

# OCTOBER 2016

## Cross Lutheran School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Tacos Salad bar Fruit Choice of milk	<b>4</b> Chicken noodle Casserole Salad bar Fruit Choice of milk	<b>5</b> Barbecue pork Salad bar Fruit Choice of milk	<b>6</b> Chicken noodle Soup Salad bar Fruit Choice of milk	<b>7</b> Pancakes & Sausage Salad bar Fruit Choice of milk
<b>10</b> Cheeseburgers Fries Salad bar Fruit Choice of milk	<b>11</b> Chicken pot pie Salad bar Fruit Choice of milk	<b>12</b> Egg omelets Hash browns Sausage Fruit Choice of milk	<b>13</b> Chili or chicken Noodle soup Salad bar Fruit Choice of milk	<b>14</b> Spaghetti Garlic bread Salad bar Fruit Choice of milk
<b>17</b> Sloppy joe Fries Salad bar Fruit Choice of milk	<b>18</b> Turkey ham Mashed potatoes Salad bar Fruit Choice of milk	<b>19</b> Pizza Salad bar Fruit Choice of milk	<b>20</b> Chicken nuggets Fries Salad bar Choice of milk	<b>21</b> ½ day  Dismissal at 10:45 a.m.
<b>24</b> Tomato soup Grilled cheese Salad bar Fruit Choice of milk	<b>25</b> Nachos Salad bar Fruit Choice of milk	<b>26</b> Chicken rice Casserole Salad bar Fruit Choice of milk	<b>27</b> Goulash Salad bar Fruit Choice of milk	<b>28</b> Tator tot Casserole Salad bar Fruit Choice of milk
<b>31</b> Hot dog wraps Baked beans Salad bar Fruit Choice of milk				

### News

**Salad USDA is an equal opportunity employer bar choices**

**Romaine lettuce, carrots, apple Slices, applesauce, peaches, pears, bananas, oranges, mandarin oranges, pineapple, kiwi, strawberries, grapes, fruit salad**

**Condiments include: Lite ranch or Catalina dressing, ketchup, mustard, mayo, sour cream, honey mustard, syrup, butter, BBQ sauce**

**Choice of milk:**

**1% white milk  
Or  
TruMoo chocolate**