

Mindful Training for Peak Performance

A Mental Management® Seminar

Michelle says:

I'd recommend it for anyone who would like to improve their competitive ability and reduce their day-of stress levels.

Penny says:

I want to also give a shout out to Chuck and Teah Anders for their Mental Management Program - if you haven't done it; you should. It helped me immensely at Nationals and in all the other competitions that I do.

CEUs: 3 for CNWI

In progress for CCPDT

For the past 19 years, Teah Anders, Owner of Gentle Touch Pet Training, has been working with dogs and handlers helping them communicate and learn behaviors. Anders is one of the first instructors in the country certified by Olympic gold medalist, Lanny Bassham to teach his proven Mental Management System™. Teah also instructs at NACSW/Dogs of Course NW Camps, is a Trial CO and ORT CO and Judge.

To register, mail form below to:
Laurel Scarioni, PO Box 218
Rio Nido, CA 95471

Questions: pawsitivenosework@gmail.com

June 18, 2018 9 am - 5 pm

Hosted by Pawsitive Results

Sebastopol, CA

Once basic skills have been developed for any dog sport (including Nose Work, Agility, Obedience, Rally, Freestyle, Herding, Musical Canine Freestyle, etc.), handlers and their dog ideally need to learn to work exceptionally well together as a team for top performance. In this seminar, we will explore what makes an excellent handler and how your efficiency as a handler will affect your dog's performance in training and trialing. As a professional dog trainer, these same skills and techniques can be used in your dog training business or professional setting to deal with challenging situations, difficult clients and group presentations. In addition, these skills are critical for any dog trainer that wants their students to excel in training.

- Understand the elements of performance so as a team you and your dog can perform at your best.
- Learn how to focus and perform under pressure to the best of your abilities.
- Learn how to set goals that are realistic, yet will allow you and your dog to stretch as a team.
- Develop tools to easily track your dog training performance and accomplish goals easily.
- Learn how to have consistent performance as a handler and avoid mistakes that will throw your dog off.
- Understand how you perceive yourself and your dog will affect your performance as a team and learn how to change that perception.
- As a dog trainer or business owner, learn how to smoothly handle difficult situations such as the client "melt-down," unhappy clients, or unexpected events during a class or dog event.
- Teach instructors how to help their clients be not only efficient, but stellar trainers!

Registration Form for Mindful Training for Peak Performance

June 18, 2018, 9 am – 5 pm in Sebastopol, CA

Please send registration form & payment to:

Pawsitive Results, PO Box 218, Rio Nido, CA 95471

You will receive email confirmation when your registration is received. Refund minus \$25 administrative fee available for cancellations through June 1, 2018. Refund of 50% of the registration fee is available for cancellations through June 7, 2018. No refunds available for no-shows or cancellations after June 7, 2018. Questions should be emailed to Laurel at: pawsitiveresults@comcast.net

Name: _____

Email: _____

Address: _____

City: _____ State: _____

Phone: _____

Alternate Phone: _____

_____ Payment enclosed for \$150 (includes course book/materials)

