

May 2015

# Montgomery Moms

### **President's Note**

I can't believe it is already May and the Montgomery Moms year is wrapping up. We have had a wonderful year and I have enjoyed serving as the President of such a fun, dynamic organization. Thank you all for making Montgomery Moms an outstanding group of ladies.

I also want to thank our fabulous board for their commitment to the group. You loaned your time, your skills, your enthusiasm and so much more! Without the hard work of the board, our club would not function. Thanks for so many events that kept us active every week and for all of the behind the scenes work that keeps our group afloat! We still have a couple of activities to wrap up the year so be sure to look for dates below and mark your calendars. We take a short break in the summer but will start getting active again in August and September.

We still have two board positions to fill for next year. If you would like to help plan Mom's Night Out activities or help with coordinating topic or speakers for 5 of our monthly meetings next year, please let me know.

Thank you all for a great year!

Wendy

**BIRTHDAYS** 



#### **May Birthdays**

Jenny Saskin	May 1
Anissa Cundall	May 6
Jessica Carroll	May 14
Luisa Munoz	May 18
Bethanie Van Camp	May 25
Kara Willis	May 27
Kerry Foley	May 28
Monica Schuler	May 31
Julie Stewart	May 31

#### **GENERAL MEETINGS**

Our last meeting of the year is Tuesday, May 12, 7:30 p.m. at Chrissy Koppenhoefer's house! See the Evite to sign up to bring something to share and for more details!



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## Saving for a Rainy Day is Fine. Are You Saving For College?

### A little guidance and support can help make a big difference, especially when it comes to planning for a child's higher education.

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### Do you need some help in the kitchen?

Do you crave healthy home-cooked meals, but don't have the time to prepare them?

Help is around the corner in our neighborhood... Introducing Sue Schlueter!

Sue is an accomplished cook with a library of over 200 recipes from which to choose.

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## The PERFECT Camp for Young Beginners!

Have a blast and make new friends while learning about <u>rhythms</u>, <u>note reading</u>, <u>musical instruments</u> <u>strengthening memory</u>, <u>team building skills</u>. Hear professional musicians perform *live* every day, and learn just what makes each instrument unique. This camp is the perfect introduction to music for your little one!

### **Camp Sessions Calendar**

June 8 - 12 (1:00pm - 3:00pm) July 13 - 17 (1:00pm - 3:00pm)

### Sign up now and SAVE \$50.00!

SPECIAL CSM Student Rate: \$149 with Early Bird Registration

### CALL 513.560.9175 TO REGISTER.

9361 Montgomery Rd 45242

### **Summer Travel Tips**

Traveling with a toddler this summer? Staying in a hotel? A few simple preparations will help make it a safe and worry-free trip.

First of all, call ahead. Some hotels and resorts will provide childproofing supplies. If not, as soon as you arrive, babyproof the room as much as possible.

• Remove small objects (like the complimentary pen). Check around and under the bed for anything the cleaning crew might have missed.

• Check to make sure cords are out of reach—especially for things like table lamps and irons—just to eliminate the possibility of your toddler pulling them down on him.

• Bring some large outlet plugs to cover exposed outlets. A doorknob cover for the bathroom door is good (although it may not fit some hotel doorknobs). Or, a pressure gate would keep small ones out of the bathroom.

• Masking tape is a good all-purpose option in a pinch. You can tape a washcloth over sharp furniture corners, tape electrical cords or curtain cords out of reach, or even (carefully) tape drawers closed.

Be careful about what you leave in a suitcase or low drawers. Toiletries, medications, etc. should be put out of reach in the bathroom or on the closet shelf.

Don't leave full suitcases on low benches or the folding stand that hotels sometimes provide—your toddler may be able to pull it down on herself.

If you have a hard-sided suitcase, it's best to leave it latched—just to prevent little fingers from getting pinched.

Use the deadbolt on the door when you're in the room. Hotel doors are made for easy and quick opening in an emergency, which means that a toddler who can reach the door handle will be able to open it.

A nightlight is a comfort item—to help your toddler feel more safe and secure if she wakes in the middle of the night.

For tips on packing for, and air travel with, young children check out www.havebabywilltravel.com.

Safe travels! And for more information about coming home to a safe and childproofed house, go to <u>www.babybodyguards.com</u> or email us at <u>swohio@babybodyguards.com</u>.

#### Important Dates this month!

May-5--Children's activity Sharon Woods Nature Center May 12 - Monthly meeting May 27 - Children's Activity Home of the Brave Park

### **Book Club Updates**

Join us for lively and fun book discussions every month. Please email Lori if you'd like to join the book club mailing list (<u>lksuffield@yahoo.com</u>).



**May** – *The Fault in Our Stars* – John Green **Summer** – *The Invention of Wings* – Sue Monk Kidd

#### **Children's Activities**

**Tuesday May 5, Nature Stories: Dinosaurs.** Come have a roar'n good time at the Sharon Woods Nature Center. A naturalist will present a fun story and an activity about dinosaurs. Story begins at 11 a.m. and the event is free. If the weather is nice we will hang out after and play at the park next to the Sharon Center or we will climb the trees in the indoor play area.

Wednesday May 27, Home of the Brave Park. We started with water, we'll end with water. Meet us at Home of the Brave Park in Symmes Township (11605 Lebanon Road). There is a nice water feature (bring suits), a park, and a shelter so pack lunch. One last hurrah with your tots before the big kids get unleashed for the summer. Meet at 10:30, water turns on at 11. Event is free and weather permitting.

**SAVE THE DATE:** End of the year party is tentatively set for Saturday, June 6. More info to come soon.

#### **Outreach News**

#### **Volunteers Needed!**

Montgomery Moms will take part in the City of Montgomery's Beautification Day on Saturday May 16, 2015. We need volunteers to help plant flowers in Pfeiffer Park from 9-11am that morning. Please email sara.ramprasad@gmail.com if you are available to help from 9-10, 10-11, or the entire two hours.

#### Expecting?

If you are pregnant contact <u>sara.ramprasad@gmail.com</u> to arrange for three meals to be provided to your family after delivery!

#### RECRUITMENT/ MARKETING HELP

I will be making new fliers this summer to promote our group. While we have no plans to change the name of the group, I want to ensure we are marketing to the Blue Ash and Symmes Moms too. I'm looking for suggestions on how to grab the attention of all our potential members. Please send any ideas to sarahknapschaefer@gmail.com.



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