

# Menus

**School:** Cypress School District #64

**Academic Year:** 2021-22

**Meal:** All

**Month:** September 2021

September				
M	Tu	W	Th	F
30 <b>Breakfast:</b> Mini Pancakes Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Hot Dog on a Bun Veggies & Dip Orange Slices Milk	31 <b>Breakfast:</b> Apple Strudel Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Chicken Fajita w/Cheese Side Salad Pears Milk	1 <b>Breakfast:</b> Chocolate Mini Donuts Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Country Fried Steak & Roll Mashed Potatoes & Gravy Pineapple Chunks Milk	2 <b>Breakfast:</b> Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Toasted Ravioli & Sauce String Cheese Carrots & Dip Peaches Milk Chef Salad Opt. 4-8gr	3 <b>Breakfast:</b> Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk  <b>Lunch:</b> Popcorn Chicken Bread French Fries Mixed Fruit Milk
6	7 <b>Breakfast:</b> Cheese Omelette Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Beef Burrito w/ Salsa Cherry Tomatoes Mandarin Oranges Fruit Roll Up Milk	8 <b>Breakfast:</b> Oatmeal or Cereal Toast Fruit & Juice Milk  <b>Lunch:</b> Meatloaf & Roll Mashed Potatoes & Gravy Peaches Milk	9 <b>Breakfast:</b> Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Sloppy Joe on a Bun Green Beans Pears Jello Milk Chef Salad Opt. 4-8gr	10 <b>Breakfast:</b> Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk  <b>Lunch:</b> PBJ-Uncrustable Chips Apple Milk
13 <b>Breakfast:</b> Breakfast Pizza Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Sweet & Sour Chicken w/ Veggies & Rice Mixed Fruit Milk	14 <b>Breakfast:</b> Scrambled Eggs or Cereal Toast Fruit & Juice Milk  <b>Lunch:</b> Corn Dog Pretzels Apple Fruit Roll Up Milk	15 <b>Breakfast:</b> Long John w/Choc. Glaze Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Spaghetti & Bread Garden Salad Pineapple Chunks Milk	16 <b>Breakfast:</b> Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Bosco Sticks & Sauce Corn on the Cob Peaches Milk Chef Salad Opt. 4-8gr	17 <b>Breakfast:</b> Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk  <b>Lunch:</b> Ham & Cheese Sandwich Carrots & Dip Orange Slices Pudding Milk
20 <b>Breakfast:</b> Powdered Sugar Donuts Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Italian Sub Sandwich Deli Pickle Oven Fries Mandarin Oranges Milk	21 <b>Breakfast:</b> Mini Pancakes Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Soft Taco w/Cheese Lettuce/Tomato Black Beans & Corn Pineapple Chunks Milk	22 <b>Breakfast:</b> Sausage Biscuit Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Macaroni & Cheese Roll Green Beans Mixed Fruit Milk	23 <b>Breakfast:</b> Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Grilled Cheese Sand. Fresh Veggies & Dip Banana Milk Chef Salad Opt. 4-8gr	24 <b>Breakfast:</b> Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk  <b>Lunch:</b> Pizza Garden Salad Applesauce Graham Cracker Milk
27 <b>Breakfast:</b> Apple Strudel Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Popcorn Chicken Bread Sliced Carrots Peaches Milk	28 <b>Breakfast:</b> Bagel w/ Cream Cheese Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Cheese Quesadilla Garden Salad Mandarin Oranges Pudding Milk	29 <b>Breakfast:</b> Yogurt or Cereal Blueberry Muffin Fruit & Juice Milk  <b>Lunch:</b> Country Fried Steak Roll Mashed Potatoes & Gravy Mixed Fruit Milk	30 <b>Breakfast:</b> Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> BBQ Pork on a Bun Baked Beans Pears Milk Chef Salad Opt. 4-8gr	1 <b>Breakfast:</b> Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk  <b>Lunch:</b> Turkey & Cheese Sand. Cucumber & Tomato Salad Banana Cookie Milk