

Flies & Lies

NEWSLETTER OF THE FLYFISHERS
OF NORTHWEST FLORIDA
NOVEMBER 2008

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MONTHLY MEETINGS

Meetings at Miraflores Park
17th Avenue between
Belmont and LaRua

BUSINESS MEETING
1ST TUESDAY, 7 PM

BULL SESSION
2ND THURSDAY, 6:30
PM

CASTING & TYING
CLINIC
3RD SATURDAY, 9 AM

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General Business Meeting, Fly Fishers Of Northwest Florida, October 7, 2008, President Karen Brand, presiding

President Karen Brand called the board meeting to order at 6:30 P.M. John Brand gave an extensive report on his findings regarding a power point machine for the club. Art de Tonnancourt moved to appropriate between \$800 and \$1200 dollars for that purpose. The motion was seconded by Bob Holton. The board voted unanimously to accept the motion. John will subsequently make the purchase. After discussion of plans for the upcoming outing at Whiting Navy Boat Dock on Oct. 18th., it was voted to cancel the club picnic scheduled for the 12th., at Shoreline Park.

At the general business meeting, the minutes of the Sept. meeting and the treasurer's report were approved. Motions posed at the board meeting were discussed with the members and met with their voted approval.

The club Christmas Party will be held at the new Holiday Inn on North Davis Hwy., just north of the Interstate 10 exchange, on Dec. 16th. The tickets are still just \$25.00, per person. Tickets may be purchased at Nov. & Dec. meetings.

Jay Williams presented the following list of proposed club officers for 2009: President: Larry Goodman. V.Pres.: Jerry Giles. Secretary: Bob Willice. Treasurer: Larry Sisney. Board Members At Large: Bob Holton, Jay Williams and Terry McCormick.

Great reports on trips and fishing were given by John & Karen Brand, Terry McCormick (Alaska), Travis Akins, Jerry Aldridge, and Larry Goodman. They fished the Yellowstone, Firehole, Shoshone, Lamar, Bighorn, and Green Rivers, in the West. George Bennett and Jerry Giles gave a report on Coldwater Creek, near Munson.

Respectfully submitted; Jerry Giles, Secretary

President's MessageKaren Brand

Greetings everyone! Tuesday Nov 4th is **Election Day** so please go the polls and vote and then come to the November Club Meeting and vote for our officers and directors for 2009. Jay Williams, Nominations Chair, presented the slate of officers at the Oct meeting and that slate includes:

President: Larry Goodman, Vice .President: Jerry Giles, Secretary: Bob Willice, Treasurer: Larry Sisney
Board Members At Large: Bob Holton, Jay Williams, and Terry McCormick. Members will be asked to vote for 2 Members at Large.

The Christmas Party is December 16 at the new Holiday Inn on Davis near University Mall. Tickets are \$25 per person and I will be selling tickets at all three of the club meetings in November. The dinner will feature two entrees and I will need to know which you entrée you choose when you purchase your tickets.

Menu

Appetizers

Stuffed Mushrooms and Meatballs in Mornay Sauce

Entrees

Herb Crusted Chicken

London Broil topped w/mushrooms & wine sauce

Garlic Mashed Potatoes and Veggie Medley

Tossed salad, Rolls and Butter

Chef's Choice Desert

The club has purchased a PowerPoint Projector and I thought it would be fun to put together a slide show presentation for the Christmas Party. Please bring me your pictures of fishing excursions and/or club events and I will put together the presentation for the party. I need pictures in digital format and you can either email them to me or bring them to the meeting. See you at the next meeting! Karen

Fishing Report... Captain Baz Yelverton



October arrived with the most beautiful water of the year, light winds, and gulf water temperature in the high 70's. The day couldn't have been more perfect for Noreen Galaba, Breckenridge, CO, who won style points for taking a day off from her honeymoon to go fishing on October 2. We found three redfish in a pocket right up on the beach, and Noreen waded into range and got one to eat a #2 tan/white Clouser minnow. Here she is fighting her first-ever redfish and then landing it on the beach. Later in the day we found schools of ladyfish feeding on the grass beds north of the Ft Pickens campground, and Noreen caught fish after fish on a Gartside Gurgler.



We got blown out of the gulf on Oct 8 but found the big bluefish around structure by NAS. This is Glenn Evans, Tulsa, OK, with an example of the quality bluefish we caught that day. The fish all weighed over 4#, and Glenn caught them on gurglers tied by none other than our own Travis Akins.



The next day the false albacore made a surprise return 5 miles out, and Gordon Kelsay had his hands full on an 8wt with an old, small arbor, Battenkill reel. It was comical watching him trying to crank fast enough to keep up with the streaking FA. If that wasn't tough enough the reel had almost no drag, and Gordon had to palm the reel to keep from getting spooled. It was quite an experience for the panfish fly-fisherman from Kentucky, and he had the smiles and blisters to prove it. The fish once again wanted the Cowen's Albie Anchovy I mentioned in last month's report.



What had been an outstanding month got even better on October 25 when a passing cold front brought the redfish to the surface for Hobart McWhorter, Birmingham. We found the first big school by the lighthouse but a little later hit the mother lode just west of Pensacola Pass. There could have been a thousand fish on the shoal chasing baitfish and exploding on the surface. Hobart landed this first fish on a 10wt, intermediate sinking line, and a white bunny strip. Later he had success on an 8wt with a 2/0 chartreuse popper.



When the redfish disappeared we moved east of the pass and anchored in front of Battery Langdon to have lunch and look for pompano. I saw some big splashes outside of the outer bar and thought we'd found more redfish. To my surprise they were big false albacore, and Hobart caught them until he had to sit down and give me the rod. Love it when that happens...Capt Baz



**Tom Regina once again catching nice fish in beautiful places!
Kennebec River, Maine**



House Fly... Terry McCormick

The pesky common house fly... Who needs them? Who wants them? As fly anglers we may not need or want them. Our prey may not need them, however they want them. We can give the fish we pursue what they want, not in the form of a real house fly, after all who wants to handle the dirty little bug? And what self respecting fly fisher would use real bait in the first place? We can temporarily satisfy the fish we are after (once they are hooked they will be very dissatisfied.) with an imitation of the house fly. The imitation house fly presented here is a good searching/attractor pattern with its iridescent, sparkling, fish attracting, peacock herl body and head. The wing of this terrestrial bug is easy to see as the fly dead drifts downstream. This attribute satisfies the angler and the hook up will provide the angler with satisfaction beyond due limit.

Tying Materials

Hook: Mustad 94840, dry fly, size 14
Thread: 8/0 brown or black
Rib: Size small copper Ultra Wire
Body: Peacock herl
Wing: Light or bleached deer or elk hair
Head: Peacock herl



Tying Instructions



1. Debarb the hook and fix it in the vise. With tight, touching turns wrap a neat thread base from the hook eye to a point on the hook shank directly above the hook barb. Spiral wrap the thread forward to the hook eye. Cut a 6-inch length of wire from the spool and tie it to the top of the hook directly in back of the hook eye. Bind the wire to the top of the hook shank with closely spaced spiral wraps back to the rear thread hang point. Cut away any excess wire butt.



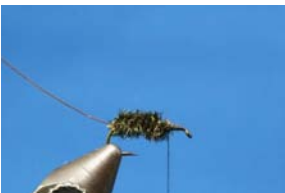
2. Select about 6 to 10 peacock herls and align their tips. As a group, stroke the herls from tip to butt between your thumb and forefinger. Tie the herls, by their tips, onto the top of the hook shank at the rear thread hang point. Bind the herl butts to the top of the hook shank with a few forward and back spiral thread wraps. Cut away any excess herl butt.



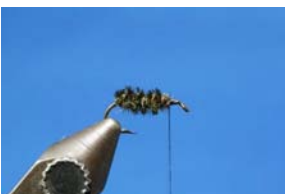
3. Form a 6-inch thread "dubbing loop" at the rear thread hang point. Spiral wrap the single thread strand from the bobbin forward $\frac{3}{4}$ the length of the hook shank.



4. Lay the thread loop and herls together and twist them into a herl rope.



5. Form the body by wrapping the herl rope forward in close touching turns covering about $\frac{3}{4}$ of the hook shank. Tie off the herl rope with the single thread strand from the bobbin. Cut away the excess.



6. Wrap the rib wire forward in about 6, not too tight, spiral turns. Tie off the wire at the front of the body and cut away the excess wire tag end.

House Fly... Terry McCormick (continued)



7. Cut a small bunch of deer or elk hair from the hide. Clean/remove the under hair from the bunch and even the tips of the hair. Tie the hair to the top of the hook shank directly in front of and adjacent to the body. Cut away any excess hair butts in back of the hook eye.



8. Select two peacock herls, even their tips and stroke the herls from tip to butt. Tie the two herls, by their tips, onto the hook over the wing tie-on thread wraps. Wrap the two herls forward to build the head. Tie off the herls and thread with several half hitch or whip finish thread wraps. Cut away the thread and apply a small amount of cement.

Casting & Tying at the Club... Tom Regina

The November Bull Session will be held Thursday November 13 at 6:30 PM at Miraflores Park on 17th Avenue, one block north of the railroad overpass. We will tie "Crazy Charley's", originally tied for bonefish but very good for specks, with Jerry Aldridge. Jerry is an accomplished fly dresser who is always happy to share his fly tying and fishing knowledge with others. So come to the Bull Session and pick his brain on both subjects. If you have them, please bring your own tools and vise. For our guest and members who do not have a vise and tools your club will provide them. As usual, the club will also provide all needed tying materials.

Also at Miraflores Park, the November Casting and Tying Clinic will be held Saturday November 15 from 9:00 AM until about 12:00 or 1:00 PM. Starting at 9:00 AM Terry McCormick will lead us in tying the House Fly. This house fly is simple and easy to tie. The bug has only a few trouble-free components - hook, thread, wire, peacock herl, and deer or elk hair - all of which are easy to work with. Take a look at the recipe elsewhere in this newsletter. This is a great fly for the beginner, or novice fly dresser to learn some basic fly tying techniques. If you know someone who is new to fly tying or who has expressed an interest in fly tying, bring them as our guest. Your club will provide all the materials and tools needed to tie the House Fly.

3/0 John Brand will continue his casting instruction for accuracy, distance, presentation, and fun at the Saturday clinic. Again guests are welcome and if you or your guest need, your club will be happy to provide fly rods for use during the casting clinic.

Russ and Jerry G. will be fishing in North Carolina and will miss the Saturday clinic. Which, in itself is ok. However, more importantly they won't be available to fix us one of their gourmet lunches. Which, in itself is not ok. However, lunch (of some sort) will be served. And it along with big and little people drinks will be free for club members and our guests.

For the past three years at the Saturday tying clinics we have tied the flies I chose. In 2006 we tied twelve streamers. In 2007, twelve nymphs. And in 2008 a dozen terrestrials. From the forgoing one could logically conclude that for 2009 I would choose to tie dry flies or perhaps even saltwater flies. However for 2009 we will only tie flies of my choice when I have no other choice. And that *other choice* can be your choice.

If you have a favorite go-to-fly, or other fly, you would like to learn to tie or if you would like to teach others how to tie the fly - please let me know. Some types of flies to think about are streamers, nymphs, dries, soft hackle wets, midges, tricos, feather wing, hair wing, poppers, freshwater: warm or cold, and saltwater, etc.

Whether you lead the tying session or another tier leads the session, I can write the tying instructions (With input from the session leader.) and do the photography for submission to Jerry Aldridge for publication in the Flies & Lies Newsletter. I will also obtain the materials you will need.

Let me know what fly you would like to see tied or what fly you would like to tie in 2009. Contact me at tom-regina@bellsouth.net or 458-2978 or see me at a club function.

New in the library
"On The Trout Stream With Joe Humphries" by one of the old masters in the sport. Book # 88.

Crazy Charley... Originally Tied by Bob Nauheim

According to Lefty Kreh*, the Crazy Charley was originally tied by Bob Nauheim while fishing for bonefish at Andros Island with Charley Smith who kept saying "Man, this is a nasty fly". Bob named it the "Nasty Charley", later changed to Crazy Charley by a commercial tying firm. I like Bob's name better. Ron Knorr, longtime club member now deceased, one of the best anglers I ever knew, put me on to the Charley for speckled trout. Ron often waded the grass near Grand Lagoon casting his Charley as only he and few others could cast. Not many specks could resist the pearlescent white or light pink colors Ron favored. Sometime later, Vance Cook, another longtime member and master tyer now deceased, suggested I try chartreuse. Thanks to Ron and Vance, I finally started catching a few specks, many on chartreuse Crazy Charleys.

The recipe below is tied in hot pink, mainly so you can see Tom Regina's photos better although hot pink fishes well. At the bull session, you can tie with colors of your choice with materials provided. The colors I usually fish with are chartreuse, hot pink, pearl white, orange, and tan.

MATERIALS

Hook	Mustad 34007, size 2
Thread	Danville flat waxed nylon, hot pink
Eyes	Brass hourglass, 3/16 nickel
Underbody	Krystal Flash, pearlescent pink
Overbody	Larva Lace, clear, medium
Underwing	Fishair, Fluorescent light pink
Overwing	Krystal Flash, pearlescent pink



TYING INSTRUCTIONS



1. Flatten hook barb, place hook in vise. Lay thread base from hook eye to just around bend. Return thread to 1/4" behind eye. Tie hourglass eyes atop shank. Wrap 10 turns diagonally over eyes and under shank in either diagonal direction, then 10 more turns in the opposite diagonal direction. Make sure eyes stay perpendicular to shank using finger pressure. Now take 10 horizontal wraps under the brass eyes and over the hook shank. This will lock in your previous diagonal wraps and set the eyes firmly in place.



2. Tie in a 6" length of larva lace atop shank with half a dozen turns of thread directly behind brass eyes. Tie in 10-12 strands krystal flash, 6" long, with half a dozen turns over the larva lace just behind brass eyes. Wrap towards the rear of hook with thread while holding lace and flash atop the hook with left hand. Stop wrapping at end of thread base just past hook bend. Wrap thread forward to just in front of brass eyes.



3. Wrap the flash forward in overlapping turns around shank forming smooth underbody. When you get to the eyes, wrap 2 or 3 diagonal wraps around eyes and secure flash in front of eyes. Wrap lace forward with touching turns. When you get to the eyes, bring lace forward over eyes and secure with several thread wraps. Trim excess flash and lace.



4. Remove hook from vise, turn upside down and replace in vise (With rotary vise, simply rotate 180 degrees). Cut a matchstick thickness of fishair twice the length of hook. Tie in under wing just behind hookeye, wrapping even turns back to brass eyes. Tie in 8-10 strands of krystal flash to form overwing. Trim excess and wrap neat head. Coat head and body with head cement taking care that cement doesn't get on wing. At rear of fly, trim flash a bit longer than fishair.

*Anecdote from "Saltwater Fly Patterns" by Lefty Kreh

More tying tips on next page

Crazy Charley.... Originally Tied by Bob Nauheim (continued)

TYING TIPS

HOOK - Usually Sizes 1-8, any standard length good quality salt water hook.

THREAD - Usually 6/0 or 3/0 white or clear monofilament. May use colored thread to match or complement wing or body. Head of fly is only part of thread visible.

EYES - Bead chain or metallic (brass, lead, aluminum, tungsten) hourglass determined by depth of target fish. Probably bead chain or no eyes for spooky fish such as bonefish or permit in shallow, clear water. Heavier eyes to get down in water column to reach speckled trout or redfish. I generally use brass in this area in 3-6 feet.

UNDERBODY - Just about any shiny or flashy material that will wrap around hook shank. Crystal flash, flashabou, tinsel, mylar, braid, floss, etc.

OVERBODY - Any clear or transparent colored material that will protect underbody. Monofilament fishing line works fine. Also larva lace, V-rib, D-rib and other brand names in clear or transparent colors. For durability, overbody should be coated with head cement, epoxy or nail polish. I like Sally Hansen "Hard As Nails". When tying several flies, I finish the bodies, coat them all with cement, let them dry and then add the wings.

UNDERWING - Wide choice of natural or artificial materials. Bob Nauheim's original was tied with a wing of four white hackle tips, two on each side. Fishair, super hair, neer hair, craft fur, hackle, bucktail, yak hair, squirrel tail, calf tail, etc.

OVERWING - Flash or accent material of your choice to match or complement underwing. Crystal flash, flashabou, holographic flashabou, angel hair, etc.... Jerry Aldridge

Fishing Report.... Captain Bob Quarles



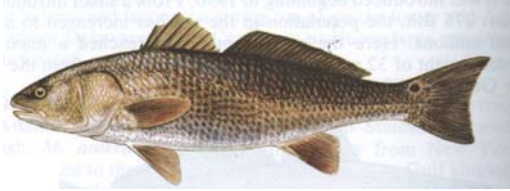
My good friend Richard Montgomery from Leland Flyfishing Outfitters came into town for a couple of days and the weather cooperated beautifully for flyfishing.... it was perfect... Saturday, we got into a massive school of reds in the bay and then again out in the Gulf, they were busting baits all around us. We had everything that could possibly go wrong.. did go wrong... we had tangles.. we had fish come unhooked.. we had reels get backlashed... we had Spanish cut of our flies right before a bull red could get it.. it was crazy.... We finally landed this one and Richard smiling... made it all worthwhile!

Sunday.. the reds didn't cooperate, but the bonito did in a big way... I even got to catch one on the new Sage 9 weight Z Axis (My next rod in an 8 weight) this rod is a cannon... coupled with one of the new Shark Skin lines from SA and one of my special flies... it was a deadly arsenal... pictures coming soon.. Richard has to figure out how to get them off his camera.. I forgot mine.. I'll add them to the post when I get them.

We finished the day with a Rolling Rock and a cigar catching big ladyfish and bluefish on poppers on the less expensive rod Sage is now offering.. the " Flight" a really smooth casting little rod..... it was a good weekend... go get 'em . I hope this cold weather doesn't run off all of the bonito, spanish and ladyfish, but I'm afraid it might. Capt. Bob Quarles, 850 501-1530, 850 437-3169, www.blueheronguideservice.com

Captain Bob regularly posts on the Pensacola fishing forum. The photos shown below and many others are posted at :<http://www.pensacolafishingforum.com/fishingforum/Topic204511-15-1.aspx>





NOVEMBER 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
		Business Meeting 7 PM				
9	10	11	12	13	14	15
			Bull Session-Tying & Tall Tales 6:30 PM		Clinic - Casting, tying, gourmet lunch 9 AM	
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					