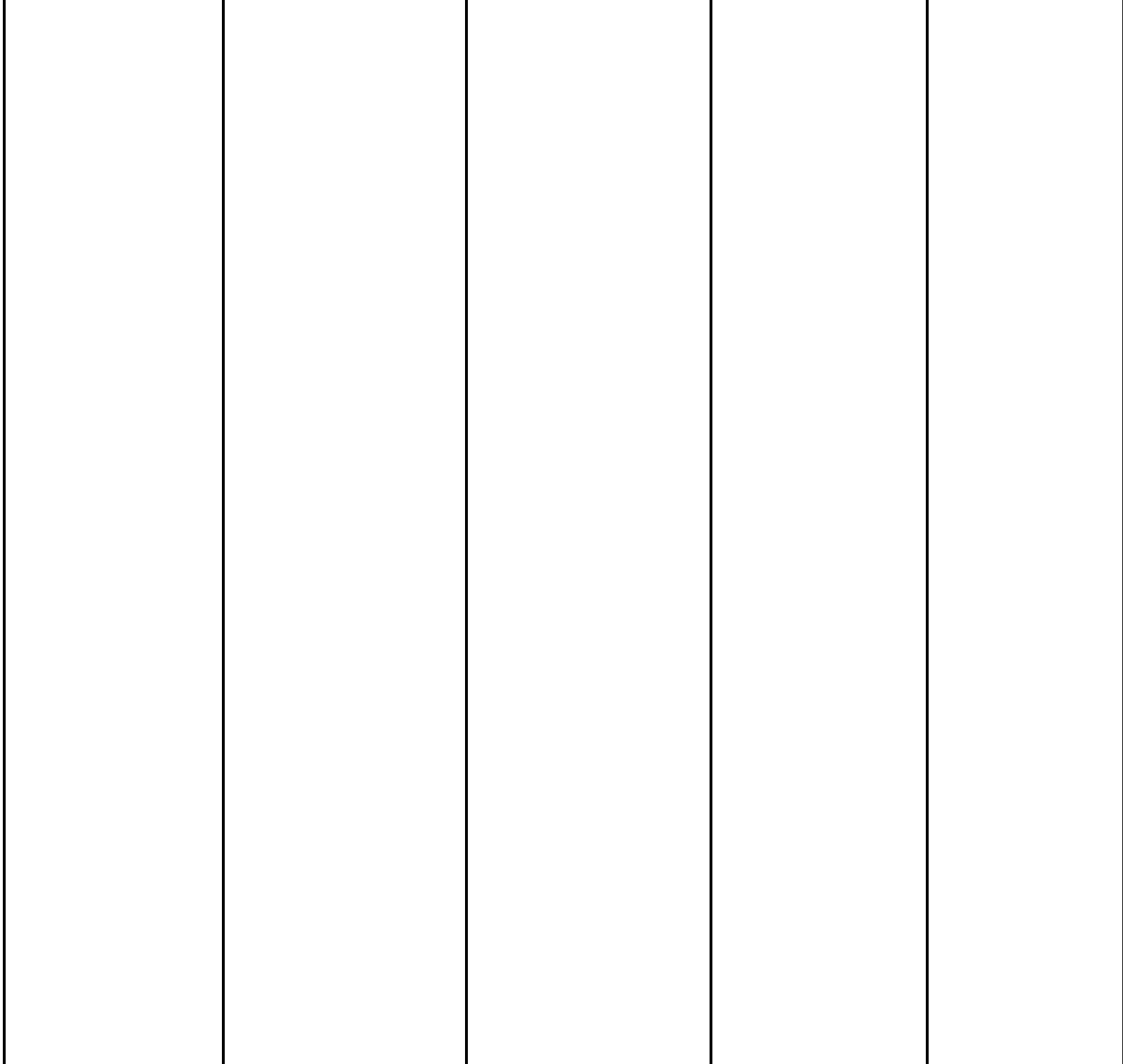


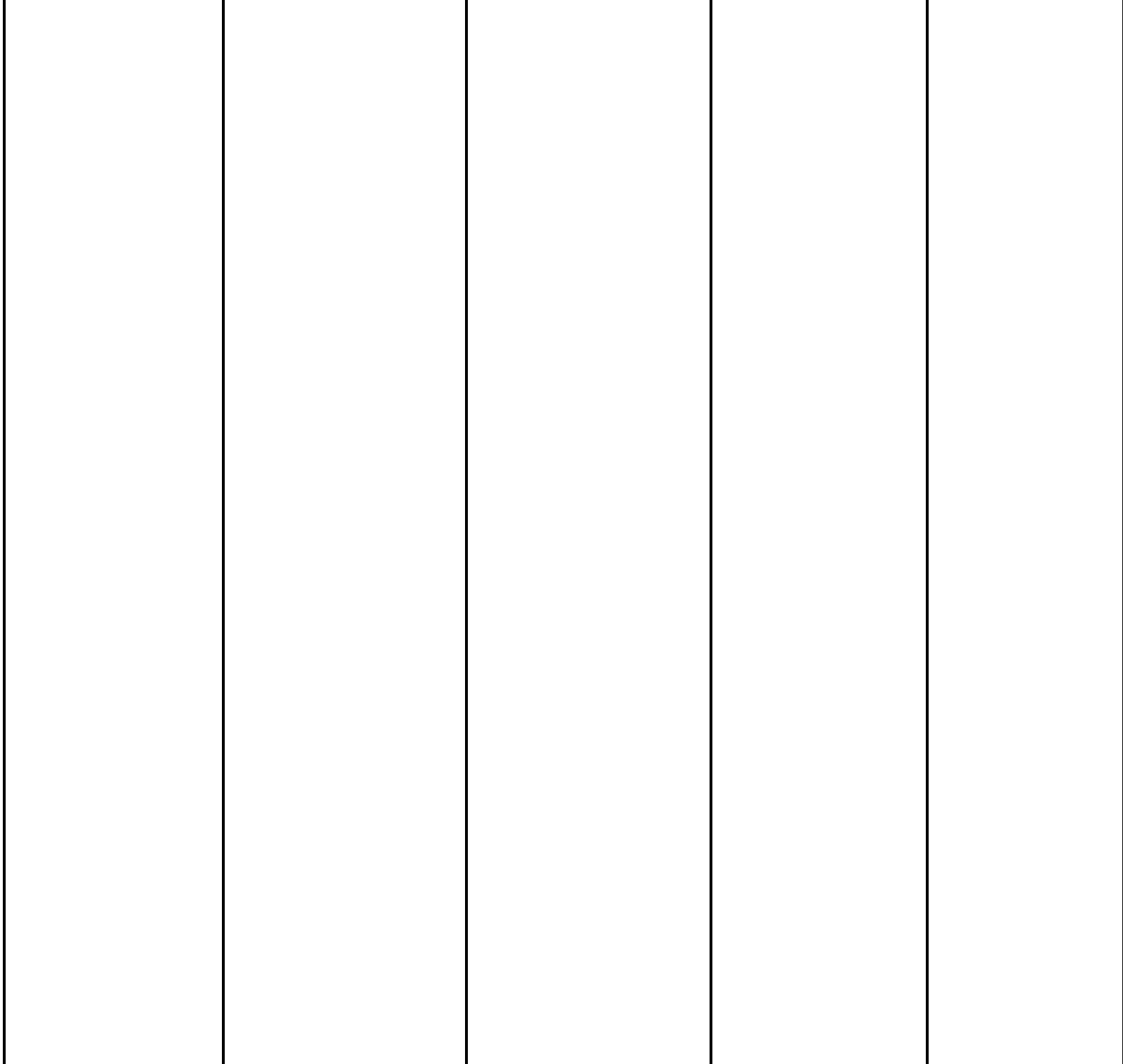


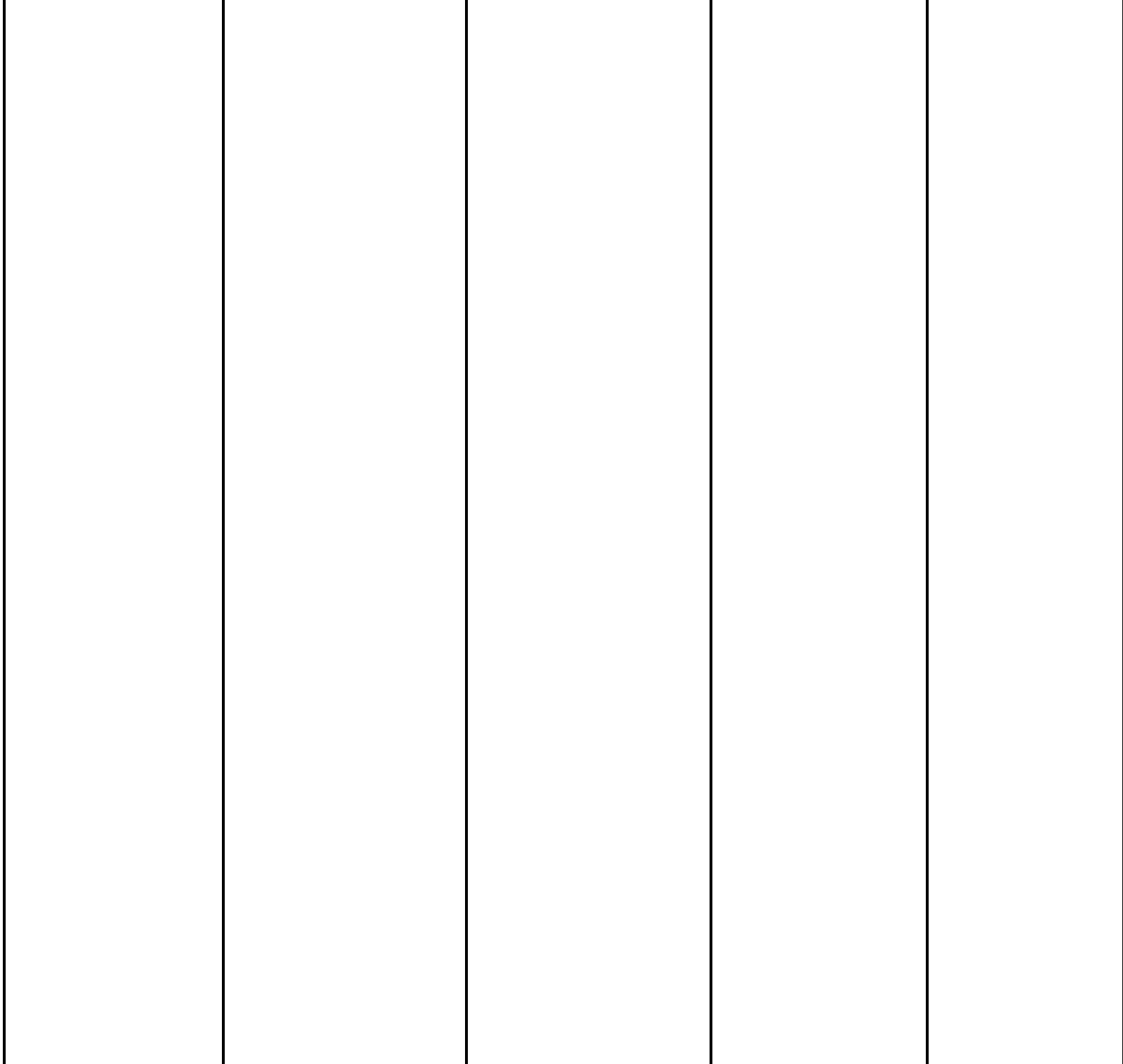


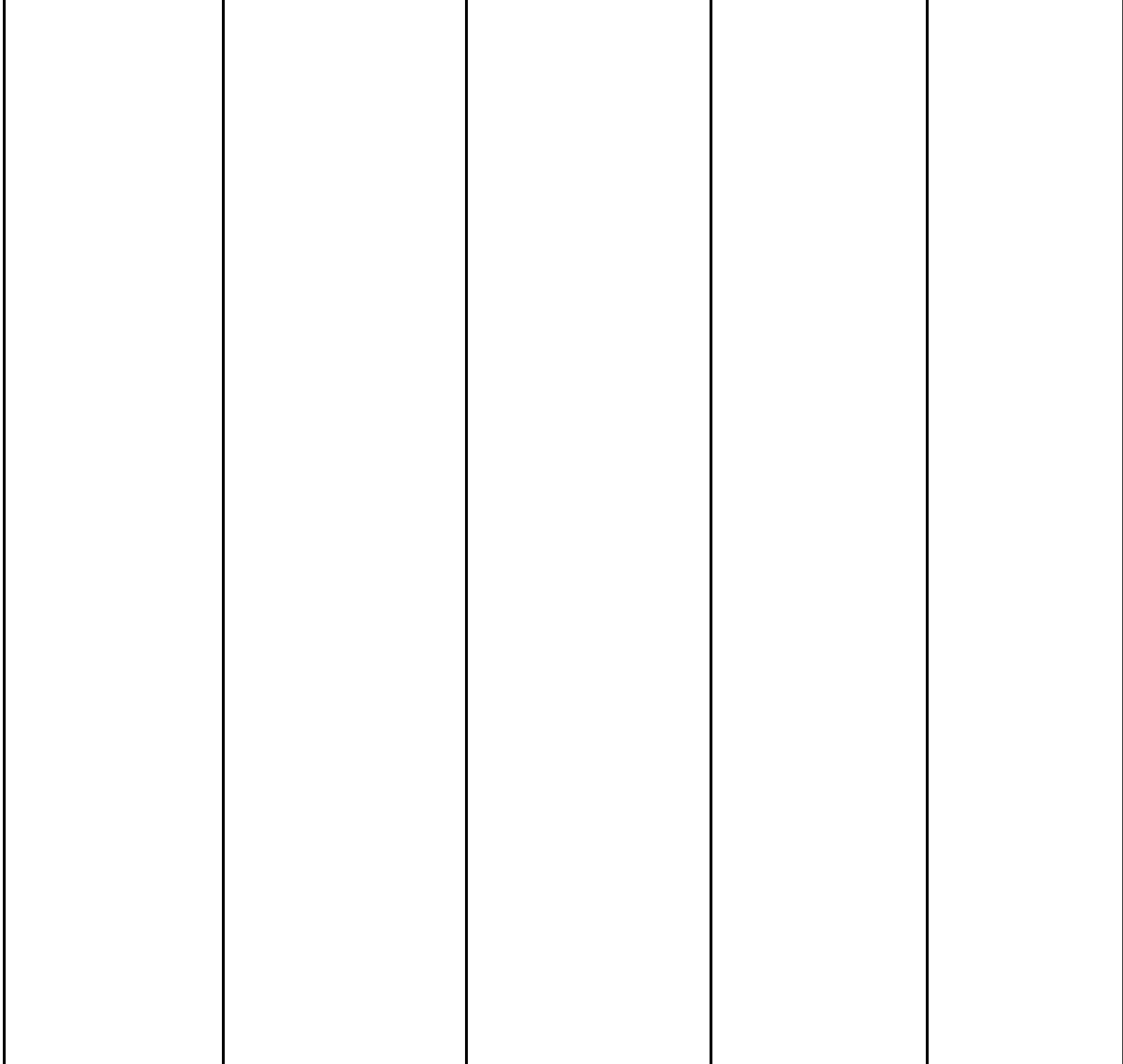


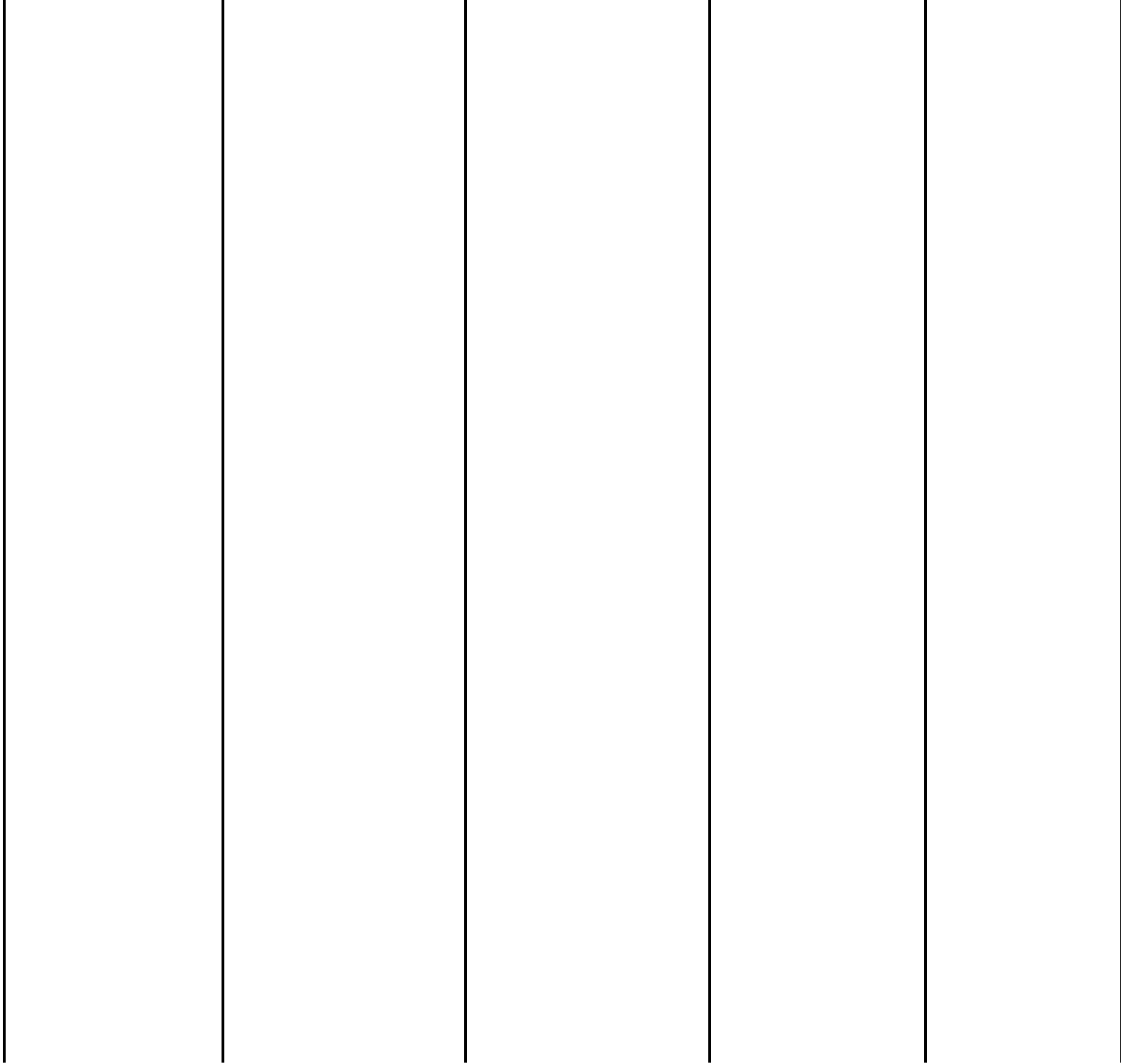


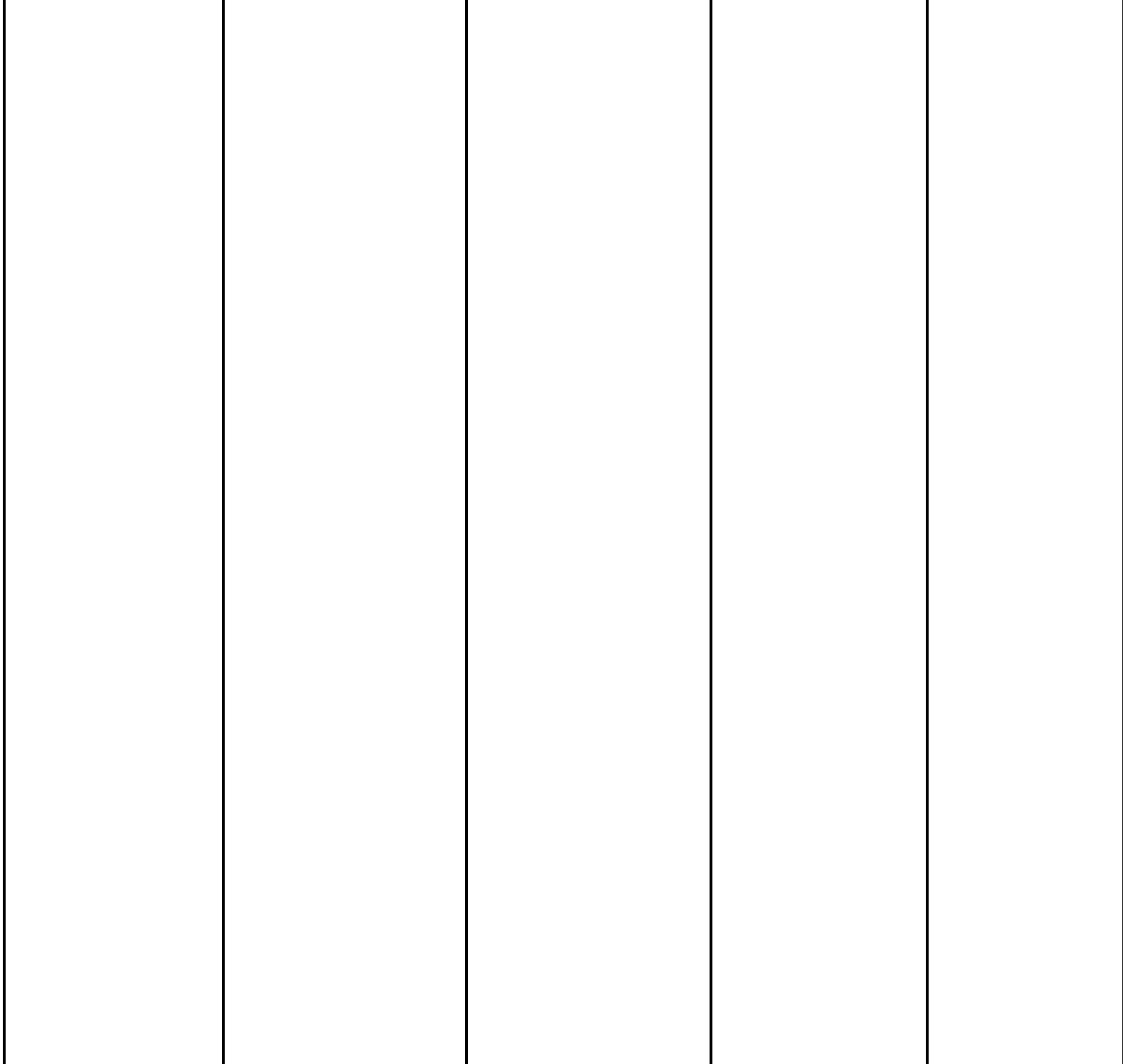


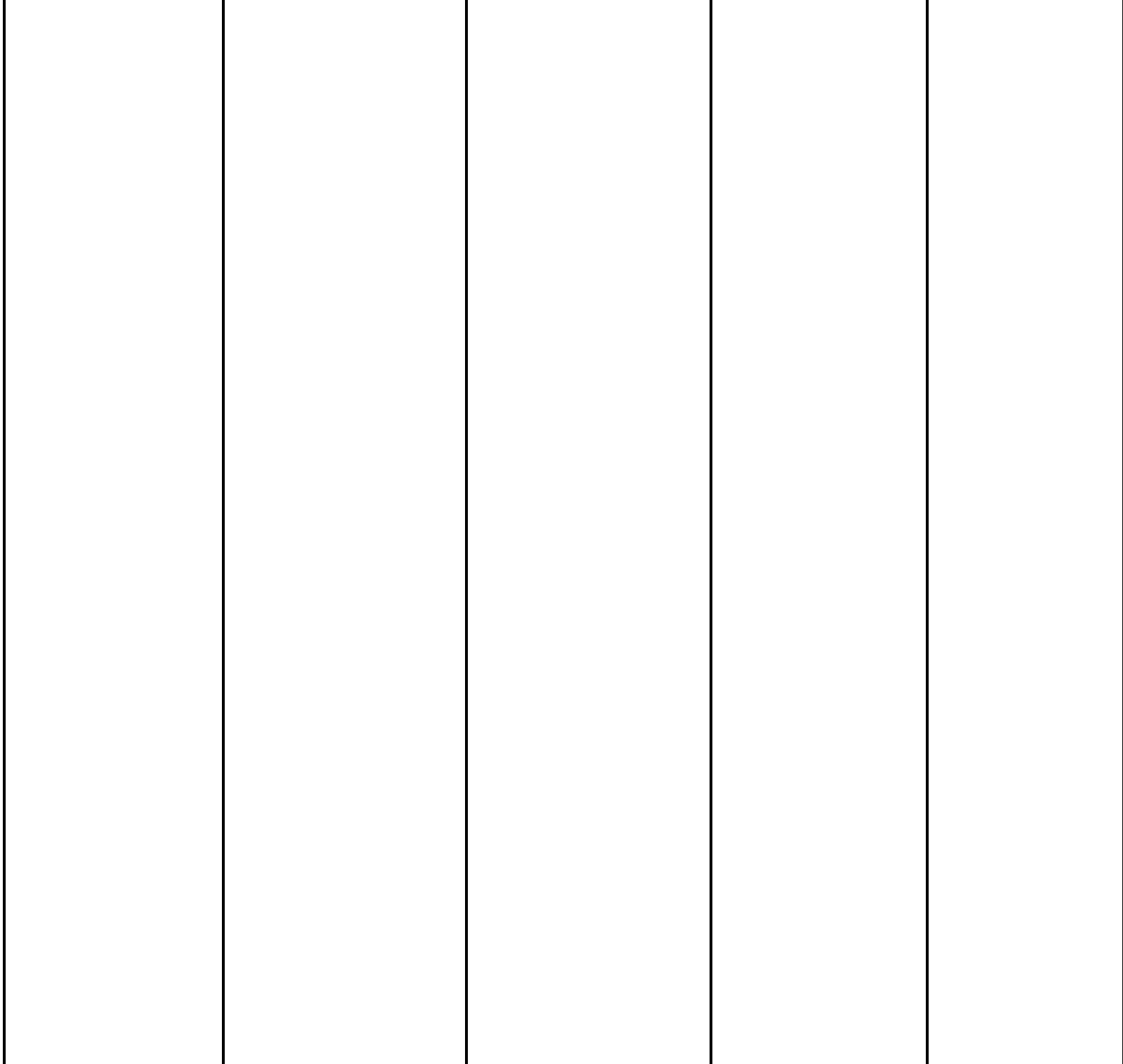


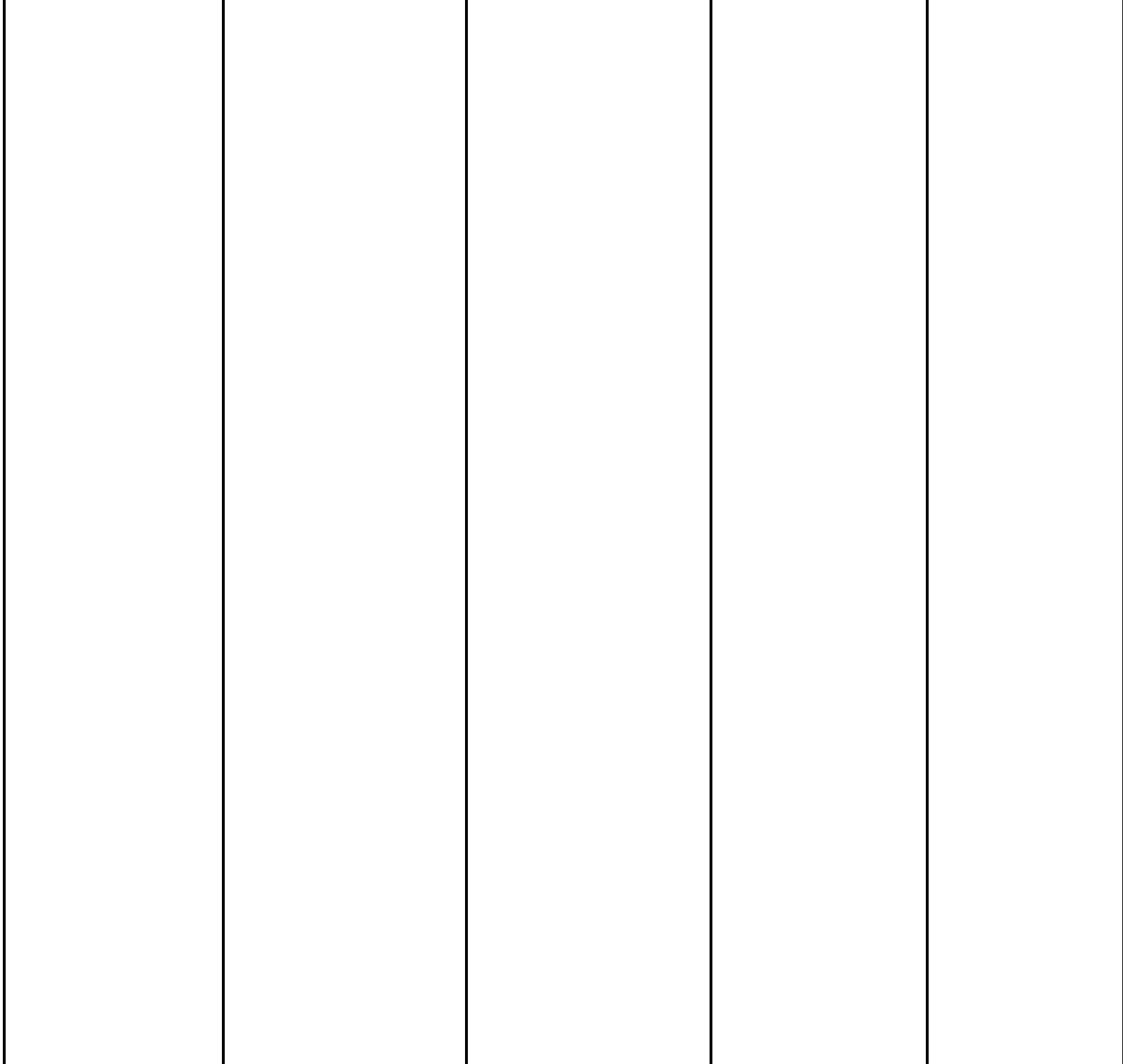


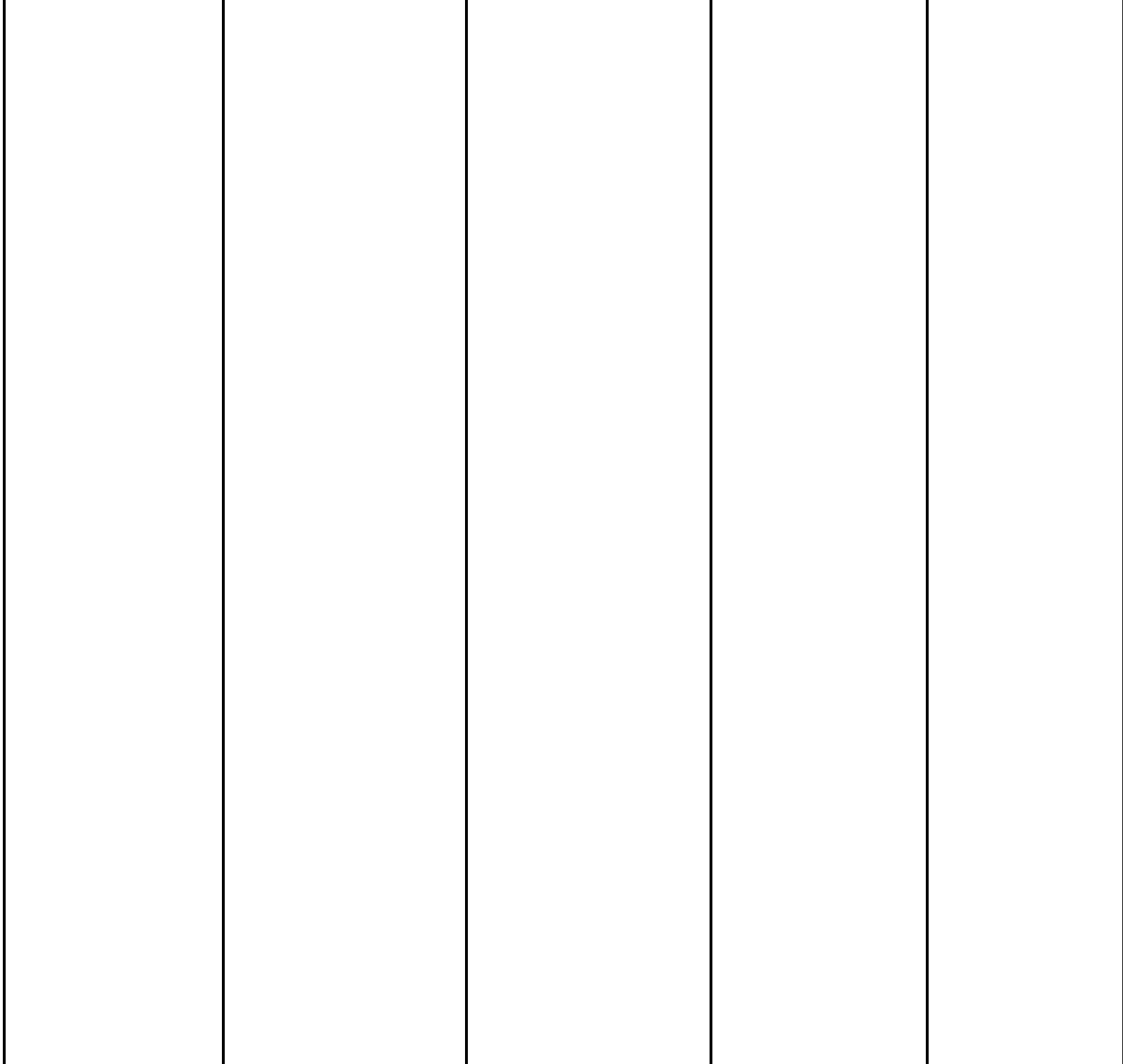


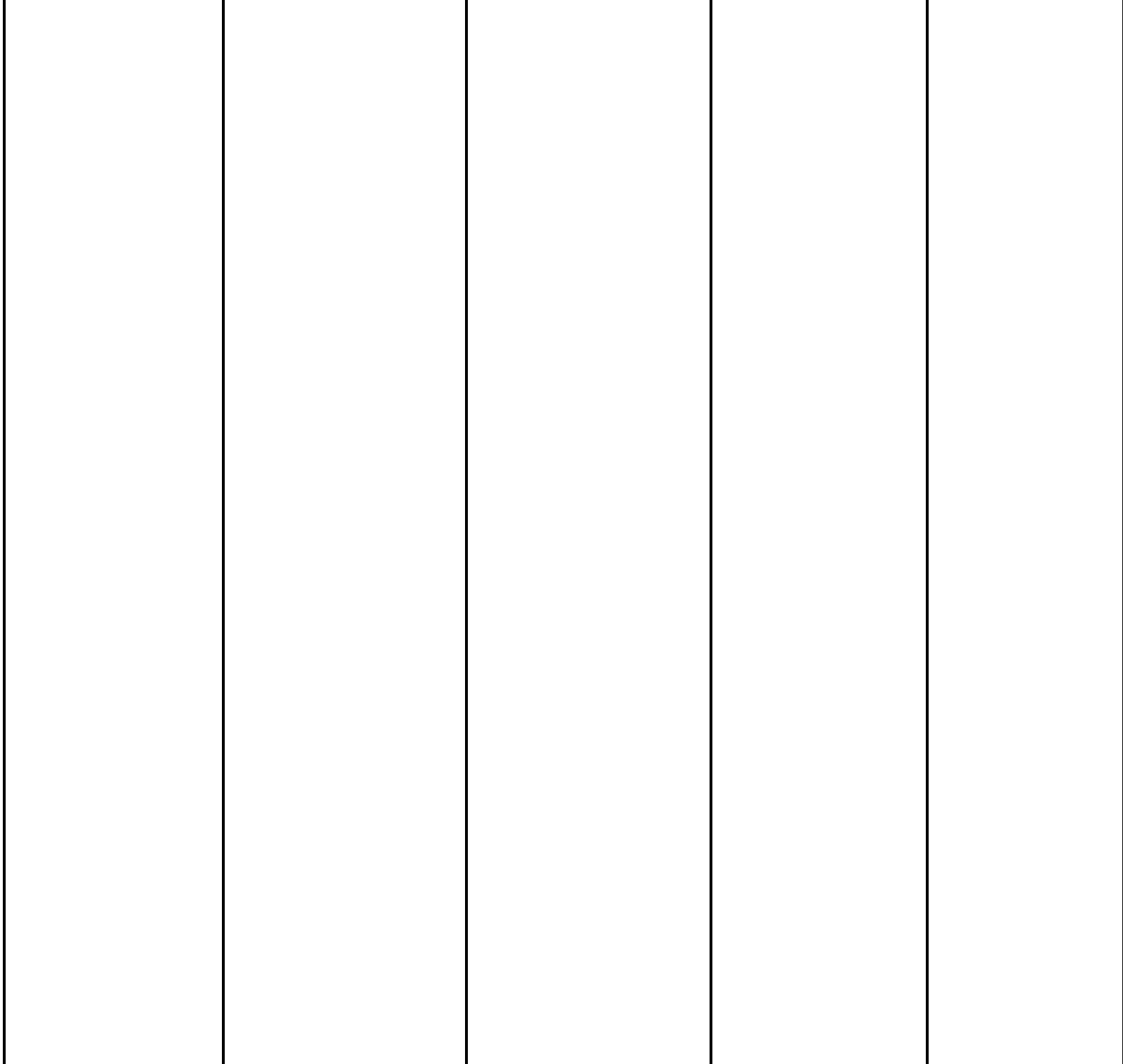


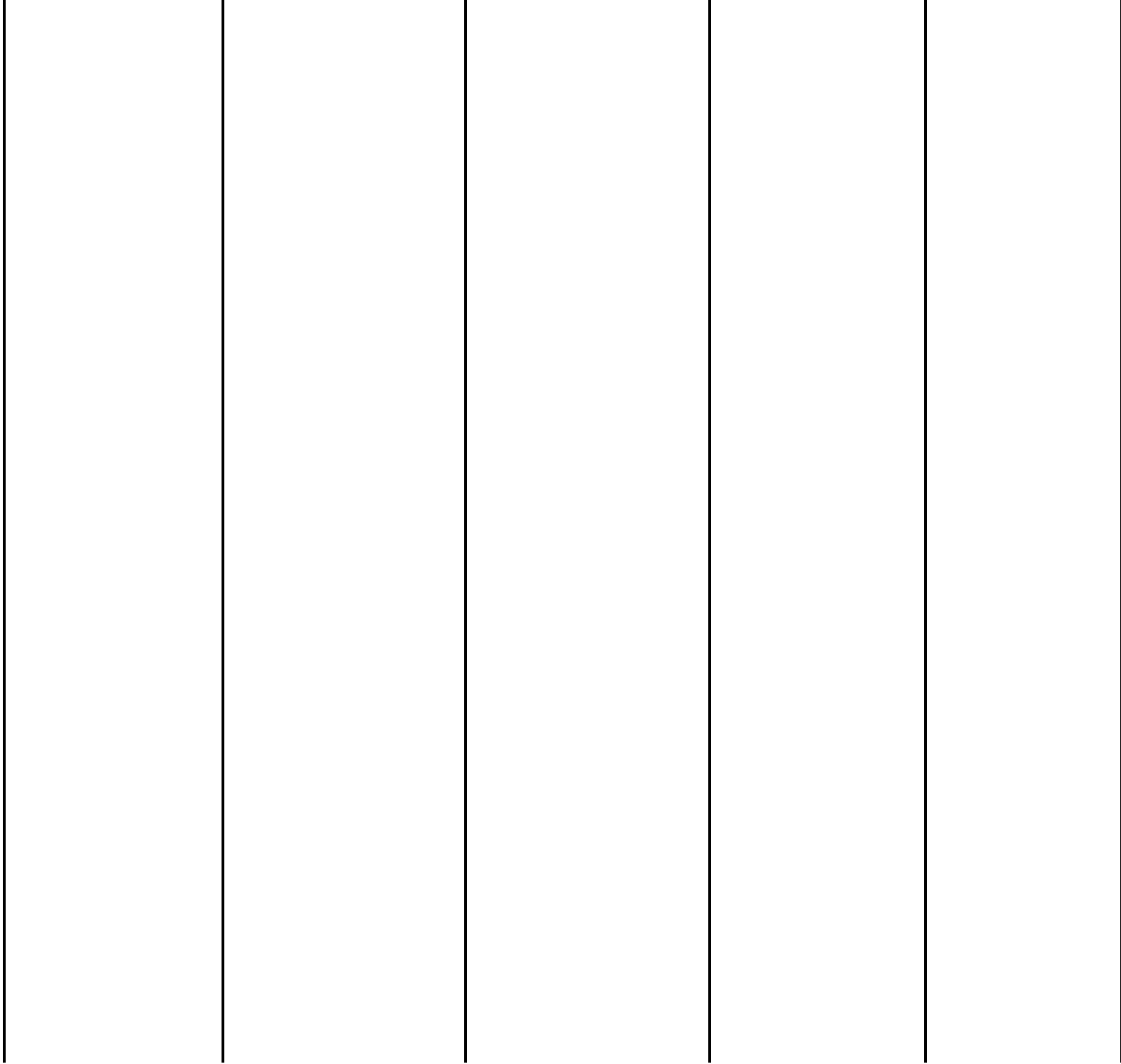


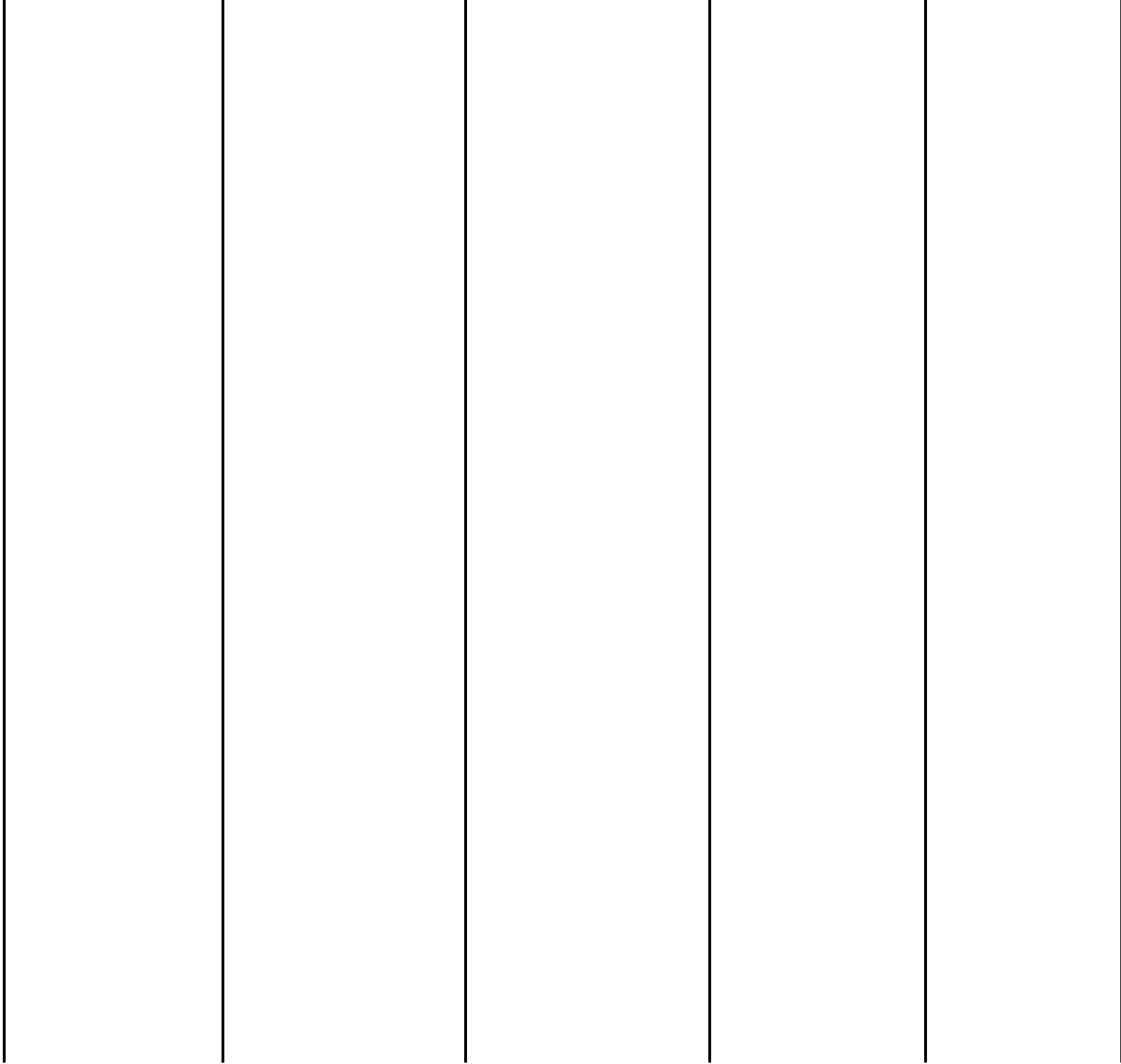


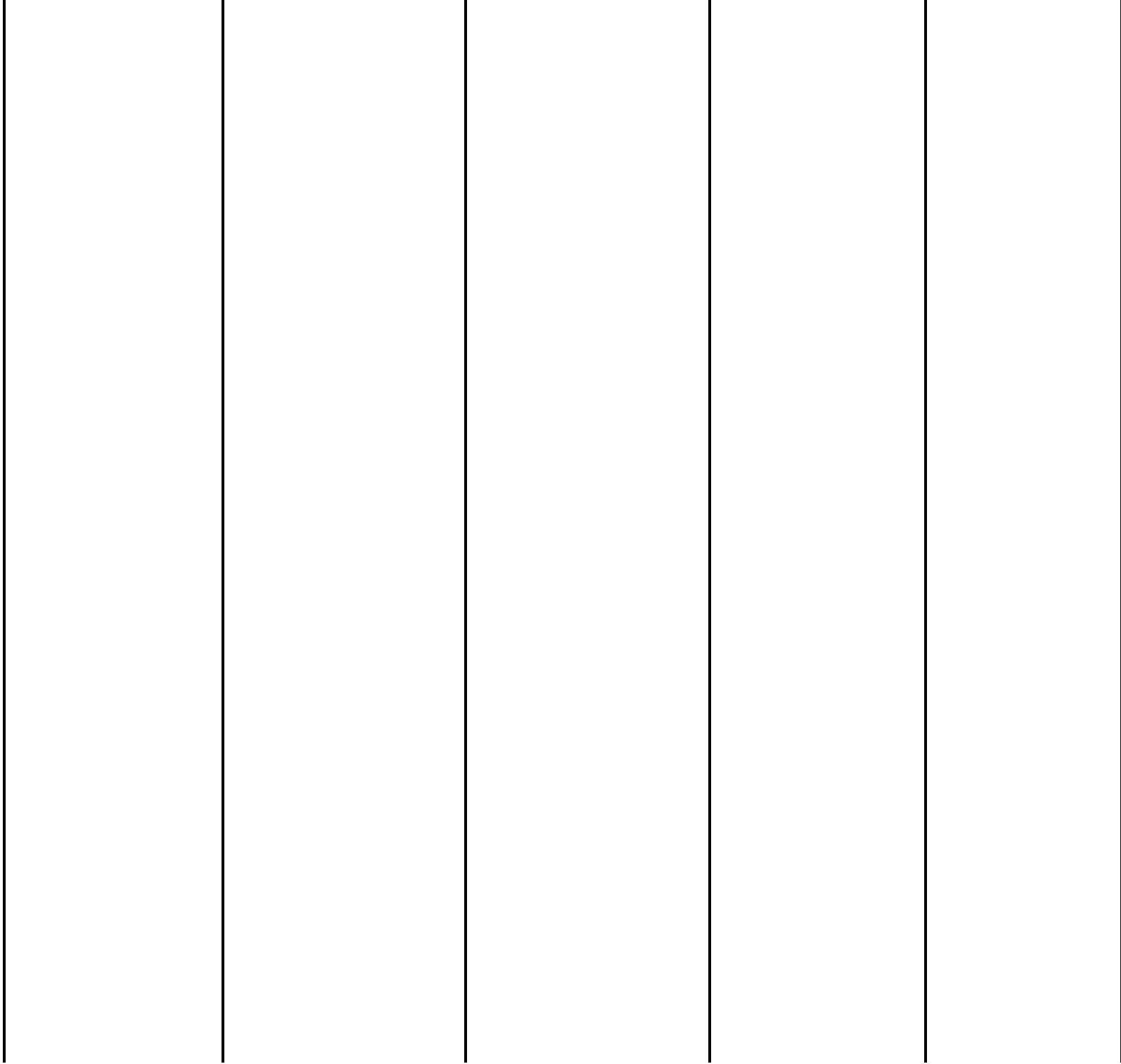












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