



# RINDIE EAGLE

MA, LPCC

## PHILOSOPHY

Rindie has a passion for helping others find their hope and inner strength. She offers a positive approach to therapy that emphasizes encouragement, growth and bringing out your unique creativity to overcome obstacles. She believes you have inside of you positive everything necessary to reach feelings of peace.

## CONTACT

PHONE:  
763.424.1888 ext. 102

EMAIL:  
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AVAILABLE:  
Monday, Tuesday and Thursday

## JOINED NORTHWINDS

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2016

## DEGREES/LICENSE

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Master Degree in Psychology from Walden University in Minneapolis, MN  
Master Degree in Clinical Mental Health Counseling from Alfred Adler Graduate School in Richfield, MN

Licensed Professional Clinical Counselor; License #1167 Since 2016

## WORK EXPERIENCE

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Rindie has experience in the Mental Health field including: outpatient with individuals and couples. She has specialized training in biofeedback therapy, and anger management,

## SPECIALITIES

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Anger Management  
Accelerated Resolution Therapy  
Anxiety Disorders  
Bipolar Disorders  
Perfectionism  
Shame  
Depression