

# Let's Chat!

## See What We've Been Up To!

Since our last Fall Workshop, your AAADAC Board has initiated many changes listening to your input, responding to your requests, and enhancing our continuing mission to provide quality education opportunities in line with the requirements of both our State Certification Board and the needs of our ultimate goal; the addicted population! Starting in January we began working on needed By-Law revisions, additions, and changes. The yearly membership dates have been changed to be more convenient for AAADAC Members! That's right now when you pay your dues they last for one full year! Our Annual Meeting has also been changed in the hopes more members will be able to attend and have their voice heard! In addition, we will now have a New Annual Awards Luncheon Banquet! That's not all! Wait a minute we are also going to have a special room set up at the Fall Workshop for Vendors from all over the state! We also have counseling professionals who have stepped up to fill in vacant region seats! We are fast approaching another change of seasons and with that in mind we have implemented these changes to offer more opportunities for our membership to participate in the Association giving a stronger voice to the Arkansas Substance Abuse **Treatment Professionals!** 

### Construction on Website is Complete!



# Port Alcohol and Drug The Counselo Box 45386 Little Rock, AR 1214

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http://www.aaadac.org/home.html

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#### WELCOME & WELCOME BACK!

We would like to extend a heartfelt Welcome and our appreciation to Ms. Cassandra Davis for stepping up as the representative for Region 2. Cassie comes to us with a Bachelor of Science in Criminal Justice from Harding University, she was born and raised in Searcy, AR, began her career with Arkansas Community Corrections as a Substance Abuse Program Leader in 2003, and advanced to Assistant Treatment Program Manager for the North Central Region in 2013. She holds credentials as an ADC, a CCDP, and a CS. Her Philosophy is to provide a safe and supportive environment for change. We look forward to great input and a surge of energy with Cassie and hope to keep her serving on the Board for a long time!!! We also extend a warm Welcome Back and our heartfelt gratitude to Mitch Francis for sitting in as Interim Region 7 Representative. Mitch is one of the members from AAADAC beginnings, he is a member of the Arkansas Substance Abuse Certification Board. he trains substance abuse professionals and clinical supervisors all over the state, and his input is invaluable! Thank You – Mitch!

If you change nothing...then nothing changes! Addiction does not wait, we must continue to broaden or education, network with each other, and strengthen our quest to help change lives!

#### Website Construction is Complete! Still .org! After

many trials and tribulations in getting a working website, the AAADAC Web Site is now complete! Thanks to the expertise and knowledge of Jason Skinner, ASACB Administrator the web site is not only finished but it is user friendly! On the site members will find an application for membership and the registration form for the Fall Workshop in Jonesboro. Also included on the site are your Board Members, a map of the Regions, and a Contact Page. Simply send us a message and our Web Site Manager will forward it on to your representative President, Jere Brewer, your Vice President, Melinda Smith, or Treasurer, Myriam Carter. We want to know your thoughts, input, needs, and how we may assist you! We are grateful that we were able to get "THE BEST MAN FOR THE JOB!" Thank you, Jason!



#### By-Law Changes - 2015

The AAADAC By-Laws have over the course of the past year been updated, revised, and have some additions. These changes include our yearly membership, awards and recognition, monthly meeting schedule, our Annual Meeting and Elections, quorum requirements, and the Annual Awards Banquet. In an effort to better serve our members we have changed the yearly membership to October. That's right, when you register for the Fall Workshop and pay your membership fee it will cover you for an entire year! The Award Names and Criteria have been added to the By-Laws with the change of the Bob Savier Award to the David Powell Memorial Award [you can find this information on the new web site, too.]

Our monthly meeting is now held on the *first Thursday before the second Friday* of each month to coincide with the ASACB meeting since several members sit on both Boards. The Board will now only require 3 members to be present, provided one officer is present, to constitute a quorum. In addition, or Annual Meeting and Election of Officers and Region Representatives will now be held during the Fall Workshop! We are hoping this will give AAADAC members more opportunity to participate and let their voice be heard!

The Awards Ceremony will immediately follow the Annual Meeting offering more opportunities for our AAADAC members to participate in recognizing those professionals who have consistently and tirelessly demonstrated qualities of character, efforts, and professionalism beyond the call. The Awards Ceremony has traditionally been held at the MidSouth Summer School and we express our deep gratitude to Ms. Charlotte Besch for helping us with this event every year. We will sorely miss her enthusiasm and hope to have her join us as a guest in our first ceremony to be held this year in Jonesboro!

On the road again... Time for the Fall Workshop!



Matt Knight - getting personal!

#### FALL WORKSHOP LINE-UP:

Monday:	Motivational Interviewing by Joseph Bankin		
Tuesday:	Informed Trauma Care by Frank Vega		
FREE: Tuesday Evening: Discovery of Personality Spectrum aka "Colors" by Jere Brewer			
Wednesday:	Clinical Supervision/Counselor Development-Domain I		
	by Rob Covington		
Thursday:	Co-occurring Ethics by Susan Kilman		







#### Fall Workshop – Jonesboro, AR

Once again, we are preparing for the Annual Fall Workshop in Jonesboro, October 5 – 8. The location is the same The Hilton Garden Inn [registration and hotel information available on the website]. There are some new things happening here, too!

For the first time, AAADAC will have a center room available with Vendors from all over the state! But that's not all; those of you who did not attend the MidSouth Summer School this year will have the opportunity, also for the first time, to check out the AAADAC Bookstore! That's right: we have publications from four different publishers that compliment the line-up of workshops this year! We are truly excited about this addition to the workshop and look forward to seeing everybody and listening to your feedback!

Don't miss out on what is sure to be a fun filled educational 4 days. And for the cherry on top! On Tuesday evening there will be available 3 Free hours of CEU's for interested attendees! A free book is included with the training presented by Jere Brewer. Do not worry if we run out of books and you want one we will send it to you!

#### The Race

Attributed to Dr. D.H. "Dee" Groberg

Whenever I start to hang my head in front of failure's face, my downward fall is broken by the memory of a race. A children's race, young boys, young men; how I remember well, excitement sure, but also fear, it wasn't hard to tell. They all lined up so full of hope, each thought to win that race or tie for first, or if not that, at least take second place. Their parents watched from off the side, each cheering for their son, and each boy hoped to show his folks that he would be the one. The whistle blew and off they flew, like chariots of fire, to win, to be the hero there, was each young boy's desire. One boy in particular, whose dad was in the crowd, was running in the lead and thought "My dad will be so proud." But as he speeded down the field and crossed a shallow dip, the little boy who thought he'd win, lost his step and slipped. Trying hard to catch himself, his arms flew everyplace, and midst the laughter of the crowd he fell flat on his face. As he fell, his hope fell too; he couldn't win it now. Humiliated, he just wished to disappear somehow. But as he fell his dad stood up and showed his anxious face, which to the boy so clearly said, "Get up and win that race!" He quickly rose, no damage done, behind a bit that's all, and ran with all his mind and might to make up for his fall. So anxious to restore himself, to catch up and to win, his mind went faster than his legs. He slipped and fell again. He wished that he had quit before with only one disgrace. "I'm hopeless as a runner now, I shouldn't try to race." But through the laughing crowd he searched and found his father's face with a steady look that said again, "Get up and win that race!" So he jumped up to try again, ten yards behind the last. "If I'm to gain those yards," he thought, "I've got to run real fast!" Exceeding everything he had, he regained eight, then ten... but trying hard to catch the lead, he slipped and fell again. Defeat! He lay there silently. A tear dropped from his eye. "There's no sense running anymore! Three strikes I'm out! Why try? I've lost, so what's the use?" he thought. "I'll live with my disgrace." But then he thought about his dad, who soon he'd have to face. "Get up," an echo sounded low, "you haven't lost at all, for all you have to do to win is rise each time you fall. Get up!" the echo urged him on, "Get up and take your place! You were not meant for failure here! Get up and win that race!" So, up he rose to run once more, refusing to forfeit, and he resolved that win or lose, at least he wouldn't quit. So far behind the others now, the most he'd ever been, still he gave it all he had and ran like he could win. Three times he'd fallen stumbling, three times he rose again. Too far behind to hope to win, he still ran to the end. They cheered another boy who crossed the line and won first place, head high and proud and happy -- no falling, no disgrace. But, when the fallen youngster crossed the line, in last place, the crowd gave him a greater cheer for finishing the race. And even though he came in last with head bowed low, unproud, you would have thought he'd won the race, to listen to the crowd. And to his dad he sadly said, "I didn't do so well." "To me, you won," his father said. "You rose each time you fell." And now when things seem dark and bleak and difficult to face, the memory of that little boy helps me in my own race. For all of life is like that race, with ups and downs and all. And all you have to do to win is rise each time you fall. And when depression and despair shout loudly in my face,

And when depression and despair shout loudly in my face, another voice within me says, "Get up and win that race!"

#### ATTENTION ALL ATTENDEES! FREE LUNCEON – 10.7.15 @ 12:30 pm

Immediately following the 1<sup>st</sup> Annual Fall Meeting AAADAC is pleased to invite you to join us for lunch at the 2015 Awards Banquet! This is a time to recognize those AAADAC Members who have demonstrated exceptional qualities of character and professionalism in their efforts to improve the overall quality of counselor education and client services! Don't miss it and remember – it's FREE!!! Hope to see you all there!

# **1**<sup>ST</sup> FALL WORKSHOP BOOKSTORE & VENDORS

For those of you who were not able to attend MidSouth Summer School, AAADAC is excited to announce we will have the AAADAC Bookstore set up with the Vendors. Publications from 4 publishing houses are available with topics complimenting the workshop s being offered this year!!! See you there!

#### AAADAC BOARD MEMBERS

- **Region 1 Darlene Prine**
- **Region 2 Cassandra Davis**
- **Region 3 Kim Brown**
- **Region 4 Richard Saucier**
- **Region 5 Andrew Beavers**
- **Region 6 Vacant**
- **Region 7 Mitch Francis [Interim]**
- Region 8 Randy Jo Nielson
- Member at-Large: Marlowe Lowe

President:	Jere Brewer
Vice President:	Melinda Smith
Treasurer:	Myriam Carter
Secretary:	Heather Byington

