

LEGAL NOTICES

NOTICE OF A PUBLIC HEARING ON A REQUEST FOR AN INTERIM USE PERMIT ON PROPERTY IN LAKE COUNTY, MINNESOTA.

Notice is hereby given that the Lake County Planning Commission will conduct a public hearing to make a recommendation to the Lake County Board of Commissioners on **November 26, 2018 at 6:30 p.m.** in the Silver Bay Service Center, 99 Edison Boulevard, Silver Bay, MN 55614, at which time interested parties shall have the opportunity to discuss the granting of the following request:

In accordance with Lake County Land Use Ordinance #12, a renewal application for Interim Use has been filed by Jim Malowitz/MERS LLC, which, if approved, would allow a short-term vacation rental home on property described as Unit A-4 Condo No 3 Nat'l Forest Lodge Lake Homes along with 1/4 interest in Common Elements in Sec. 28, Tsp. 60, Rge. 9, zoned R-R/Residential-Recreational, one-acre minimum, Stony River Township.

Jim Malowitz/MERS LLC - I-18-026 dated this 16th day of November, 2018.

Joseph Skala, Chairman, Lake County Planning Commission.

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In accordance with Lake County Land Use Ordinance #12, an (initial) application for Interim Use has been filed by David Hendren, which, if approved, would allow a short-term vacation rental home on property described as NW 1/4 of NW 1/4 exc. N 330ft & exc. WLY 360ft in Sec. 10 Tsp. 52, Rge. 11, 21.59-acres, zoned R-3/Residential, 5-acre minimum, UT 2.

David Hendren - I-18-025 dated this 16th day of November, 2018.

Joseph Skala, Chairman, Lake County Planning Commission.

North Shore Journal: November 16, 2018

North Shore Journal: November 16, 2018

Northland Benefits from New Stroke Intervention Program in Duluth

By Kitty Mayo

“You may not be ready for your stroke, but we are.” Gail Wallace, certified nurse practitioner at Essentia Health-St. Mary's Hospital in Duluth is only half-joking when she says she would like to put that statement on billboards and the sides of busses about their stroke center.

It's Wallace's quirky sense of humor that makes her so relatable, along with her breadth and depth of knowledge about strokes that has made her such a matriarch of stroke education and treatment for so many years, and she's amped up about recent developments at Essentia that have been, in her words, “only a pipe-dream for years”.

Central to those advances are the addition of Dr. Vikram Jadhav to the stroke center, and his role as a neuro-interventionalist who can now perform thrombectomies for the first time in Duluth.

A stroke thrombectomy is removing a blood clot blocking a blood vessel in the brain, Jadhav (or “Dr. Vic” as his patients call him) can insert a catheter through the groin into the brain and then remove the blood clot using a precision grasping device at the end of a thin wire.

The fifth leading cause of death in the United States, strokes are the number one reason for disability, and also the most preventable cause of disability. If a blood clot can be removed in time blood flow and oxygen can be returned to the brain areas affected, and risk of disability can be reduced.

In the 1990's the use of clot-busting medications revolutionized the care of stroke patients coming into the hospital, something

that was stunning to Wallace who has worked at Essentia for over 30 years.

“When I look back, if a stroke patient came into ER at the beginning of my career, we had nothing to offer them other than watch to prevent pneumonia and find a nursing home,” Wallace said.

However, clot-busters have a very limited window of effectiveness and don't always work. Thrombectomies under Dr. Vic take stroke response to a whole other level, and it's an advance so exciting that it's pulled Wallace out of semi-retirement.

Wallace developed a career in stroke medicine after starting as an intensive care nurse in 1985, and immersed herself in any training or research opportunities that advanced her knowledge of strokes.

Part of the team that developed Essentia's initial neuro/trauma intensive care unit in the mid-1990's, Wallace became a mentor to many nurses and an able collaborator for many doctors in the hospital.

Seeing the stroke center and the angio-suite come into full use is a dream come true for Wallace, who says that in past years it had been worked toward, but finding the right leader was the critical missing element.

For the first time in her career Wallace and two other advanced care nurses will provide 24/7 coverage at the hospital.

“This a new paradigm to have advanced nurses with extra training in stroke around the clock, we can cover more general care if the doctor is in the cath lab, and answer questions for the nurses on the floor,” Wallace said.

Now, Wallace says, the diagnostic capabilities that Jadhav can access in the cath lab are extraordinary, creating detailed imaging even beyond an MRI and with much lower risk than previously.

“Brain imaging was so archaic when I started as a nurse. If I could have seen the 3D MRI images of blood vessels then I would have thought it was science fiction,” Wallace stated.

Working with stroke patients needing catheter interventions is just a start for the new program that plans to provide interventions for aneurysms and other bleeds in the brain.

Recent studies have shown that a thrombectomy can still have effective results for up to eight hours from the time symptoms start.

The ability to perform thrombectomies in Duluth could mean vastly improved outcomes for many northlanders, where transportation to the cities for the same intervention could have caused delays that resulted in neurological damage causing inability to speak, paralysis or death.

“Time is of the essence in a stroke. Now we are going to be able to catch many more people sooner. My dream is that all the little hospitals in northeast Minnesota and northwest Wisconsin will have stroke center capabilities eventually,” Wallace stated.

Dr. Vic says that his decision to settle in Duluth goes beyond medicine to a genuine appreciation for the area that he discovered during his residency in the Twin Cities.

“On weekends I used to take weekend trips to Duluth, Lutsen and the BWCA. I have lived all over the U.S., but the northland has its own charm and I knew I had to be here,” said Dr. Vic.

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Main Office:
Lake County Service Center (across from the courthouse)
616 3rd Avenue, Two Harbors, MN 55616 Phone: 218-834-8326
Office Hours: Monday-Tuesday-Thursday 0800-1600, Friday 0800-1200
Silver Bay Office:
Lake County Service Center (Mary MacDonald Center)
99 Edison Blvd., Silver Bay, MN 55614 Phone: 218-226-4443
Office Hours: Every Wednesday 0900-1500 or by appointment

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