



AUGUST 2019

Mon.	Tue.	Wed.	Thu.	Fri.
			<p>1</p> <p>LEISURE GROUP 1:00 - 3 :00PM <i>Chess, <u>BINGO</u>, Games</i></p> <p>DBT GROUP w/ James 3:00-4:00PM</p>	<p>2</p> <p>COMPUTER/IPAD DROP-IN GROUP 1:00-3:00PM</p>
<p>5</p> <p>CIVIC HOLIDAY HMHO CLOSED</p>	<p>6</p> <p>COFFEE CLUB 1:00-2:00PM</p> <p>CURRENT EVENTS 2:00-3:00PM</p>	<p>7</p> <p>TRIP: Movies See Oksana for Details</p>	<p>8</p> <p>LEISURE GROUP 1:00 - 3 :00PM <i>Chess, Games, Fun</i></p> <p>DBT GROUP w/ James 3:00-4:00PM</p>	<p>9</p> <p>PHOTOGRAPHY CLUB 1:00-3:00PM</p>
<p>12</p> <p>ARTS AND CRAFTS 1:00-2:30 PM <i>Gingerbread Houses</i></p>	<p>13</p> <p>COFFEE CLUB 1:00-2:00PM</p>	<p>14</p> <p>TRIP: Hutch's See Oksana for Details</p>	<p>15</p> <p>LET'S COOK See Oksana for Details</p> <p>LEISURE GROUP 1:00 - 3 :00PM <i>Chess, <u>BINGO</u>, Games</i></p>	<p>16</p> <p>SKILLS FOR BETTER LIVING: WEEKEND PLANNING 11:00-12:00PM</p> <p>COMPUTER/IPAD DROP-IN GROUP 1:00-3:00PM</p>
<p>19</p> <p>ARTS AND CRAFTS 1:00-2:30PM</p> <p>MINDFULNESS 2:30-3:30PM</p>	<p>20</p> <p>TRIP: HMHO Picnic at Dundurn Park See Oksana for Details</p>	<p>21</p> <p>SINGING GROUP 1:00-2:00PM</p> <p>GIRL TALK 2:00-3:00PM</p>	<p>22</p> <p>LEISURE GROUP 1:00 - 3 :00PM <i>Chess, Games, Fun</i></p>	<p>23</p> <p>PHOTOGRAPHY CLUB 1:00-3:00PM</p>
<p>26</p> <p>ARTS AND CRAFTS 1:00-2:30 PM <i>Homemade Body Scrub</i></p>	<p>27</p> <p>COFFEE CLUB 1:00-2:00PM</p> <p>CURRENT EVENTS 2:00-3:00PM</p>	<p>28</p> <p>SWIMMING @ BIRGE OUTDOOR POOL *Weather Dependent* 11:30-1:30PM</p>	<p>29</p> <p>LEISURE GROUP 1:00 - 3 :00 PM <i>Chess, <u>BINGO</u>, Games</i></p>	<p>30</p> <p>TRIP: Killman Zoo <i>Cost: \$5.00</i> See Oksana for Details</p>

CALL OKSANA AT 905-522-9767 x 214 IF YOU HAVE QUESTIONS