

Doing our part to keep MMG and our athlete safe.

We would like to do our part to help MMG (Mid Michigan Gymnastics USA team athletes) keep our athlete/s, his/her teammates, the coaches, the staff, other families, and everyone else at the gym as safe as possible under the COVID 19 pandemic. We have read, understood, and agree to the following policies and procedures.

We understand and agree that:

- We will drop our athlete/s off and pick him/her up at the designated entrance and exit.
- Anyone entering the building will have their temperature check and answer a health questionnaire.
- Only 7 parents/guardians may be in the facility at a time and only one per family may enter after their temperature is checked and the questionnaire is answered.
- We (parent/guardian and athlete) are required to wear a mask while in Mid Michigan Gymnastics USA and will also practice social distancing.
- Our athlete/s will respect the rules and policies of MMG at all times including social distancing, wearing their mask properly, sanitizing their hands, and helping to sanitize equipment as needed.
- Our athlete/s will sanitize hands and wear a face covering upon entering the facility, entering the arena area, during rotations in the arena, and leaving the arena.
- We understand MMG will take safety first when training athletes with masks.
- We agree to keep our athlete/s home if his/her temperature is over 100.4 (as recommended by the CDC) or displays COVID-19 like symptoms. We will also contact their healthcare provider if we suspect exposure to COVID-19 and contact Mid Michigan Gymnastics USA within 24 hours, not doing so may cause in your athlete's dismissal.
- If our athlete/s or a close family member has been exposed to or tests positive for COVID-19, I will supply the proper information needed for MMG to follow tracing protocols & we will notify midmigym@gmail.com
- We understand and agree that these procedures will change and evolve over time and that we will follow any new standards required by the State of Michigan and/or Mid Michigan Gymnastics USA.

We understand that the staff/coaches will make a strong effort to maintain social distancing but there will be times when incidental contact and less than mandated social distancing will occur. We are aware and agree that spotting is an essential part of training our gymnast in order to keep him/her safe from injury. We will allow our child to be spotted when it is necessary. We further understand that we are voluntarily allowing our athlete/s to participate in training offered at Mid Michigan Gymnastics USA, knowing that it is impossible to keep him/her, ourselves or anyone else who enters the facility completely safe from exposure to the COVID-19 virus. We accept that risk for ourselves and our athlete/s.

PLEASE SIGN BELOW

Athlete #1

Athlete #2

Athlete #3

Parent/Guardian #1

Parent/Guardian #2

Parent/Guardian #3