

FREE

March 2018 .
Volume 6, Issue 8 .

Donna Hernandez-Mathieus
Librarian/Editor

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Rio Abajo Community Library
28 S. Calle de Centro
La Joya, NM 87028
(505) 861-8289

Website: www.RACLibrary.info
Email: RACLibrary@hotmail.com
Facebook:
www.Facebook/RACLibrary

A 501(c)(3) nonprofit registered in New Mexico – owned and operated by volunteers and with donations

March Hours:

Tuesday, Wednesday, Thursday
11:00 a.m. – 6 p.m.

Fridays 9:00 a.m.-1:00 p.m.

DONATE TO OUR BUILDING FUND!
www.GoFundMe.com/RACLibrary



RAC Library Leaves



Crisis Point

When televisions first came out it was said that radios would soon be obsolete. The same was said about bicycles when cars started to roll out. Today radios are built into cars and bicycle paths are built next to roads. The same has been said about libraries. It is now clear that libraries contain more than books – and a multitude of industries base their projections on libraries.

One example is the National Association of Realtors. Based upon their research, a community with a library (with or without a school) is a key indicator of the economic desirability of the area. If a community does not have a library the property values are significantly lower. A good example of this are urban communities where libraries closed; the property values lowered as much as 75% within three months, but communities retaining their library remain stable and increase in value.



Another example is the barometer used by government agencies. A library indicates a strong community with high voter input, and therefore, is more seriously considered for investment in maintenance and improvement

funds (i.e., our soon-to-be available medical center).

In communities where the library is obviously and actively involved, the community benefits in other areas as well. Businesses invest in those communities, banks are willing to invest (loans, mortgages, etc.). In other words, a library is an indicator of the strength, reliability, and viability of that community, and hence, a sign that the community is worthy of investment.



Our impact in the Rio Abajo community has been significant. In 18 years, we have worked hard to elevate our kids' potential, and have done so successfully. In 1999 the graduation rate for our kids was 17%. Today our kids have a 96% graduation rate, and more than 70% of these graduates go to college. The newsletter we created is a strong platform to lobby for investment and support, which means we have a medical center being built, small businesses are coming in, and banks have reclassified our area from a "red zone" (indicating dubious investment) and we are now a "green zone" – which makes getting mortgages, business loans, etc. easier to get.



Despite hopeful plans for two major summer programs and organizing additional involvement for future projects with other organizations and agencies, this may all come to a screeching halt. Our present Goodwill Trainee, Fay Stone, will be leaving us in June.

We continue to write grant proposals and send out pleas to every agency, organization and person we can find for funding, but there is a crippling perception issue. Libraries are perceived to receive funding from taxes and bonds sufficient to pay for staff, and everything else.. Our library is unique – we survive with donations and donations, but the RAC Library is quickly coming to a serious crossroad

Rio Abajo Community Library receives about \$7,000 per year from the State and about \$1,500 a year from the County. The costs for lights, heat, phone and internet exceed that amount. This has meant that the cost of everything (i.e., paper, printer ink, pens, books, etc) have been met with donations and fund raisers (i.e., St. Paddy's Day Bingo and Hispanic Month Loteria). We don't have paid staff – we have the Director (who receives a small stipend to help cover her costs), a Goodwill Industries' minimum wage trainee, and volunteers who occasionally help with the maintenance, projects and fund raisers. Goodwill Industries has advised we will not be getting a new trainee. The work was always overwhelming with two people,

but it will be a physical impossibility with only one.

So, we now desperately need your help. Do you know where we could possibly get some funding? We would need exact names, address and phone number, not vague suggestions. Is anyone available to donate one or more days each week? This would be a strong commitment to the community because once the summer programs begin, we will be needing people to help with a large number of kids.



We will continue to work hard to meet all the needs of the community. We have our books, magazines, newspapers, computers, free internet, notary public, copy/faxing center, newsletter, research tools, classes, meeting facilities, tutoring, and snacks. All this and more will continue to be available to everyone until the community decides we are not needed.✂



Northern Socorro Senior Center

*By Patricia White-Johnson,
Director*

After the holidays everyone is a little relieved that all the rushing and work is over, so January was somewhat peaceful. However, January is now over and things are getting busy again!

Our dances this month will be on March 9 and March 23. Nothing special is planned this month – just the normal toe-tapping, smile producing music that everyone loves to dance to

This month's Pool Tournament will be on March 15th at the Socorro Senior Center. In case you didn't know about our local pool shark – our own Les Haugness from Veguita has won the last two pool tournaments!

He's on a roll and we are hoping his winning streak makes this the third month as our champion! The excitement begins at 10 a.m.

The Rio Abajo Community Library will have their Senior Book Mobiles on March 7th and March 21st (the first and third Wednesday). Don't forget to return any books or movies – or better yet, check out what new items they have!

Our Socorro shopping trip this month will be on Friday, March 16th. All Seniors (60+) are welcome. We only ask that you call and reserve your spot by Wednesday (March 14th) so we can be sure to have enough seats for everyone. We leave at 9 am and should return around 1:00 pm.

Let us not forget! Lupita will also be here on Thursday, March 15th to lead our nutrition program. Some of the recipes shared are quickly becoming household classics!

Last note: We will be closed on Friday (March 30th) for spring break.

✂✂✂



The Senior Center in Veguita provides:

- Hot meals from 12 pm to 1pm.
- Meals-on-Wheels when qualified (for home bound, disabled, bedridden, or unable to cook for oneself).
- Transport to/from the Center.
- Monthly shopping trips to Socorro as scheduled.
- Monthly menu and activity calendar with a nutrition packet and fun puzzles.

For additional information about the program, come by the Center (894 Highway 304, Veguita) or call (505-861-2860).

The Center is open Monday through Friday, 8 am to 2 pm. ✂

Word of the Month



We have new words for you this month!

Snollygoster – a person who has intelligence but no principles

Fudgel – the act of giving the impression of working but actually doing nothing

Twattling – gossiping idly about unimportant things

Grumbletonians – people who are angry or unhappy with government

Hum Durgeon – an imaginary illness

Groke – someone who stares at you hoping you'll share your food

Shhivviness – the uncomfortable feeling of wearing new underwear

Crapulous – feeling ill as a result of eating too much food

Mugwump – somebody in charge who affects to be above petty squabbles

Dysania – someone who has extreme difficulty getting out of bed in the morning

Elflock – a word that described tangled hair as if matted by elves

Ultracrepidarian – someone who gives opinions on subjects they know nothing about

Trumpery – things that look good but are basically worthless

Jargogle – to confuse or jumble up

Callipygian – having beautiful, well-shaped buttocks

Lanspresado – someone who always conveniently shows up

with no money

Cockalorum – a small man with a big opinion of himself

Zwodder – to be in a drowsy, fuzzy state ✂



2018 Scholarship Applications Available

By Mary Lucy Baca

The Socorro Electric Cooperative (SEC) Foundation has provided educational assistance to our members since 1972, and we are again awarding scholarships this year to students pursuing their education and whose parents or legal guardians, are members of SEC.

Scholarships are available to the 2018 graduating home-schooled seniors, or to 2018 graduating seniors from Socorro High, Magdalena High, Alamo High, Quemado High and/or Belen High.

Scholarship applications are due by 4:30 pm, Monday, April 2nd.



The scholarship application packets are available from:

- The guidance counselor offices of the high schools listed;
- The SEC office at 215 East Manzanares Avenue in Socorro; or
- Downloaded from the SEC website at www.socorroelectric.com. ✂



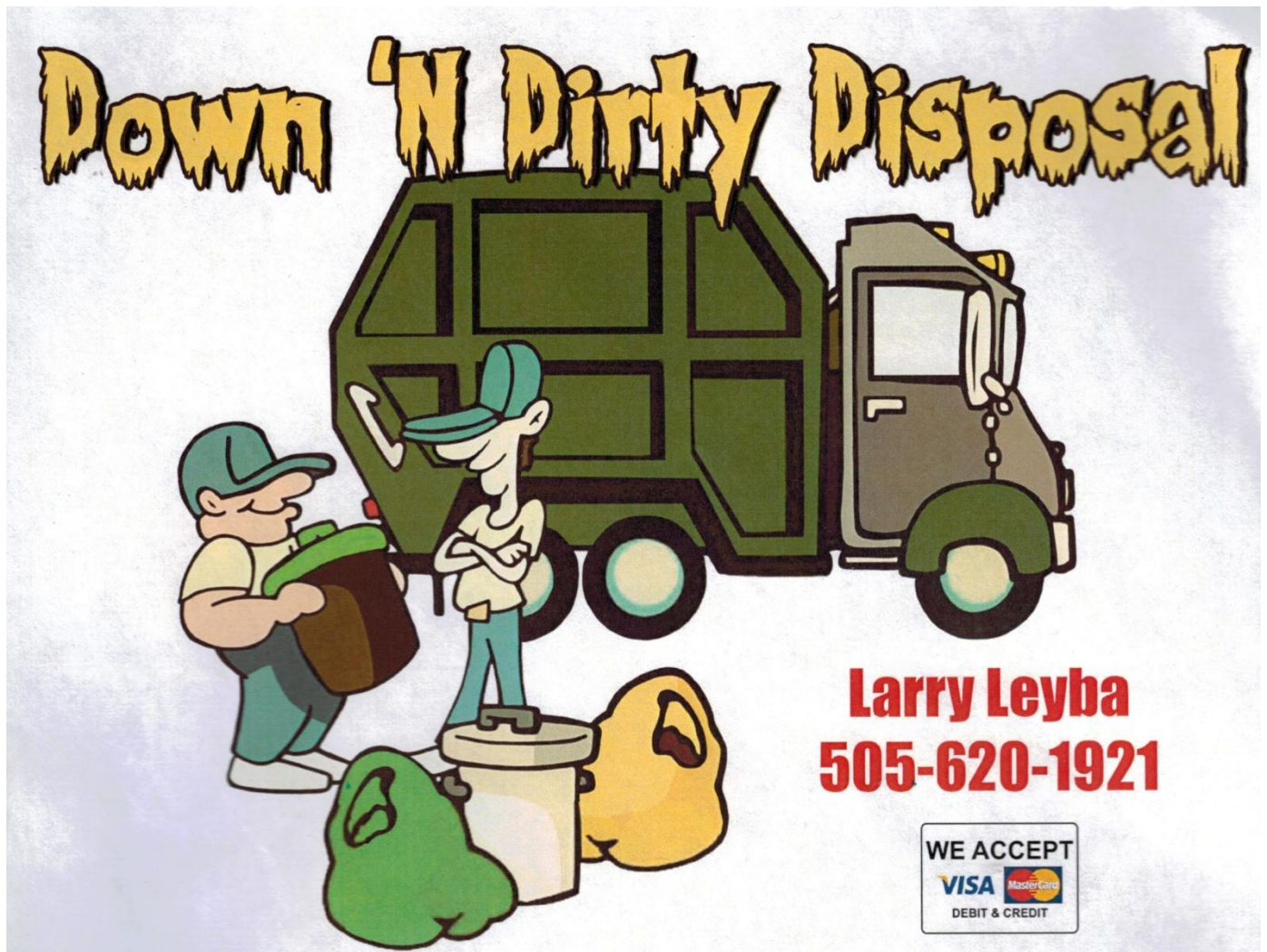
**Check out the
NM Family Pass
and get free admission
to museums & historic
sites across the state!**

The Family Pass opens the doors to the 15 exceptional museums and historic sites listed below. From Native American treasures to space exploration, world-class folk art to super dinosaurs, ancient sites to the state-of-the-art New Mexico History Museum – our museums and historic sites celebrate the essence of New Mexico!

**The Family Pass is available
FREE to RAC Library
Patrons!**

Sponsored by:





Residential & Commercial Services

Two 95 Gal. Trash cans \$23/month

One-Time Pick Up Available Upon Request

Serving northern Socorro County – including La Joya, Veguita, San Acacia, Alamillo, Polvadera, Lemitar, Luis Lopez and San Antonio

Call Today for more Information!

This Month's Events

March 1, 2018 -- Thursday
NATIONAL PIG DAY



March 2, 2018 -- Friday
9:00 am at RAC Library
RIO ABAJO COMMUNITY LIBRARY
BOARD MEETING

Everyone welcome to attend!

March 2, 2018 -- Friday
READ ACROSS AMERICA
DAY AND
DR. SEUSS' BIRTHDAY



March 7, 2018 -- Wednesday
9:30 am at Senior Center, Las
Nutrias
RAC MOBILE LIBRARY

Books, talking books and movies
will be available to borrow, plus
Charlie Landsborough's CDs.

March 7 -- Wednesday
6:00 pm at RAC Library
LA JOYA ACEQUIA MEETING

Plans for the upcoming growing
season will be made.

March 9, 2018 -- Friday
9:30 am at North Soc. Senior
Center, Veguita
SENIOR'S DANCE

All Seniors welcome. Note Lunch
will be served at 11 am.

March 11, 2018 -- Sunday
DAYLIGHT SAVINGS



Move your clocks
forward one hour!

March 12, 2018 -- Monday
6:30 pm at RAC Library
LAJOYA CRAFTING CIRCLE

Work on projects, learn crafts, and
visit. We also have coloring for
our sophisticated folks. For info
call 864-0666

March 14, 2018 -- Wednesday
ASH WEDNESDAY

This Month's Events

March 15, 2018 -- Thursday
10:00 am at Socorro Senior
Center, Socorro
SENIOR POOL TOURNAMENT

Our resident pool sharks will be
competing with Socorro County's
pool players.

March 15, 2018 -- Thursday
10:30 am at North Soc. Senior
Center, Veguita
NUTRITION PROGRAM

Everything from nutrition questions
to recipe exchanges are lead by
Lupita. All Seniors welcome.

March 30, 2018 -- Friday
NATIONAL AGRICULTURE
DAY



March 16, 2018 -- Friday
9:30 am at North Soc. Senior
Center, Veguita
SOCORRO SHOPPING TRIP

All Seniors welcome. Call to
reserve your seat! (505-861-2860)

March 17, 2018 -- Saturday
ST. PADDY'S DAY



March 17, 2018 -- Friday
NATIONAL QUILTING DAY

March 18, 2018 -- Sunday
2:00 pm at Blacks
Smuggler Winery
7TH ANNUAL ST. PADDY'S
DAY BINGO



Bingo fun, door prizes, wine
tasting & more. See page ____

March 19, 2018 -- Monday
11:00 am at Las Nutrias Parish
Hall (Hwy 304)
ST. VINCENT DE PAUL/ROAD
RUNNER FOOD BANK

Free food is distributed for low-
income households. To enroll,
come in one hour early.

This Month's Events

March 20, 2018 -- Tuesday
EXTRATERRESTIAL
ABDUCTION DAY



March 21, 2018 -- Wednesday
9:30 am at Senior Center, Las
Nutrias
RAC MOBILE LIBRARY

Books, talking books and movies
will be available to borrow, plus
Charlie Landsborough's CDs.

March 23, 2018 -- Friday
9:30 am at North Soc. Senior
Center, Veguita
SENIOR'S DANCE

All Seniors welcome. Note Lunch
will be served at 11 am.

March 25, 2018 -- Friday
PALM SUNDAY



March 30, 2018 -- Friday
GOOD FRIDAY

March 30, 2018 -- Friday
PASSOVER BEGINS AT
SUNDOWN



March 25, 2018 -- Friday
HIGHWAY CLEAN UP



DEADLINE FOR SUBMITTING APRIL NEWS:
5:00 P.M., MARCH 27, 2018



Gas Pump Skimming

Have you ever used a credit or
debit card to purchase gasoline at
the pump? If so, you may want to
learn how to protect yourself from
having your card information
stolen.



When you pay at the pump, there's a possibility for thieves to steal your credit card information using skimmers. Thieves attach skimming devices to the card

scanner, and the devices capture the account data from cards used to purchase gas without interfering with the purchase. In petroleum dispensers, the devices are often attached directly to a circuit board on the card reader on the inside of the dispenser.

The cardholder is unaware that the data has been compromised until it has been used to make unauthorized purchases.

The New Mexico Department of Agriculture (NMDA) not only supports the viability of agriculture, supports the beneficial use of natural resources, promotes food protection and global marketing, but is also responsible for consumer protection and regulatory compliance.

The NMDA Standards and Consumer Services Division (SCS) is responsible for enforcing New Mexico's weights and measures laws and regulations. Petroleum and fuel pumps fall into this category. The petroleum standards program is responsible for inspection and testing of all commercial petroleum measuring devices and ensuring product quality for gasoline, diesel, kerosene, brake fluid, antifreeze and lubricating oil.

"While collecting petroleum samples for testing or inspecting pumps, inspectors may come across a skimmer device," said

New Mexico Secretary of Agriculture Jeff Witte. "SCS staff works closely with law enforcement regarding this issue."

As a consumer, the following steps may help protect yourself from being a victim of skimming at the fuel pump:

- Pull on the credit card reader to ensure it is permanent
- Check for audit tape to ensure no one has tampered with the dispenser
- Choose a fuel pump that's in the cashier's sight
- Go inside and pay with cash

If you discover a credit card skimmer at the pump, report it to authorities as well as to the store manager. To report identify theft, call the Federal Trade Commission at 877-438-4338 or visit www.identitytheft.gov.

New Mexico fuel retailers are asked to contact NMDA SCS staff at 575-646-1616 as soon as



possible after a skimmer is found. SCS also provides information to retailers and repair establishments regarding steps to take if a skimmer is discovered.

For more information about NMDA, visit www.nmda.nmsu.edu. Like us on Facebook www.facebook.com/NMDeptAg and follow us on Twitter @NMDeptAg. ✂

Backyard Poultry

Rosemary for Chickens

By Lisa Steele

Rosemary, an intensely fragrant herb from the Mediterranean,

looks like lavender, but is actually related to mint. It has been used since ancient times for a variety of health reasons for humans, and makes a nice seasoning.

From an aromatherapy standpoint, rosemary can be used in a chickens' nesting area to calm and soothe laying or sitting hens. Fresh or dried, sprinkling some rosemary around the coop can help relax the flock. Smelling rosemary also improves their immune systems and enhances respiratory health.



Rosemary is edible, so it's a good to plant around the coop or run. Its also a well-known pesticide, so it helps keep the coop and run free of flies and mosquitoes.

Containing anti-inflammatory properties, rosemary can be applied to a sore or sprained leg or foot to reduce swelling and provide pain relief to your hens. It is believes to help fight staph infections, so it's a great choice to treat bumblefoot.



Lastly, rosemary improves circulation, which is important when chickens are sitting on a clutch of eggs. During the three-week incubation period, hens don't get up very much, so tucking fresh rosemary under her can be very beneficial. She doesn't need to eat the rosemary to glean its benefits; the contact between her bare breast and the oils in the needles will cause the oils to be absorbed into her skin.

When harvesting fresh rosemary, put some aside to hang in your

coop or scatter in the nesting area for better chicken health.

Excerpt from Backyard Poultry (Dec/Jan 2016). Lisa Steel, a published author, can be contacted at www.fresheggdaily.com ✂

Rio Abajo Community Celebrations

March 3

Vince Esquibel's birthday

March 4

Tess Chacon's birthday

March 7

Libby Barela's birthday

March 8

Virginia Gray's birthday

March 9

Eillen D Eiler's birthday

Daniel Medeiros' birthday

Michael Medeiros' birthday

March 10

Joseph Ulibarri's birthday

Pat White-Johnson's birthday

March 11

Elyza Orndorff's birthday

March 15

Clara Gonzales' birthday

Lupé Saiz-Fields's birthday

March 20

Mary Medeiros' birthday

March 21

Nikkolas Jones' birthday

Kevin Hines' birthday

Richard Wheeler's birthday

March 23

Prescilla Mendoza's birthday

March 24

Zia Yniguez's birthday

Tommi Lynn Mayse's birthday

March 25

Norma Stanton's birthday

Victoria Villegas's birthday

March 26

Melissa Gabaldon's birthday

Tracy C Thrun's birthday

Rio Abajo Community Celebrations

March 31

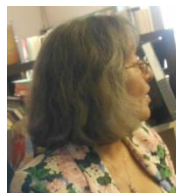
Craig Harding's birthday

*IS A BIRTHDAY, ANNIVERSARY OR
CELEBRATION COMING UP? LET US KNOW
AND WE'LL PASS THE WORD!*

Natural Health Tips

Ginger Magic

*By Donna
Hernandez, ND,
MH*



Very often the best remedy for a problem is the simplest and most natural one. And for digestive difficulties, especially nausea, you need look no farther than ginger.

This spice, which has suddenly surged in popularity, has been used since ancient times to relieve all



types of stomach ailments.

And there's a good reason for that. The

soothing quality of ginger on digestion is due to presence of gingerol, a substance the body converts to into compounds that act to block receptors that cause you to become nauseous.

Gingerol, of course, sounds a lot like ginger ale, one of the most popular remedies for a queasy stomach. But while ginger ale is often an effective way of calming motion and morning sickness as well as nausea from chemo and anesthesia, the most popular commercial brands like Canada Dry come with something else you'd be better off avoiding – that

laboratory sweetener high fructose corn syrup, or HFCS.

So if you like to keep some ginger ale in your fridge for those times when your stomach goes on the fritz, ditch the big names and pick up a brand that's made using cane sugar. Or better yet, try making some of your own. You can easily do that by buying some liquid ginger extract, which is now available in many supermarkets, and adding it to some club soda along with sugar to taste or even some stevia. You can also simmer ginger root in a small amount of water and use it the same way.

However you use ginger, you'll be enjoying something that not only tastes good, but has a host of medicinal benefits as well.

NOTE: Donna, who lives in La Joya, is a Naturopathic Doctor, a published author, and writes regular articles for publications on the internet. ✂

SHOPPING ON- LINE?

Sign up for Amazon Smile

(www.Smile.Amazon.com)

Make purchases as you normally would and Amazon donates a percentage of their profits to the non-profit of your choice – and of course – you want to pick

**Rio Abajo Community
Library!**

Joke of the Month



I was recently at Costco, buying a large bag of Purina dog chow for Owen, my Wonder Dog and was in the check-out line when a woman behind me asked if I had a dog. What?

I'm retired and have little to do, so, I told her that no, I didn't have a dog, I was starting the Purina Diet again. I added that I probably shouldn't, because I ended up in the hospital last time, but that I'd lost 50 pounds before I awakened in an intensive care ward with tubes coming out of most of my offices and IVs in both arms.

I told her that it was a Perfect Diet and that the way that it works is to load your pants pockets with Purina Nuggets and simply eat one or two every time you feel hungry. The food is nutritionally complete (certified), so it works well and I was going to try it again. (I have to mention here that practically everyone in line was now enthralled with my story.)

Horried,
she asked if
I ended up
in intensive
care
because of
food



poisoning me. I told her no, I had stopped to pee on a fire hydrant and a car hit me.

Well, I thought the guy behind her was going to have a heart attack he was laughing so hard.

Costco won't let me shop there anymore. ✂

Future Events

April 1, 2018 – Sunday
APRIL FOOL'S DAY



April 1, 2018 – Sunday
EASTER SUNDAY

April 4, 2018 – Wednesday
7:00 pm at RAC Library
LA JOYA ACEQUIA MEETING

April 6, 2018 – Friday
9:00 am at RAC Library
RIO ABAJO COMMUNITY LIBRARY
BOARD MEETING

Everyone welcome to attend!

April 7, 2018 – Saturday
LAST DAY OF PASSOVER

April 7, 2018 – Wednesday
NATIONAL BEER DAY

April 9, 2018 -- Monday
6:30 pm at RAC Library
LAJOYA LADIES' CRAFTING
CIRCLE

Work on projects, learn crafts, and visit. For info call 864-0666

April 11, 2018 – Wednesday
9:30 am, Sr Center, Las Nutrias
RAC MOBILE LIBRARY

April 12, 2018 – Thursday
WALK ON YOUR WILD SIDE DAY

Future Events

April 16, 2018 -- Monday
11:00 am at Las Nutrias Parish Hall (Hwy 304)

ST. VINCENT DE PAUL/ROAD
RUNNER FOOD BANK

Free food is distributed for low-income households. To enroll, come in one hour early.

April 16, 2018 – Monday
NATIONAL LIBRARIAN DAY

April 25, 2018 – Wednesday
9:30 am, Sr Center, Las Nutrias
RAC MOBILE LIBRARY

April 26, 2018 – Thursday
TAKE YOUR DAUGHTER TO WORK DAY

April 28, 2018 – Saturday
KISS YOUR MATE DAY

DEADLINE FOR SUBMITTING MAY NEWS:
5:00 P.M., MARCH 27, 2018

Classified Ads

ROOMMATE WANTED. Nice 3 bedroom, 2 bath, brick home in Contreras. Roommate will have use of the master bedroom. (505) 300-8354.

CHICKEN FRUIT FOR SALE. No additives, preservatives, hormones, dyes or chemicals. All natural deliciousness. \$3 per dozen if picked up. (505) 864-3662. ✂

Rio Abajo Community Library Board

President	Ken Hansen, La Joya
Vice Pres	Minnie Presley, Veguita
Secretary	Mary Lampkin, Veguita
Treasurer	Dolores Phillips, Sabinal
Directors	April Esquibel, La Joya
	Kathy Esquibel, Veguita
	Quentin Lawson, Veguita
	Irene Saiz, La Joya

Federal non-profit # 83-0398943 ✂

*Río Abajo Community Library
Presents*

6th Annual

BINGO



Sunday - March 18, 2018

Beginning at 2:00 p.m.

Black's Smuggler Winery

25 Winery Road, Bosque

On State Hwy 116 (between Belen or Hwy 60), drive 7-8 miles and turn west onto CR223 (Winery Road), go thru the tunnel, first building on the left

*Lots of GREAT
prizes*

Great Door prizes!

Great Snacks - Desserts - Beverages!

Wine Tasting -- Great Fun!



\$10 for 7 sheets (3 games/sheet) of Regular Bingo;

*\$15 for 7 Regular Bingo & 3 Bingo Specials
thereafter*

\$2 per sheet of 3 for additional Bingo chances

Proceeds earmarked for the Building Fund

Order Form for Ads, Subscriptions and Volunteers

Subscription:

☐ Request an annual subscription (with gifts and extras) to the monthly newsletter (\$15/year minimum donation) to cover the costs of copies and postage (enclose a check or money order made out to Rio Abajo Community Library).

Advertising

☐ I want to run an ad for \$1 and am enclosing what I want my ad to say (25 words or less) to include in the next newsletter.

☐ Contact me regarding display advertising.

Volunteering/Donations

☐ I want to volunteer to help out at the library for one hour per week.

☐ I want more information about serving as a Board Member on the Rio Abajo Community Library Board to help direct and advise the Library (one meeting a month for about one hour).

☐ I want to donate goods and/or services for RACL fund-raising efforts.

☐ Make a cash donation of \$_____ (make check or money order: to Rio Abajo Community Library).

☐ Other _____

Name _____

Address _____

Phone _____

Email address: _____

Rio Abajo Community Library
28 Calle de Centro S
La Joya, NM 87028

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PAID

ADDRESS CORRECTION REQUESTED

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