

## REGISTRATION Fri Oct 22, 2021 conference

**COST:** (Continental Breakfast & Lunch included)

CNYSLHA & Regional Members: \$110

Non-Members \$145 (CNYSLHA Mmbrshp incld)

### Early-bird Registration:

\$100 Members      \$135 Non-members

(postmarked on or before Oct 4, 2021)

College Students: \$60 \_\_\_\_\_college\_\_\_\_\_

**Checks** to CNYSLHA Mail registration and check made out to: "CNYSLHA" c/o Lynne Ehle

150 Sun Harbor Dr. Liverpool, NY 13088 OR

Venmo transfer to: **Stephanie-Cross-75**

w. your name/Oct 22<sup>nd</sup> and email regist info. to

[mscross1234@gmail.com](mailto:mscross1234@gmail.com)

*POs will only be accepted with a personal check to hold your registration (received by the due date). Check will be returned when payment is received.*

PRINT: Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Employer: \_\_\_\_\_

Student \_\_\_\_\_(college)\_\_\_\_\_

NY Regional Group Member: \_\_\_\_\_

Questions? Please contact CE Admin: Stephanie

Cross 315-430-0372 [mscross1234@gmail.com](mailto:mscross1234@gmail.com)

or Jill Lerch 315-345-3938 [speechjill@gmail.com](mailto:speechjill@gmail.com)

**Cancellation Policy:** Registrations that are cancelled in writing, by Oct 15, 2021 are refundable, minus \$15 service charge. See COVID statement in next column.

### Program Completion requirements:

Participants are expected to be present for the entire program. No partial credit will be provided.

### COVID-19 Requirements and Information:

- Proof of vaccination OR Proof of negative COVID test within 72 hours of the conference.
- Wear masks at all times, except during eating.
- Seating is limited to 50 attendees due to spacing considerations.
- If we need to postpone the in-person conference due to a surge in the local COVID rate, you will be notified via email and receive a full refund.

## Central New York Speech, Language and Hearing Association

(CNYSLHA.org)

Presents an IN PERSON conference with

**Jack Pickering, Ph.D.**

presenting

## Fostering Change: Exploring the Speech- Language Pathologist's Counselor Role

**Friday Oct. 22, 2021**

8:15 AM registration

8:45 AM – 4:00 PM w. breaks & lunch

Drumlin's Country Club

800 Nottingham Road, Syracuse, NY

13224



**ASHA CE**  
**APPROVED PROVIDER**

Central New York  
Speech-Language-Hearing  
Association

Intermediate level 0.60 ASHA CEUs

**Program Description:** Speech-language pathologists find themselves providing support for their clients and families on a regular basis in a variety of ways; although, it may not always be clear how change can be fostered using specific counseling approaches and skills. This presentation will acquaint practicing SLPs with the application of counseling approaches and skills in their daily clinical practice in order to support change. The presenter will:

- Define counseling and describe ASHA's position on the SLP's counseling role
- Demonstrate ways of facilitating change in feelings and thinking
- Discuss the role of grief and loss that accompanies communication disorders
- Provide information on engaging families in the counseling process
- Help participants craft a meaningful dialogue that is culturally competent
- Provide opportunities for participants to discuss their experiences and practice the skills they learn

**Time ordered Agenda:**

8:15-8:45 Continental breakfast; Registration and introduction

**8:45 Introductory remarks by Dr. Pickering**

What is counseling? What does ASHA say?

**9:15 Applying counseling skills to explore feelings**

- Feelings and Communication Disorders
- Person-centered counseling and active listening

- Being in the moment: Gestalt psychology and mindfulness

10:15- 10:30 BREAK

**10:30 Addressing Grief and loss**

**11:15 Applying counseling skills to influence thinking**

12:00 - 12:45 LUNCH BREAK

12:45 Narrative therapy and identity

1:30 Supporting the Family

2:30 - 2:45 BREAK

2:45 Taking part in culturally competent conversations

3:15 Positive Psychology

3:45 Concluding remarks and Q&A

**Learner Objectives:** After this presentation, participants will:

- Describe counseling and change as a central component of clinical practice
- Demonstrate counseling approaches and skills that can facilitate change in feelings and thinking
- Engage families and culturally diverse clients in the change process

**Presenter: Jack Pickering, PhD, CCC-SLP** is a Professor of Communication Sciences and Disorders at The College of Saint Rose. He directs the College's Transgender Voice and Communication Program with Dan Kayajian,

M.S., CCC-SLP. Dr. Pickering has been an ASHA-certified SLP since 1984, focusing on the assessment and treatment of voice disorders. Dr. Pickering received his BA and MA from the University of Maine, and his doctoral degree in Speech and Hearing Sciences at Ohio University in 1990. His teaching interests include voice disorders, transgender voice and communication, motor speech disorders, and counseling for communication disorders. He has written and presented extensively about transgender voice and communication. Dr. Pickering is the third author for *Communication Therapy for the Transgender/Gender Diverse Client: A Comprehensive Clinical Guide* (3<sup>rd</sup> edition), collaborating with Richard Adler and Sandy Hirsch. In the book, Dr. Pickering co-authored the chapters on counseling and group therapy. In 2010, Dr. Pickering was presented with the Distinguished Clinician Award from the New York State Speech-Language-Hearing Association (NYSSLHA) and received the 2018 Honors of the Association. Dr. Pickering also received the 2018, GLSEN Pillar of the Community Award from the New York Capital Region Chapter of GLSEN for his work in transgender voice and communication.

**Disclosures:**

**Financial:** receives a salary from College of St. Rose, Albany, NY; receives royalties as the book's editor : *Voice and Communication Therapy for the Transgender/Gender Diverse Client: A Comprehensive Clinical Guide* (3<sup>rd</sup> edition); receives an honorarium from CNYSLHA for this presentation  
**Non-financial:** Dr. Pickering is a member of the New York State Speech-Language-Hearing Association.