



187 S Spring St. 740-385-6581

# SEPTEMBER OCTOBER 2020



580 Radio Lane 740-385-6581

## Masks for Seniors

If you are over 60, a Hocking County resident and have not been able to secure a mask, please contact the Center at 740-385-6581, you can pick up a free mask or delivery arrangements can be made.

## 2020 Census

Deadline for completing the census is October 31st. Citizens are able to complete the census online at [www.my2020census.gov](http://www.my2020census.gov) or call 844-330-2020.

## Reassurance Calls

If you would like a daily call (M-F) from the senior center to check on you, let us know at 740-385-6581

## Sympathy/Get Well Card

Do you know someone in need of a sympathy or get well card? Please call us at 740-385-6581 and feel free to leave a message



**TUESDAYS AND THURSDAYS  
10:00 TO 11:00 AM  
580 RADIO LANE**

## *A Message from Marjie*

The Center remains empty due to state mandates. We miss you dearly, and we are looking forward to the day when you can all return.

As we move forward in this unprecedented/ unpredictable time, decisions must be made to how we can serve you safely following the guidelines.

We will not be having indoor Bingo, choir, chair volleyball or euchre the rest of this year as we are unable to adhere to the guidelines for these activities. We are trying to start up some small groups that we can social distance with less than 10 people. Check out our new events that are outlined in this newsletter.

We have implemented innovative ways to provide services to you through our community without the risk of face to face contact, and still follow the Ohio Department of Health protocol, such as meal pick-up, weekend food boxes, exercise, and Delay the Disease.

You may have noticed that our Governor has said that Senior Centers/Adult Day Cares can open September 21, we have not received guidelines yet for how this will take place. We have already been continuing services that have been deemed essential and will continue on that path until we receive notice of a full opening. Keep in mind that all high-touch surfaces must be cleaned daily/after use for your safety and ours. Our senior centers will remain open for small groups and essential business until the first of year.

Medical transportation service is operating on a limited basis. All drivers and passengers must submit to temperature checks, system evaluations, and sanitizing measures that have been put in place. Transportation is on a limited capacity and only for **essential medical appointments.**



# New Fitness Class Drums Alive!

The Educational & Wellness Center at 580 Radio Lane, is pleased to offer **Drums Alive**, a unique fitness experience that joins dynamic, full body movements with the pulsating rhythm of the drum.

Danielle Arnett, Educational & Wellness Supervisor will be teaching this fun, lively hour long class, on Thursdays, from 11:00 am to noon, starting September 10th.



“Drumming has been found to improve and increase the neurological connection between the two brain hemispheres, stimulating the brain wave activity that can lead to higher levels of concentration, sensory/motor improvement and overall sense of well being, and besides that, it’s just plain fun,” said Danielle. It’s more than simply banging on the drum, or in this case a big, colorful ball, there are patterns to follow giving your brain a real workout..

Each participant will be provided with drumsticks and the items needed to participate. Please wear supportive, athletic shoes. The class is free but we suggest a donation of \$3.00 per person to offset expenses. Following CDC guidelines we will check temperatures at the door, and ask that you wear a mask unless you are medically unable to do so. Please do not attend if you aren’t feeling well.

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**Jeff Dickerson**  
County Commissioner

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740.385.5195



## ***Parking Lot Movie Night***

The Educational & Wellness Center at 580 Radio Lane, will be the site of a drive-in movie night, on Thursday, September 17th. **SECONDHAND LIONS** will be shown on a screen in the parking lot starting at dusk, around 9:00 pm. Bring the family, we will supply popcorn and some refreshments, as you enjoy a movie in the safety of your own car. The movie is free but you must be 50 or older to attend.

## ***Footcare Clinic***

Everyday Divinity Footcare Clinic will be at the Educational & Wellness Center on Monday, Sept. 28th, and Oct. 26th from 9:00 am to 2:00 pm. Call Jamie to make an appointment, 614-716-9919.

A free in-home visit offers details on long-term care options like PASSPORT, Home modifications, Medicare Savings and more!



1-800-331-2644 or  
Buckeyehills.org/aging

## **Line Dancing Classes to Resume at 580 Radio Lane**



Line Dancing classes taught by Kathy Thatcher, will resume October 1st.

Beginners will meet from 3:30 to 4:30 pm, and Advanced will start at 4:30 and end at 5:30 pm. When weather permits the group will practice in the front parking lot, where social distancing will be maintained, so please park on the side or back of the building.



### **Hocking County**

The Gateway to Ohio's Scenic Wonderland

**Gary Waugh**

County Commissioner

1 East Main St.

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740.385.5195

Email: [commissioners@co.hocking.oh.us](mailto:commissioners@co.hocking.oh.us)

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**C.P. York**  
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**Friday October 23,  
11:00-1:00  
Radio Lane  
Parking Lot**

Come celebrate Harvest and Halloween with a parking lot party at our Radio Lane facility. There will be hot dogs, chips, popcorn, and cotton candy.

There will also be Karaoke for those who aren't afraid to let their voice be heard. Come in your car and enjoy the entertainment or bring a chair to sit beside your car. We will definitely practice social distancing. Our Karaoke machine will be cleaned after every performance. You will receive a prize for your singing talent!

Costumes are not required but we would love to see them.

Free and open to the public age 50 and over.

# HAPPY BIRTHDAY TO OUR FRIENDS

## September

Karla Cook	9/2	Larry Sapp	9/21
Nancy Garrett	9/2	Russell Enderle	9/22
Sue Swain	9/3	Daniel Dozer	9/23
Sharon Brown	9/3	Ken Wise	9/24
John Graham	9/3	Larry Hoffman	9/24
James Daubenmire	9/4	Robert Kaising	9/26
Jan Hartman	9/5	David Shepherd	9/26
Pete Kunkler	9/6	Martha Sams	9/28
Dianne Conrad	9/7	Mary Chilcote	9/28
Don Griggs	9/7	Ruth Hawkins	9/29
Terry Norris	9/7	Andy Keplar	9/30
Cindy Johnson	9/7	Rob Hemsworth	9/30
Judy Woolery	9/7	Sandra Webster	9/30

## October

Barbara Farley	9/8	Nellie Nihiser	10/1	Barb Vorhees	10/14
Patty Edgar	9/8	Frank Joseph	10/4	Garnet McGomery	10/14
Linda Shepherd	9/8	Sheila West	10/4	Merle Ellinger	10/15
Michael Walsh	9/9	Robert Steele	10/6	Nancy Jane Dawley	10/16
Judy Clark	9/10	Betty Cather	10/7	Alvin (Bud) Fugett	10/16
Sheila Hall	9/10	Patricia McCollum	10/8	Ellalee Jackson	10/16
Shirley Switzer	9/10	Berdena Smart	10/9	Kathy Krumlauf	10/17
Delbert Beavers	9/11	Donna Enderle	10/10	Mary Arnold	10/18
Susie Canan	9/11	Susan Hughes	10/10	Patty Bennett	10/18
Edward Price	9/12	John Judson	10/10	Tom Carlson	10/18
Rex O'Dell	9/12	Laura Beavers	10/11	Edward Goss	10/18
Kathleen Fleming	9/14	Larry Kienzle	10/11	Roger Hinerman	10/18
Bonnie Lindsey	9/16	Alan Sabovik	10/11	Virginia Mingus	10/18
Charles Angle	9/17	Brenda Snyder	10/11	Ann Corrine Spencer	10/18
Clayton Stahr	9/17	Wayne Grove	10/12	Helen Stimmel	10/20
Jane Auker	9/18	William Cunningham	10/13	Jeffrey Crisler	10/21
Wilma Kuhn	9/18	Sue Jones	10/13	Katrina Marteny	10/23
Janice Glenn	9/19	Leola Schrader	10/13	May Stevens	10/24
Debra Howdyshell	9/19			Shirley Whittington	10/24
Kenny Bell	9/21			Sandy Dehart	10/26
				Betty Sue Forrester	10/26
				Marilyn Johnson	10/26
				Ernie Lee Campbell	10/27
				Ron Courtney	10/28
				Pauline Ashbaugh	10/30
				Tracy Murphy	10/30
				Bonnie Morris	10/30
				Reid Hart	10/31
				Larry Simonton	10/31
				Hal Stimmel	10/31



# Parking Lot Drive Up Bingo

Parking Lot Bingo has turned out to be a success so we are going to start doing it 2x a month. This is in the parking lot at our 580 Radio Lane facility. We are doing the 3rd and 4th Mondays in September and October, Sept. 21st and 28th, and October 19th and 26th, from 10:00 to 11:00 am.

The staff will distribute cards and use a microphone to call numbers. If you Bingo, wave your hand out the window and we will bring your prize. Stay in your vehicle during the game, to practice safe social distancing. We are once again accepting Bingo prizes.

They can be dropped off Monday thru Friday, 8:00 am to 3:00 pm at Spring St. location at our kitchen door only.



## Appalachian Art and Craft Market

This Art and Craft Market is a step above the average. Entering the door you are set back by the angled aisles and awesome grand staircase that leads to a large selection of primitive, country, and American crafts provided by over 120



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Sandra Ogle, Proprietor



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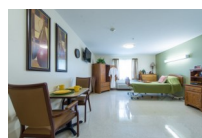
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## Medicare Open Enrollment

OSHIIP has made the very tough decision to cancel all in person open enrollment events this year. The open enrollment runs from October 15th to December 7th. They will offer virtual video conferencing or phone counseling to seniors in Ohio. The number to call is 614-644-1425 or 1-800-686-1578.



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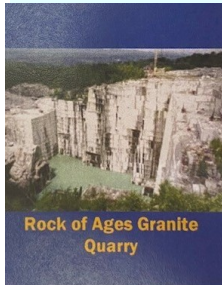


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Guided Tours of Nashville and Belle Meade Plantation

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Executive Director: Marjorie Moore  
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[www.scenichillsseniorcenter.com](http://www.scenichillsseniorcenter.com)  
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 Office Support/Driver: Carla Smyers  
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 Maintenance: Nate Nelson & Larry DeBerry



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 Marketing & Education: Janet Blair

# Happy Fall!



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