

# Sonora Sunrise Rotary Club

# Weekly Bulletin

Week of Jan 13-20, 2016

This weekly bulletin is put into place by our President Tom Teach, just to summarize the meeting highlights, announce upcoming dates, and important reminders for the coming week/events.

**Today's Guest Speaker: Michelle A'Dair** a teacher of yoga for those with disability issues. She had us all doing a simple exercise ...ask David and Jeff\$%&#!!!! We were all relaxed and quiet after...but it showed us the value of taking a few moments to "come down" before or after work, etc. Feel free to call her regarding any classes, drop in at the Dome, or other info...770-6878.

Thank you, Michelle.

## **Special Notes:**

1. **Feb 7** Scott Barry, 49er Rotary, shared info on the Frank Salel Super Bowl Breakfast at the Motherlode Fairgrounds/John Muir Bldg. Invited anyone from our club to help, and encouraged us to attend. Tickets are \$8 for adults, \$6 for children. Give him a call at 559-2656
2. **DON'T FORGET...WE DO NOT HAVE A MEETING ON WEDNESDAY MORNING JAN 20** ...instead we are having the Charter Night Dinner at 'My Garden Café' (next to the Aladdin Motel) 5:30PM \$25.00 at door(checks payable to Sonora Sunrise Rotary Club) Menu: Fish, Filet Mignon\_OR Pork Medallions. Sign up with Paula Johanssen for questions 586-2053 or 985-1278.
3. **April 1** (truly!) Celebrity Dinner Benefit recipient will be Columbia College Fire Academy Fire Truck Restoration project (as voted by the Club members this morning).
4. **Jan 15-Feb 19** Australian Exchange Student (Tim Gilbert) Need a few more activities and housing spots to fill. An itinerary/activities sheet will be circulated at each meeting. Check with Chris Daly 533-0510 or 743-6222.
5. **Feb 6th** Orient Express Chinese Camp School Information and details are being finalized. Be sure to sign up to help wherever needed. Check with Del for any questions 532-6132 or 533-5544.
6. **Feb 13** Mid Year Conference San Joaquin Office of Education in Stockton. Let Robin P. know if you are interested...588-2977 (Club pays attendance fees). Great educational sessions, Rotary leadership tips, and meeting up with other Rotarians.
7. **March 14<sup>th</sup>** Stage 3 Storytelling for Adults \$20 7-9PM dessert, wine available. Contact Del for info....
8. Discussion of Club Grant Project: Gregory and Del will work on finalizing the process, the project, and when members are needed to help...assist building a garden at the Soulsbyville School.
9. Randy Selesia won the drawing.....that should make his morning better!
10. **DON'T FORGET .....NO MORNINGMEETING ON JANUARY 20TH**