

PASTOR'S POST

Greetings,

I recently treated myself to a night out at the Phoenix Theater. On my birthday I went to see, "Always ...Patsy Cline." This show is based on a true story about Patsy Cline's friendship with a fan from Houston, TX named Louise Seger, who befriended Patsy when Patsy was performing at a Houston area honky-tonk. The show's title comes from Patsy's ensuing letters to Louise which Patsy signed, "Always, Patsy Cline." The show features twenty-seven of Patsy's greatest hits. It involves audience interaction, it is humorous and touching. The performers are outstanding! If you have seen the show, you know how good it is. If not, you can still catch this production which runs through August 7.



When was the last time you treated yourself? According to an online article in PsychCentral.com, for something to be a treat, we have to think of it as a treat and we make it a treat when we call it a treat. When we notice our pleasure and relish it, the experience becomes much more of a treat. When we give ourselves treats, we feel more energized, cared for, and contented.

We should strive to have a lengthy list of treats. We live in tumultuous times. Between the ongoing reports of COVID, the war in Ukraine, politics, gun violence, and so many other disturbing topics, we have to find ways to turn our attention from the unpleasant news of the day and toward that which brings joy. A night at the theater can do it. Lunch with a friend is good. Something as simple as stopping for an ice cream sundae can bring feelings of joy and happiness. For some, a spa treatment works.

And it doesn't have to be something that costs money. I whole heartedly believe that joining a community of faithful Christians for the worship of God is uplifting. Having an extra glass of cold iced tea on a sweltering summer day is another treat for me. Chocolate brownies are too!

So, for your birthday or any time, treat yourself, and enjoy!

Always,

Pastor Brady



UNITED CHURCH
OF CHRIST
God is still speaking,



Happy August from your Music Ministry!

If you're toughing out the summer weather and attending church in person, THANK YOU... we appreciate that! And of course if you're viewing us online, we appreciate you, too! We can tell every time someone has watched another one of our musical offerings. Thank you so much!

Assuming you're reading this before Sunday, August 7th, we are in for a real treat when one of our own, Jan Simmons, will perform a well loved spiritual rendition in her professional opera voice. Thank you, Jan!

Haven't we enjoyed our guest summer alto, Kendra Goodenberger!? Only 18 years old with a strong faith, so much poise and such a powerful singing voice.

Many thanks to her mom, Brenda Goodenberger, for filling in on very short notice several times.

We are still finalizing details for the coming months, including more evening concerts, (which means more ice cream Sundaes) including an evening with a variety of songs from our Praise Team. There will be a performance by the Westside Treble Clefs choir on Sunday, November 20 at 3 pm. Our second annual "Broadway Sunday Service" on Sunday, October 23. We will have a HUGE Christmas concert provided by The Sounds of the Southwest Singers on Sunday, December 4 at 3 pm; and... finally...the return of our own CHOIR, with rehearsals starting on **Sunday, September 11!** Please consider joining our ranks so we have enough singers to bring back the beloved CHRISTMAS CANTATA accompanied by members of The Phoenix Symphony Orchestra on December 18! You are welcome to invite a friend or neighbor 😊



I've been informed by our videographer, Greg Yagi, that since we have new technology (have you noticed the new remote-controlled camera above the soundboard?) each Sunday's scripture, sermon, and music now appear on the CHURCH's YouTube page "United Church of Christ of Sun City." Formerly, they were all under my name on YouTube, so you can still search out old favorite anthems, piano solos etc. there.

Got a request for a favorite hymn or anthem? Text/voicemail me at (602) 427-7035 or email me at alanpaulson1@gmail.com

In His Glory,

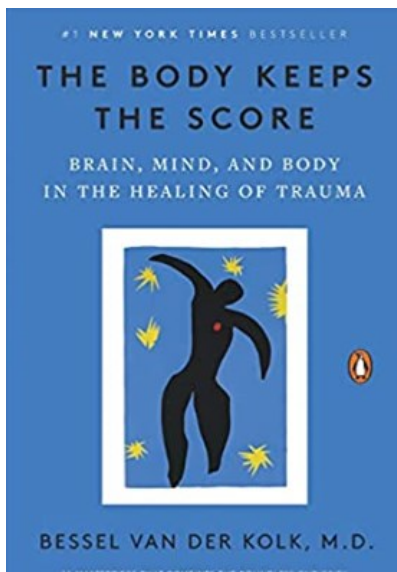
Alan Paulson, Minister of Music



Greetings from your Parish Nurse!

I don't know about you, but I feel like I am "done" with summer! Yes, it was nice watching a few thunderstorms, and yes, the pool is wonderful right now. But somehow, I am ready to skip ahead to September. So excuse me if I am moving on, but I want to share with you some opportunities coming in September.

Have you ever wondered how your emotions affect our physical body? How our memories can trigger physical changes in our bodies that affect how we respond to situations in the present? How changes in our thinking after an event can hurt us or heal us? How our bodies, emotions and spirit all work together?



I would like to invite you to our weekly book study beginning Wednesday, September 7th at 10 am in the chapel. My friend Dana and I will be leading discussions using resources from *The Body Keeps the Score* by Bessel van der Kolk, MD and the Psalms to look at the hurting and healing aspects of our thoughts and feelings. Join us, invite a friend, and let's explore together.

We will also be starting our speaker series on Tuesday, September 13th at 1:30 pm in the Beehive. Our first speaker will be Maria Coesens-Kelsall from the Sun City Posse talking about "Keeping Safe in Sun City." She will also speak about resources the Posse has available.

Please share with me other interests you have for the Speaker Series. I am always looking for new topics of interest and new speakers.

For now, have a blessed August!

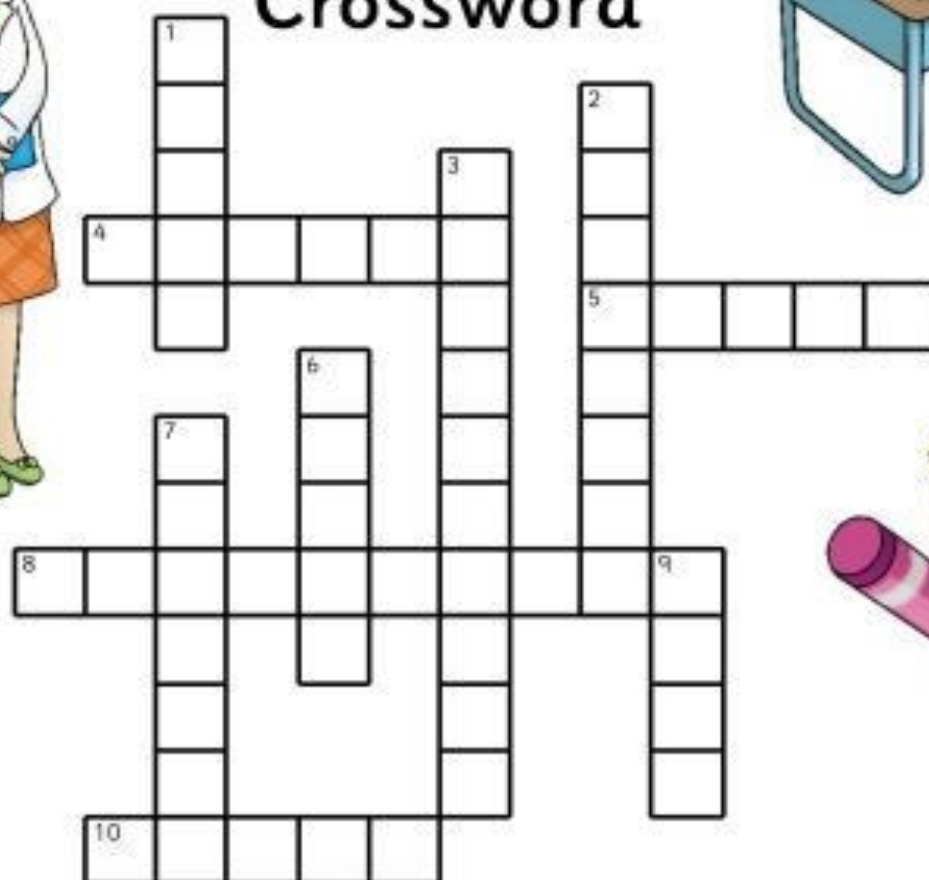
Lisa Dunbar



Maria Coesens-Kelsall



Back to School Crossword



Across

- 4. Do you need to sharpen yours?
- 5. Write or draw on this.
- 8. You write on this with chalk.
- 10. Please _____ your name on your work.

Down

- 1. Draw straight lines with this.
- 2. It has a keyboard and a screen.
- 3. Where you go to play at break (recess)
- 6. Read these at home or school.
- 7. They help you learn new things.
- 9. The teacher sits here.

SCHOOLS SUPPLIES

Nancy and Sally are asking for our help with much needed school supplies again this year. This drive has been very successful in the past as I am sure it will be again this year. The drive will be August 7 thru September 18. Bring school supplies before worship on Sunday.

Supplies needed are:

- Spiral notebooks: both wide and college rule
- 2 pocket folders: no prongs
- Glue Sticks
- Glue
- Pencils
- Mechanical Pencils
- Markers
- Colored Pencils
- Crayons
- Ink Pens
- Binder Clips (for your favorite Two Teachers)
- 1 inch three ring binders with clear cover sleeve
- Backpacks



Nancy Wohlhuter



Sally Schwenker

Thank you all for the cards, gifts, texts, emails,
and kind words for my birthday.

I appreciate each and every one.

Thanks also to the office staff for the surprise birthday party.

I loved it and all the great food.

The giant birthday card is sitting in my study.

Thanks!

Pastor Brady



**Come join us for fellowship after worship every Sunday at 11 am.
Coffee, juice and goodies are provided. You provide the conversation!**



TAI CHI

Bill Zimmer teaches Tai Chi in the Beehive every Monday at 7:30 am. All are welcome.



Pastor Brady had a nice visit with Gregg and Mindy Ochoa and their granddaughter Evelyn in Missouri before he flew back to Arizona. Mindy is United Church's former Admin. Asst.

**COMMUNION at United Church
is the 1st Sunday of each month.
August 7, 2022
All are welcome at God's Table**

Are you in need of pastoral care?
If so, please contact the
Church office at
623-933-0058 or office@uccsc.com



**4th of July Service at United Church.
Thank you to Alan Paulson and the Praise Team
for the special patriotic music we all enjoyed.**

**We want to thank Rev. Floyd Ellison
not only for his many wonderful piano additions to our
Sunday Worship Service but for filling in for
Pastor Brady when he was on vacation.
Thank you, Floyd!!!**



Mission Moments by Hedy Hall

“It would sure do me good to do you good, let me help”

Do you remember these words from the song ***I Can Help*** by Billy Swan, songwriter and singer released in July of 1974. Check it out, sing along, and do some good!

BRAINTEASER: Question: What is special about the number 8,549,176,320?
(Answer: It is the only number that lists all the single digits in alphabetical order. [EFFNOSSTTZ])

August 7 through September 18 School Supply Drive. (Palo Verde School District #49)
Nancy Wohlhuter & Sally Schwenker Coordinators. (See article in this newsletter.)

Hedy Hall, Mission Board



August Birthdays

Nancy Fredette	08/01
John Jones	08/04
Mike Behl	08/08
Sue Roden	08/09
Colonel Dilmore	08/10
Barrett Rainey	08/19
Judy Chastain	08/24
Caryl Leander	08/25
Greg Yagi	08/27
Roger Cole	08/28
Lisa Dunbar	08/31

August Anniversaries



Jim & Jean Smithback	08/27
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Valley View Food Bank

Jesse Ramirez, Valley View Director, is so appreciative of all donations from United Church throughout the years. Your generosity helps so many families in need in our community. We are again collecting food items for the food bank. See the list below of the items Jesse needs.

Jesse Ramirez
Director, Valley View Food Bank
12321 NW Grand Ave
El Mirage, AZ 85335

Canned vegetables, canned fruit, canned tuna fish or canned chicken.

Peanut butter and jelly

Canned spaghetti, or canned meat or box mac and cheese.



Men's Breakfast

Tuesday, August 2nd
at 8:00 am at
George's Lakeview Café.

Ladies Luncheon



Aloha! Forever 55 (+/-)
Women's luncheon will be
(Ono Grinds [delicious])
at George's Lakeview Café
on Thursday, August 18th
at 1:00 pm.

Wear your Hawaiian!
Please RSVP with the office
or with Hedy. Aloha!

Hedy Hall,
Activity Fellowship Committee.

Treasures 4 Teachers

We will not be collecting Treasures 4 Teachers until further notice. They do not have the ability to pick up the donations we have collected.

Consequently, journal making on 3rd Tuesday is also on Hiatus.

Thank you for your understanding and support.

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Walking group 1pm TAI CHI 7:30 in the Beehive	2 Men's Breakfast at George's Lake-view café. AA meeting in meeting room 7-8 pm	3 Walking group 1pm AA meeting in meeting room 7-8 pm	4 Bible study 11:00am each Thursday in Pastor's study	5 OFFICE CLOSED AA meeting in meeting room 7-8 pm	6 OFFICE CLOSED
7 Worship 10:00 am Communion Sunday Coffee Hour 11:00am School supply drive starts	8 Walking group 1pm TAI CHI 7:30 in the Beehive	9 AA meeting in meeting room 7-8 pm	10 Walking group 1pm AA meeting in meeting room 7-8 pm	11 Bible study 11:00am each Thursday in Pastor's study	12 OFFICE CLOSED AA meeting in meeting room 7-8 pm	13 OFFICE CLOSED
14 Worship 10:00 am Coffee Hour 11:00am Worship online	15 Walking group 1pm TAI CHI 7:30 in the Beehive	16 AA meeting in meeting room 7-8 pm	17 Walking group 1pm AA meeting in meeting room 7-8 pm	18 Bible study 11:00am each Thursday in Pastor's study Ladies luncheon George's Lake-view Café 1pm	19 OFFICE CLOSED AA meeting in meeting room 7-8 pm	20 OFFICE CLOSED
21 Worship 10:00 am Coffee Hour 11:00am Worship online	22 Walking group 1pm TAI CHI 7:30 in the Beehive	23 AA meeting in meeting room 7-8 pm Journal making canceled until fur- ther notice	24 Walking group 1pm AA meeting in meeting room 7-8 pm	25 Bible study 11:00am each Thursday in Pastor's study	26 OFFICE CLOSED AA meeting in meeting room 7-8 pm	27 OFFICE CLOSED
28 Worship 10:00 am Coffee Hour 11:00am Worship online	29 Walking group 1pm TAI CHI 7:30 in the Beehive	30 AA meeting in meeting room 7-8 pm	31 Book Study resuming Sept 7 Walking group 1pm AA meeting in meeting room 7-8 pm			

*United Church of Sun City
11250 N. 107th Ave., Ste. 105
Sun City, AZ 85351*



August 2022

STAFF:

Rev. Brady Abel, Senior Pastor
Bill Zimmer, Moderator
Diana Graettinger, Vice Moderator
Alan Paulson, Minister of Music
Soloists: Craig Zimmerman, Caryl Leander & Kira Kadel-Funk
Beverly Fletcher, Organist
Robin Lemkuil Office Manager/ Asst. to the Pastor
Donna Halasz, Office Assistant
Lisa Dunbar, Parish Nurse
Karen Crawford, Finance Secretary
Steve Halasz, Sexton, Team Supervisor & Facilities Manager
Roger Cole, Sexton Team Member
Greg Yagi, Robin Lemkuil, Audio/Visual Technicians

All Members & Friends of United Church, Ministers of the Good News

Office Hours 8:30a.m. to 1:30p.m. —Monday through Thursday
The office is closed on Friday and Major Holidays
Sunday Worship Service 10 a.m. in the Sanctuary and also online.
Coffee Fellowship—After Worship
Communion the 1st Sunday of each Month
Bible Study—Thursday 11:00 a.m. each week
Phone: 623-933-0058
Email: Office@uccsc.com
Website: uccsc.com
Facebook: United Church of Sun City