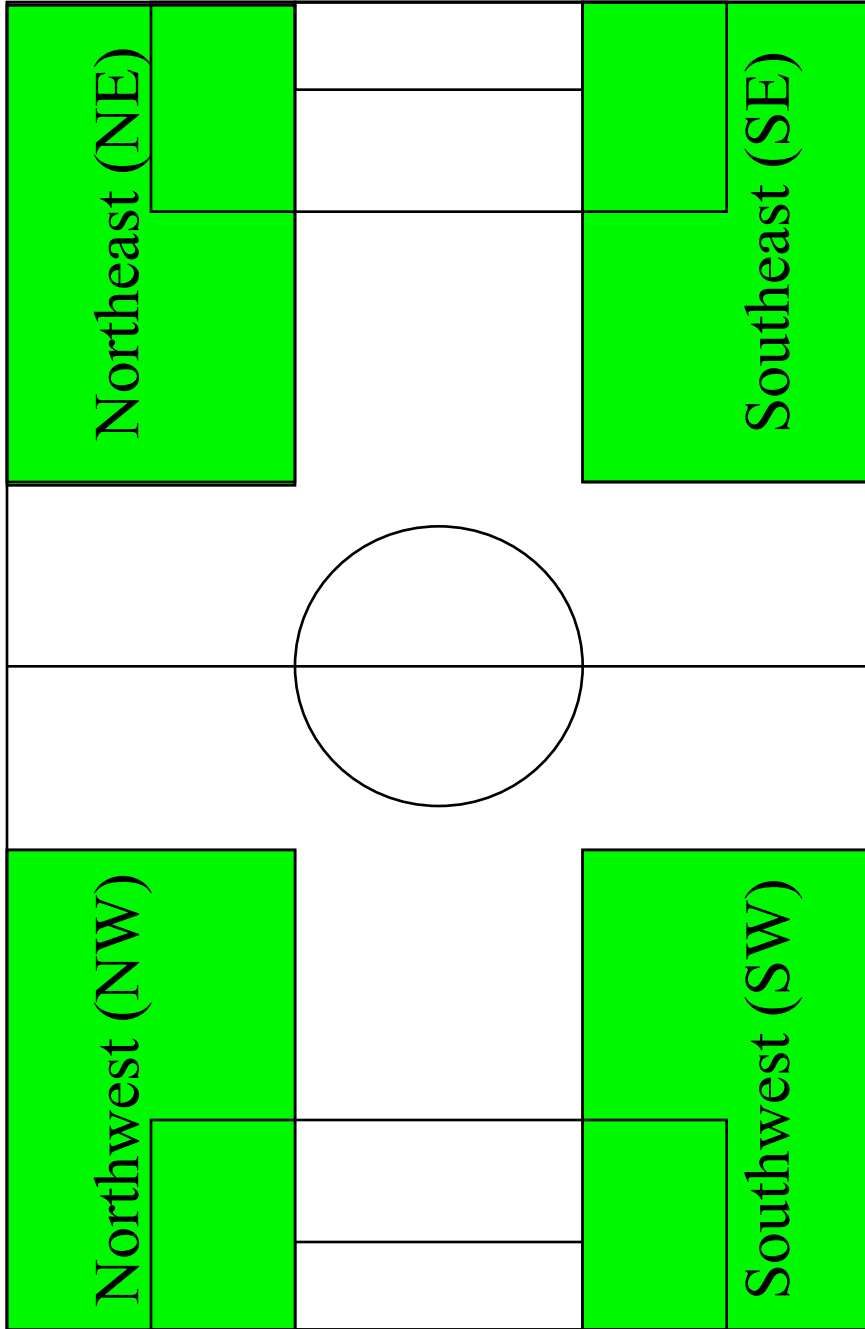


Newburgh Youth Soccer *Spring 2018*

Mountain Dew Field Layout

Amax Field 2



Main Parking Lot

Concession Stand



Newburgh Youth Soccer Mountain Dew Coaches Meeting Spring 2018



- **Playing Rules**
 - **Unstructured Play**
 - Provides opportunities for players to learn
 - **Field of Play: 30 yards x 20 yards**
 - Goals: 4' x 6'
 - **Ball: Size 3**
 - Balls are provided on-site
 - **Players: 4v4**
 - Balance if short
 - No Goalkeepers
 - Shinguards required
 - Cleats not required but if purchased make sure they are not baseball cleats (no toe cleat allowed)
 - No jewelry except medical bracelets
 - **Referees: None, coaches & parents on field**
 - **Throw-ins or Kick-ins are okay**
 - **NYS**
 - Max roster size is 7
 - Each player plays 50% of game
 - **Bring Water**

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- **Flight & Team Structure**
 - 16 Teams - 2 Flights of 8 Teams Each
 - Flights A & B
 - Teams 1, 2, 3, 4, 5, 6, 7, 8 within each flight
 - Flight Leader is Assigned Team 1 (i.e. “A1”)
 - Assign Team Numbers 2-8 (Random)
 - Maximum of 7 players per team
 - As of 3/17 we have 99 players; room for 13 more

- **Flight Leader Responsibilities**
 - Communication point between Division President (Misty Eastep) and Flight Coaches
 - “Keymaster” - unlocks and locks the shed so that coaches can get out and put up goals, ball, & cones



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- All Activities held on Saturdays at Amax
 - 2 One Hour Sessions
 - 11:30am & 1:00pm
 - Each session begins with a skill clinic led by an assigned team – all teams gather around the center circle

➤ Practice Dates (1)

	<u>Flight A</u>	<u>Flight B</u>
April 7	11:30am	1:00pm

- Fields are not assigned; wear something unique
- Meet players & parents; review medical release forms
- Pass out uniforms
- Flight A coaches arrive at 11:15am to get the goals out of the storage barn and assemble them for play
- Flight B coaches tear down goals and return them to the storage barn after the last session.

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➤ Game Dates (6)

	<u>Flight A</u>	<u>Flight B</u>
April 14	1:00pm	11:30am
April 21	11:30am	1:00pm
April 28	1:00pm	11:30am
May 5	11:30am	1:00pm
May 12	1:00pm	11:30am
May 19	11:30am	1:00pm

- Game schedule (with field and opponent) will be available on April 7

➤ Typical Game Day by Time Slot

	<u>11:30am</u>	<u>1:00pm</u>
Set Up	11:15am	N/A
Clinic	11:30am	1:00pm
Practice	11:40am	1:10pm
Game	Noon	1:30pm
Treats	12:30pm	2:00pm
Tear Down	N/A	2:00pm

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➤ Skill Clinic Assignments

April 7	Team 8
April 14	Team 7
April 21	Team 6
April 28	Team 5
May 5	Team 4
May 12	Team 3
May 19	Team 2

➤ Skill Clinic Ideas

- Keep it simple & fun
- Demonstrate a Skill - Dribbling, Shooting, Passing & Trapping, Throw Ins, Etc.
- Demonstrate a Game - Sharks & Minnows, Crab Soccer, Red Light / Green Light, Others
- Invite friends (i.e High School or Jr. High School Players) to help if you like
- See coaching activities on the Indiana Soccer web site under the Education tab