A Message from the President

Mike Doyle

It is a very exciting time for Physical Education in the state of Minnesota. The Every Student Succeeds Act (ESSA) that took the place of No Child Left Behind was signed into law by President Obama on December 10, 2015. ESSA includes the subject areas of Physical Education and Health in the definition of a “well-rounded education” with 16 other subjects. It gives Physical Education and Health Education access to Title I, II, and IV Part A funding that we did not have access to before. Title II can be used for professional development while Title IV Part A money is set aside for a well-rounded education, supporting safe and healthy students, and the effective use technology. These are all things that are covered in Health and Physical Education. Currently the House appropriations committee approved $1 billion for Title IV Part A, but we are still waiting for the Senate appropriations committee to decide on a number. All school districts need to create a needs assessment plan when deciding how to spend Title IV Part A money so please make contact with your Title I coordinator and make sure that Health and Physical Education’s voice is heard when it comes time to create that needs assessment plan during the current school year. ESSA funding begins on July 1, 2017. For more information on ESSA in Minnesota go to the newly created SHAPE America State Advocacy Toolkit.

http://goo.gl/hRnJ96

On July 20, 2016 about 6 MNSHAPE members attended a public town hall meeting with the Minnesota Commissioner of Education Brenda Cassellius to discuss the implementation of ESSA in Minnesota. There are future town hall meetings coming up in October in different parts of the state. To stay up to date on the ESSA implementation in Minnesota go to the ESSA page on the MDE website.

http://education.state.mn.us/MDE/dse/ESSA/index.htm

On June 1, 2016 Governor Dayton signed into law the Omnibus Supplemental Appropriations Bill (HF2749) that included language that updated the Minnesota state Physical Education standards to the most recent SHAPE America standards and grade level outcomes. Over the next year MNSHAPE will be working with the Minnesota Department of Education to implement the SHAPE America standards here in Minnesota. Stay tuned for updates.

Continued on page 2
November 10-11, 2016 will be the annual MNSHAPE conference at Wayzata High School. I am very excited for our keynote speaker Dr. Amanda Stanec from St Louis. She will be discussing the current state of Health Equity in our country. We also have the 2016 SHAPE America Elementary PE Teacher of the Year Penny Kroening along with WHPE Health Teacher of the Year Mary Wentland.

New this year at the MNSHAPE Conference will be a welcome social at the Crowne Plaza on the evening of November 9th. Come socialize with Health and Physical Education teachers from around the state and enjoy free beer and appetizers. You can also skip the lines on Thursday morning by receiving your registration materials at the Wednesday evening social event. Also, new this year is free admission to the Thursday evening awards celebration at the Crowne Plaza. Be sure to indicate when you register for the conference that you want to attend the awards celebration. We have a lot of deserving awards winners this year in the Health and Physical Education profession here in Minnesota. Registration, hotel information/discounts, and the conference schedule is already posted on the MNSHAPE website.
http://www.mnshape.org/conference-schedule.html

Enjoy the start to your school year and thank you for everything you all do for Health and Physical Education in the state of Minnesota!
A Message from the President-Elect

Megan McCollom

As the president-elect, I have had the opportunity to attend two leadership conferences this summer. I attended the SAM Leadership Development Conference with the executive directors and president-elects from all of the state organizations within SHAPE America. I was able to network with other president-elects and talk about what their state organizations are doing, what MNSHAPE is doing, and how we can combine ideas in order to improve each of our own organizations. We had the opportunity to hear Dr. JoAnne Owens-Nausler speak about leadership. Carly Wright spoke to us about the Every Student Succeeds Act (ESSA), what has happened, what will be happening, and how we can get involved at our local level to help get funding for physical education. The President of SHAPE America, Jacalyn Lund, and the CEO of SHAPE America, Paul Roetert, spoke to us a little about what is happening with SHAPE America and their plans to move to a new location.

The other leadership conference that I attended this summer was the Sally Scherrer Central District Leadership Summit. At this summit I was able to work with a few MNSHAPE board members to come up with action plans and ideas for ways to improve MNSHAPE and what we can offer to our members. We were also able to collaborate with the other states within the Central District to discuss ways that we could strengthen our state’s organizations. A week after the leadership summit, myself and a few other board members got together to begin working on these action plan items. We have updated our website to include a resources page for each of the different divisions that we have on the MNSHAPE board. On the top right corner of our homepage you will see a resources tab with dropdowns for each of the different areas that we have resources for; we are not promoting or being sponsored by any of these resources, they are just some things that we thought could be helpful to our members. Another new feature to our website is under the “Read More” section of the “Board of Directors” tab. We have added a Google Form for people who are interested in joining our board of directors. If you are interested in becoming a member, please complete the Google Form titled “Board of Directors Election”. On the form, you will be able to see what positions are available for this upcoming school year and what the roles of these positions are on the board. Board positions will be voted on at our fall conference on November 10th and 11th at the newly remodeled Wayzata High School.

FUTP60 Corner

Check out how YOU can empower youth, your school, and community to stay healthy with Fuel Up to Play 60! Improve nutrition and physical activity at your school by working with students and other adults to implement healthy initiatives, called “Plays”. Boost your efforts with funding opportunities. Join online and Fuel Up to Play 60 will help you bring the program to your school with trusted tools, resources and step-by-step guides.

www.fueluptoplay60.com

Check out the welcome video to get inspired at https://www.fueluptoplay60.com/about/about-the-program
Show your school's commitment to improving health and wellness with Fuel Up to Play 60 by completing the Six Steps each school year to get — and keep — Fuel Up to Play 60 going in your school!

Please note:

- The Six Steps can be done in any order. Start wherever works best for your team!
- All actions under each Step must be completed in order to complete the Step.
- When a Step is complete, the Step icon will change from black and white to color!

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**STEP ONE**
Join the League!

To Complete Step One:
- Join Fuel Up to Play 60.
- Become a Program Advisor.
- Encourage students to join!
- Work with students to create flyers and posters to display in a prominent place in your school. Be sure to check out the resources offered under My Perks on your Dashboard!

**STEP TWO**
Build Teams and Draft Key Players

To Complete Step Two:
- Have at least one student at your school who has earned 30,000 Points become an Ambassador for the 2016-2017 school year!
- Encourage other adults and students to create an account on FuelUpToPlay60.com.
- Enlist the support of school administrators and community members.

**STEP THREE**
Kickoff!

To Complete Step Three:
- Hold a Kickoff event at your school to build visibility for Fuel Up to Play 60!

**STEP FOUR**
Survey the Field

To Complete Step Four:
- Download and print the School Wellness Investigation from under Step Four on your Dashboard and work with your students to complete it!

STEP SIX
Light Up the Scoreboard!

To Complete Step Six:
- Share your success with FUTP 60! Submit a Success Story on FuelUpToPlay60.com, or share a story on social media or in an email message to colleagues, friends and family!

TOUCHDOWN!
Complete all Six Steps and become a Touchdown School!

Remember: Get credit for the Six Steps you’ve completed! Log in to your Dashboard and mark them as complete.

Also: Score a Touchdown by April 1 and qualify to receive a brand new, redesigned Touchdown School Banner!

WHILE SUPPLIES LAST
Jump Rope for Heart & Hoops for Heart Successes!

Jessica Lundgren

In Northwestern Minnesota, Jump Rope for Heart and Hoops for Heart has been taking off! We are so excited to say that in the 2015-2016 school year, we had 40 individual schools in 13 different counties participate in our program. These students are carrying out heart healthy lifestyle habits, all the while having fun and learning about volunteerism and citizenship. We are fortunate to be able to work with these school systems to be able to provide educational resources and build strong relationships to ensure our kids have a healthier future ahead of them.

In highlighting some of our successes, I’d like to start with our top school in Northwestern Minnesota—Stephen-Argyle Elementary. With an enrollment of around 180 students, they raised a record setting $17,281.25 this year! Their coordinator, Scott Groven, pushes the kids to take charge of their own heart health and encourages them to help others. The kids and the communities take great pride in doing something bigger than themselves. On top of being the top school in Northwestern Minnesota, their school received a whopping $1000 in US Games certificates to further their PE program.

This year, we also had multiple schools significantly increase their event and invite more students to join our mission of building lives free of cardiovascular disease and stroke. Some of the schools we would like to recognize are Kittson Central Elementary in Hallock, MN, Vandyke Elementary in Coleraine, MN, Newfolden Elementary in Newfolden, MN, Fertile-Beltrami Elementary in Fertile, MN, Roseau Elementary in Roseau, MN, Win-E-Mac Elementary in Erskine, MN, Greenbush Middle River Elementary in Greenbush, MN, Keewatin Elementary in Keewatin, MN, and Warren-Alvarado-Oslo Elementary in Warren, MN. Congratulations to all other schools in Northwest Minnesota that participate!

Their continued success allows us to further our research and gives us the greatest chance of saving lives, improving health, and finding cures. Research is the cornerstone of the American Heart Association’s lifesaving mission.

So, to everyone that participates and volunteers, thank you. We couldn’t do it without you.

With a grateful heart,

Jessica Lundgren
Nominate an Outstanding Teacher

As the school year starts many of us sit with our peers and think what wonderful teachers they are and that they really deserve to be recognized! This is a great time to consider nominating them for one of the many MNSHAPE Awards. We have Teacher of the Year awards for Developmental Adapted Physical Education, Elementary Physical Education, Middle School Physical Education, Secondary Physical Education and Health Education. We have an Aquatic Award and a Pathfinder Award. We also have awards named after some very special Minnesota Educators: The George Hanson DAPE Award, The Carl Knutson Health Award, The Lou Keller Award, The Paul Schmidt Award, The Dolly Strumbel Distinguished Service Award and an Advocacy Award. For more information about these awards and a nomination form please check out the website: http://www.mnshape.org/recognition-information.html. Our Award winner for 2016 have been selected and will be announced at the Awards Banquet Thursday evening November 10th at 6 pm at the Crowne Plaza.

MNSHAPE Scholarships – It Could Be A YOU!!!

MNSHAPE awards three different scholarships throughout the year for students in undergraduate and graduate school. These are: the Ellen Cromwell-Cercle Student Travel Scholarship, Mary Lampe Scholarship, and the Trish Meek Developmental Adapted Physical Education Scholarship. Applications are available at the MNSHAPE website and due at different times throughout the year. We encourage students and professionals alike to apply for the appropriate scholarships.

Ellen Cromwell-Cercle Student Travel Scholarship: This scholarship is awarded to full-time undergraduate students majoring in the field of health, physical education, recreation, or dance to assist them in traveling to district or national conventions. Due December 15.

Mary Lampe Scholarship: The Mary Lampe Scholarship is awarded to full time undergraduate and graduate students in good standing with MNSHAPE in their quest to enhance professional/educational development. The establishment of this award was to honor and recognize the outstanding efforts, services and contributions of Mary Lampe, who retired from the Health, Physical Education, and Recreation Department at the University of Minnesota, Minneapolis. Due February 15.

Trish Meek Developmental Adapted Physical Education Scholarship: Trish Meek DAPE Scholarship is awarded to full-time undergraduate student(s) pursuing licensure in Developmental Adapted Physical Education (DAPE). Due February 15.

Apply online at www.mnshape.org
Dape Conference Opportunities
Kay Oling & Pete Westby

As I sit here typing out this first newsletter for the 2016-2017 Loon Lines, I just received and finished reading my school’s “Welcome Back Letter” which has me thinking about another exciting year with my students and the various activities we can learn together and the great opportunities that are on the horizon this year for us DAPE teachers.

The MN DAPE Leadership Committee’s annual Fall Conference will be held on September 29th and 30th at Camp Friendship in Annandale, MN. Please visit the MNDAPE web site for the Mail-In registration form and details. Registration Deadline is September 12th, 2016.

In November, the 2016 MNSHAPE Conference will be on the 10th and 11th held once again at Wayzata High School in Plymouth, MN. Please visit the MNSHAPE web site for registration information.

January brings SHAPE America Central District’s Conference beginning on the 26th through the 28th at the University of Northern Iowa. Please visit the SHAPE America web site and click on the Central District tab for registration and other events.

Please continue to visit the MNSHAPE and MNDAPE web sites for more upcoming dates and locations for activities, conventions, workshops, and the latest trends in our profession!

JRFH/HFH Presenting at MN SHAPE Fall Conference
Tom Roberts

This fall the new school year brings excitement and many new ideas and programs within the MN Shape JRFH/HFH division. We are proud to be presenting at the MN Shape fall conference. The session is titled “How to Supplement Your Physical Education Budget”. We encourage everyone to attend and discover how to become a better physical education teacher by using these budget building tips.

Also, at the MN Shape fall conference we are going to be displaying a heart for every school that conducted a JRFH/HFH event at their school last year and raised money to support the American Heart Association. These hearts will be in the main foyer and will express our heartfelt appreciation of all those schools for all their fundraising efforts.

Our goal is to increase the number of schools that conduct a JRFH/HFH event in the 2016-17 school year. If you are interested in conducting a JRFH/HFH event at your school here are some easy ways to get started:

1. Contact Tom Roberts-MN Shape JRFH/HFH Coordinator
   Email: roberts.tom@slpschools.org
   Phone:(952)928-6499

2. Go to either the Shape America website or MN Shape website for information on how to get started and the many benefits of conducting a JRFH/HFH event.
   -shapeamerica.com
   -mnshape.net
Standards-Based PE Curriculum

Dr. Jane A.K. Carlson
Vice-President Elect of Dance

Our nation is on the brink of a health crisis, and more now than ever, physical education plays a vital role in our educational system. It has evolved as a result of a change in national standards and grade-level outcomes for physical education. School districts need to embrace the value of physical education as a curricular subject and expect the same rigor and accountability as other academic disciplines for curriculum, assessment, instruction, and student learning.

The national standards and grade-level outcomes for K-12 physical education developed were developed by the Society of Health and Physical Educators (SHAPE America) in 2014. The five core standards for physical education are the new state PE standards for Minnesota which state that a physically literate individual can do the following:

**Standard 1**: demonstrate competency in a variety of motor skills and movement patterns;

**Standard 2**: apply knowledge of concepts, principles, strategies, and tactics related to movement and performance;

**Standard 3**: demonstrate the knowledge and skill to achieve and maintain a health-enhancing level of physical activity and fitness;

**Standard 4**: exhibit responsible personal and social behavior that respects self and others; and

**Standard 5**: recognize the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

The physical education standards and grade-level outcomes represent a paradigm shift from a curriculum that was sports-focused and competition-oriented and one that appealed to a façade that teachers were competent if students were busy, happy, and good (Placek, 1983) to one that prepares students for a physically active and healthy lifestyle. Appealing to the personal interests of students and providing a variety of opportunities is paramount when building a curriculum that motivates the student and develops the mastery of skills necessary for a lifetime of physical activity. Additionally, the teacher’s role has evolved from one who is merely a supervisor of games or sports to one who is a facilitator of learning. A mastery learning climate (Garn, Ware, et al., 2011; Hamilton & White, 2008; Ntoumanis et al., 2004) focuses on self-improvement, student choice, and de-emphasizes competition and peer comparisons, is the optimum learning environment for developing physically literate students. Furthermore, students must be knowledgeable about the standards and outcomes for a physical education course, be assessed on key skills and knowledge, and given timely and specific feedback that builds their competency. The expectations for student learning and mastery should mirror the rigor of other academic subjects.

Utilizing standards and grade-level outcomes as the foundation of a PE curriculum creates a focus on student learning and the need to show evidence of student achievement through appropriate assessment. This curricular shift supports students as they gain skills and knowledge to be physically active for a lifetime. The first step on this journey is to purchase the $35.00 book form the Society of Health and Physical Educators America. (2014). National standards & grade-level outcomes for K-12 physical education. Champaign, IL: Human Kinetics.
1st Annual COLLEGE CUP Registration for Physical Education and Health Education Future Professionals

Submitted by MNSHAPE Board Members:
Dr. Shannon Norman (Bemidji State University)
Katelyn Jones (Minnesota State University-Moorhead) &
Reilly Fawcett (Bemidji State University)

When: Thursday, November 10th, 2016
Where: MNSHAPE State Conference, Wayzata High School
Who: University/College Physical Education and/or Health Education majors (future professionals)
Cost: Just submit your registration for the MNSHAPE conference

Sign-up: Interested participants must sign-up for the COLLEGE CUP via email prior to the state conference. Deadline is Thursday, November 3rd. Each participant must sign-up with a partner from their school.

Send your name, major, teammate and where you are from (University or College) to Shannon Norman snorman@bemidjistate.edu by the November 3rd deadline.

The MN SHAPE Board of Director representatives for Future Professionals would like to invite ALL current University and College students to participate in the 1st Annual COLLEGE CUP session at this year’s State Conference. This session will include friendly competition in some of our favorite activities such as Spikeball, Cornhole and Tic-Tac Toe Relays. Your school will compete for the COLLEGE CUP traveling trophy while you network and meet future professionals from other University/College programs from across the state.
Interested in getting involved and serving on the MN SHAPE board of directors?

The dance division is looking for individuals interested in serving as the Vice President of the Dance Division this coming year and in future years. Terms are two years long (one year as Vice President Elect and one year as Vice President) and responsibilities include attending four board meetings per year, help find dance presenters for the fall conference, help with various duties at the fall conference and serving on other MNSHAPE committees. If interested or have questions, contact Cyndee Johnson (cjohnson@esko.k12.mn.us).

Know someone who should be recognized for their teaching of dance?

MNSHAPE is looking for nominations for dance teacher of the year. If you know of a dance teacher who is a member of MNSHAPE and who deserves to be recognized, please nominate them by April 15th.

More information is available at http://www.mnshape.org/recognition-information.html

What are your favorite dance resources?

MN SHAPE is currently putting together a list of favorite dance resources on the association’s website. Some of my favorite resources include: Ben Pirillo and Chad Triolet YouTube channel dance videos (Ben will be starting with a new dances this fall), SPARK curriculum and PE Central’s dance lessons. Please contact Cyndee Johnson (cjohnson@esko.k12.mn.us) with your favorite resources so we add them to our resource list.

Do you know someone who would like to present a dance session at our 2017 fall conference?

If you know someone who loves dance, has something unique to share with PE teachers and who you would like to see present a dance session contact Cyndee Johnson (cjohnson@esko.k12.mn.us) with their name, contact information and presentation topic(s).
MAKE CONNECTIONS THAT MATTER

The Minnesota Society of Health and Physical Educators (MNSHAPE) will connect you to the people, programs and advocacy opportunities that can improve your instructional practices and inspire physical literacy and healthy lifestyle habits in your students.

SAVE THE DATE
Thursday and Friday, November 10 & 11, 2016

This will be the third year we are fortunate enough to have our conference at Wayzata High School – a great facility for a great conference. Thursday evening will again be the evening to congratulate and honor fellow teachers and others for their outstanding service, you will not want to miss the Awards Celebration.

We are very happy to announce that we are hosting this event at the Crowne Plaza where we have also reserved a block of sleeping rooms.

Crowne Plaza – Minneapolis West
3131 Campus Drive
Plymouth, MN 55441
763-559-6600
www.CPplymouth.com

To make a room reservation and get the rate of only $105.00 a night per room, CALL today. This rate also includes the breakfast buffet for 2. Rooms must be booked before October 8, 2016 to get this rate.

So, whether you are looking for ways to incorporate new technology into your curriculum or getting up to speed on new standards, we will have it covered. Look to our website the middle of June for a more complete program, registration form, and membership form. See you in November!!!!
MNSHAPE FALL CONFERENCE
REGISTRATION FORM
November 10 & 11, 2016 • Wayzata High School
4955 Peony Lane, Plymouth, MN 55446

Name______________________________________________________________
Address________________________________________________________________
City_________________________ State_________ Zip________________________
Email______________________________________________________________
School Email________________________________________________________

Are you a member of MNSHAPE? □ YES □ NO
(Must be a member of MNSHAPE or another state organization to attend the conference)

Conference Registration:
☐ $125 Early Bird Professional (Due October 7th)  ☐ $50 Early Bird Student (Due October 7th)
☐ $150 Onsite Professional  ☐ $65 Onsite Student
☐ $50 Retired

Awards Celebration:
Thursday, November 10, 2016 • Crowne Plaza • 6:00pm
FREE TO ALL CONFERENCE ATTENDEES
*Award winners are provided with 2 tickets, all other non-member guests the cost is $10 prior to October 7, and $15 at the door.

PAYMENT
☐ Check Enclosed (Check #__________) Please make checks payable to MNSHAPE.
☐ Cash
☐ Credit Card #____________________________________ Exp. Date____ 3 Digits_____ Billing Zip Code______

LUNCH
Do you have any special dietary needs?
☐ Vegetarian  ☐ Gluten free  ☐ Other ______________
We cannot guarantee accommodations for dietary needs for onsite registration.

LODGING
Hotel rooms have been blocked at Crowne Plaza in Plymouth, MN at a rate of $105 with 2 complimentary breakfasts.
Please contact the hotel directly to reserve your room before October 8, 2016
Crowne Plaza Minneapolis West • 3131 Campus Drive • Plymouth, MN 55441 • 763-559-6600

Please return form with payment to:
Nancy Christensen, 25673 Muskrat Lake Dr., Detroit Lakes, MN 56501

Cancellation Policy: All pre-registration cancellations must be requested in writing before Friday, October 31, 2016. A $5.00 processing fee is assessed to all cancellations. Faxes and emails are acceptable. No refunds will be made after Friday, October 31, 2016. Please email or fax Nancy Christensen at nancy1485@gmail.com or 218-846-2416 (fax).

FOR OFFICE USE ONLY
Date Rec’d_______Amount Rec’d_______Rec’d by_________________
Be a Member of our Profession!
Current Educators and Future Professionals... you can obtain so many benefits by attaining a National Shape America Membership! Please consider putting some of your professional development money and/or book money to your SPA profession!

http://www.shapeamerica.org/about/membership/
http://www.shapeamerica.org/about/membership/students_members.cfm

Access to Scholarships & Awards
- **Ruth Abernathy Presidential Scholarship**—Awarded to three undergraduate and two graduate students at SHAPE America's National Convention & Exposition held in the spring of each year.
- **Barbara A. Cooley Scholarship Masters Level**—Open to a master's level student who is currently enrolled in a health education program.
- **Bill Kane Undergraduate Scholarship**—Awarded to an outstanding student officially recognized as an undergraduate health education major at any four-year university/college.

Staying Informed
- **Momentum**—A quick read newspaper that covers SHAPE America's news and updates on the latest trends, people on the move, upcoming conferences and workshops.
- **Etcetera**—SHAPE America's weekly e-newsletter is packed with the latest stories focusing on school-based health education, physical education, physical activity and sport.
- **Quest, Measurement in Physical Education & Exercise Science, and the Journal of Sport Sciences** are also available to student members free of charge and are in addition to your selected publications. Available through Taylor and Francis Publishing. Log into your membership account and select "view my journals" to access the Taylor and Francis publications.

Sharing and Staying Connected
- **SHAPE America's Annual Convention & Exposition and District Conferences**—SHAPE America conferences are the world's largest gathering of school-based health education, physical education, physical activity and sport professionals and students—an unparalleled professional development opportunity. Whether you're a first-year student or graduating this year, you'll be inspired by your colleagues' experiences and ideas. You'll come away enriched, motivated, and invigorated. SHAPE America student members receive a significant discount on registration.
- **SHAPE America's Undergraduate Student Leadership Forum, the Graduate Student Forum and District Leadership Conferences** bring together students and young professionals to discuss the challenges and opportunities individuals are faced with when starting a career.
- **Facebook**—"Like us" to follow all posts and happenings.
- **Twitter**—Follow us on Twitter @SHAPE_America

Preparing for Your Future
- Find your first job on **CareerLink**. Post your resume online, search jobs and get email notifications when new jobs are posted. Other resources include resume building and interview tips.

A Voice That Matters
- Make your voice heard on matters affecting SHAPE America. Student members are eligible to serve as **delegates** at the SHAPE America National Convention & Exposition.

Saving Time and Money
- **Membership Dues Automatic Payment Plan**—Renew your SHAPE America membership automatically with your credit card on an annual basis.
- **GEICO Insurance**—Student members receive discounts on home and auto insurance.
- **SHAPE America-Sponsored Student Liability**—Available through the Forest T. Jones and the Trust for Insuring Educators, take advantage $1 million of coverage for $25/year. Coverage pays all defense costs over and above the limit of liability.
- **More Savings!** - Don't forget the huge savings SHAPE America student members get on books and other resources, and convention registration!

(SHAPE America Website, 2015)
MN SHAPE Membership Form
(or register online at www.mnshape.org)

Name (first, middle, last) ____________________________________________________________

Home Address ____________________________________________________________________

Home City ___________________ State ___________ Zip ________________________________

Home Telephone ___________________________ _______________________________________________________________________

School Where You Teach __________________________________________________________________________________________

Work Address1 ____________________________________________________________________________

Work Address2 ____________________________________________________________________________

Work City ___________________ State ___________ Zip ________________________________

Work Telephone ___________________________ _______________________________________________________________________

Email Address ____________________________________________

# of years in HPERD Profession __________

Membership Categories (select one)

□ Professional Member            Membership Fee (annual/includes processing fee) $35.00
□ JRH/HFH Coordinator            $25.00 ($10 discount off professional membership for coordinators)
□ Student Member                 $20.00 College attended full-time: ____________________
□ Retired Member                 $20.00 Year Retired: ______________
□ Associate Member               $35.00
□ Lifetime Member                $650

Payment Method
□ Personal Check (Make check payable to MN SHAPE)
□ Institutional Check (Make check payable to MN SHAPE)

Mail to: Nancy Christensen
25673 Muskrat Lake Drive
Detroit Lakes, MN 56501
218-847-9769 (Home Phone)
Fax to: 218-846-2416

Questions: Call Nancy Christensen at 218-847-9769 or email nancy1485@gmail.com
The mission of the MN SHAPE newsletter is to inform health, physical education, recreation, and dance professionals in Minnesota about their professional organization’s activities and the opportunities available for participation. If you have questions, concerns or comments on the contents or layout of this newsletter please email Amy Knopf at aknopf@detlakes.k12.mn.us. You can also access this newsletter in PDF format on the web at www.mnshape.org.